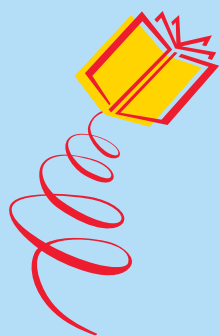


# free spirit PUBLISHING®



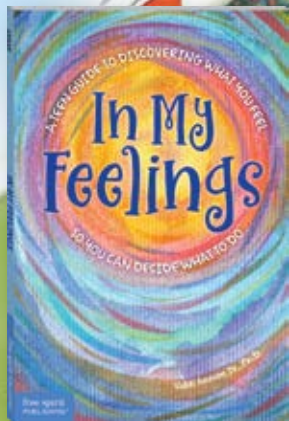
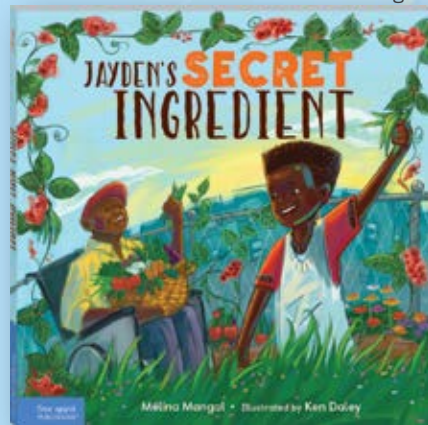
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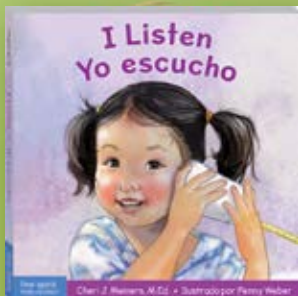
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## Why Free Spirit?

- Unfailing commitment to quality
- Undeniably practical resources
- Unabashedly pro-kid

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**Free Spirit Professional® books help fulfill Title II professional development requirements. Free Spirit resources help fulfill Title IV, Student Support and Academic Enrichment (SSAE) program to build safe supportive learning environments.**

**All of Free Spirit’s resources for children and teens correlate to state social emotional standards and the Head Start Early Learning Outcomes Framework (where applicable).**

## Catalog Icon Key



An award-winning book; details at [go.tcmpub.com/fsp-fall23](http://go.tcmpub.com/fsp-fall23).



Book includes digital content that consists of reproducible handouts, bonus material, and/or a PowerPoint or PDF presentation for professional development.



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# BUILDING CONNECTIONS

A BOOK COLLECTION CURATED BY FREE SPIRIT PUBLISHING



Add-On Book Bundles Also Available!

## Available for Grades Pre-K-3, Each Building Connections Offers:

- 12 single copies of captivating, beautifully illustrated picture books that activate students' love of reading through stories that focus on shared experiences
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- Opportunities to promote critical and creative thinking through easy-to-implement, teacher-led literacy activities
- More than 80 activities covering literacy standards that help students form meaningful connections to the texts
- Digital resources that include all student and teacher materials, plus read-along ebooks, audio files, family engagement letters, and fillable student pages to make planning and instruction more flexible

## Building Connections Complete Kits \$399.99 each

Title	Item #
Grade Pre-K	133405
Grade K	133406
Grade 1	133407
Grade 2	133408
Grade 3	133409



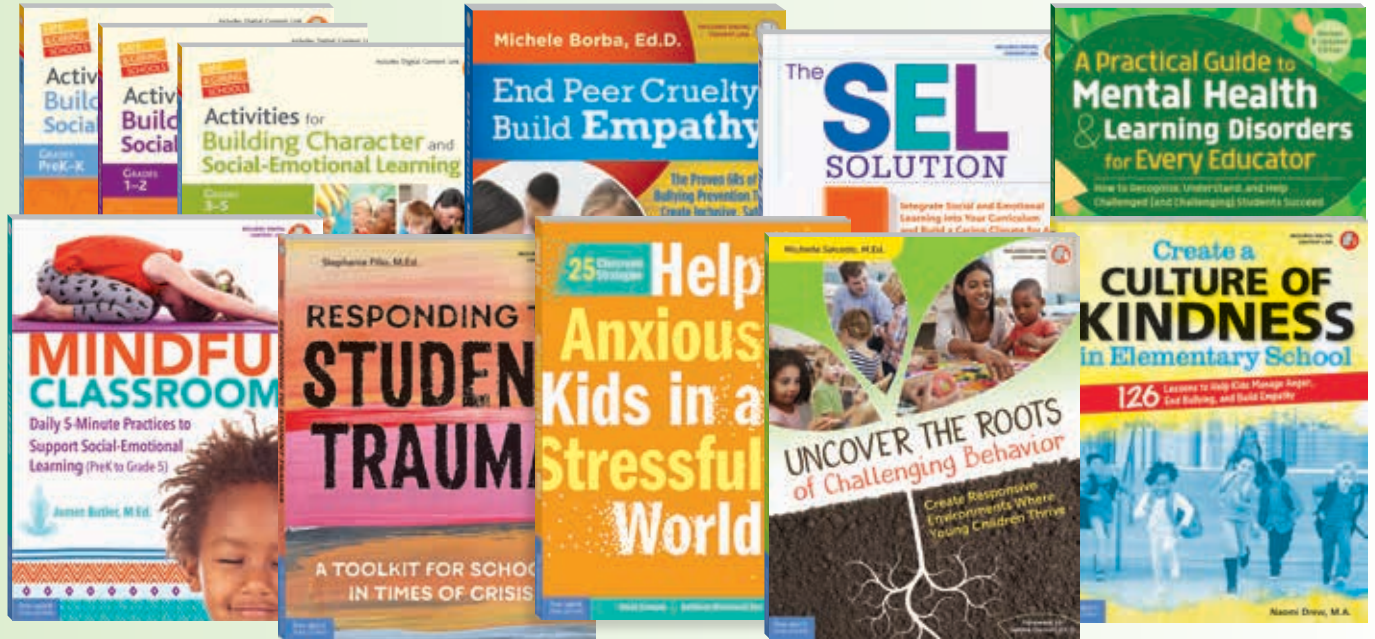
Scan this QR code to watch the product video.

## Mental Health Educator Resource Sets

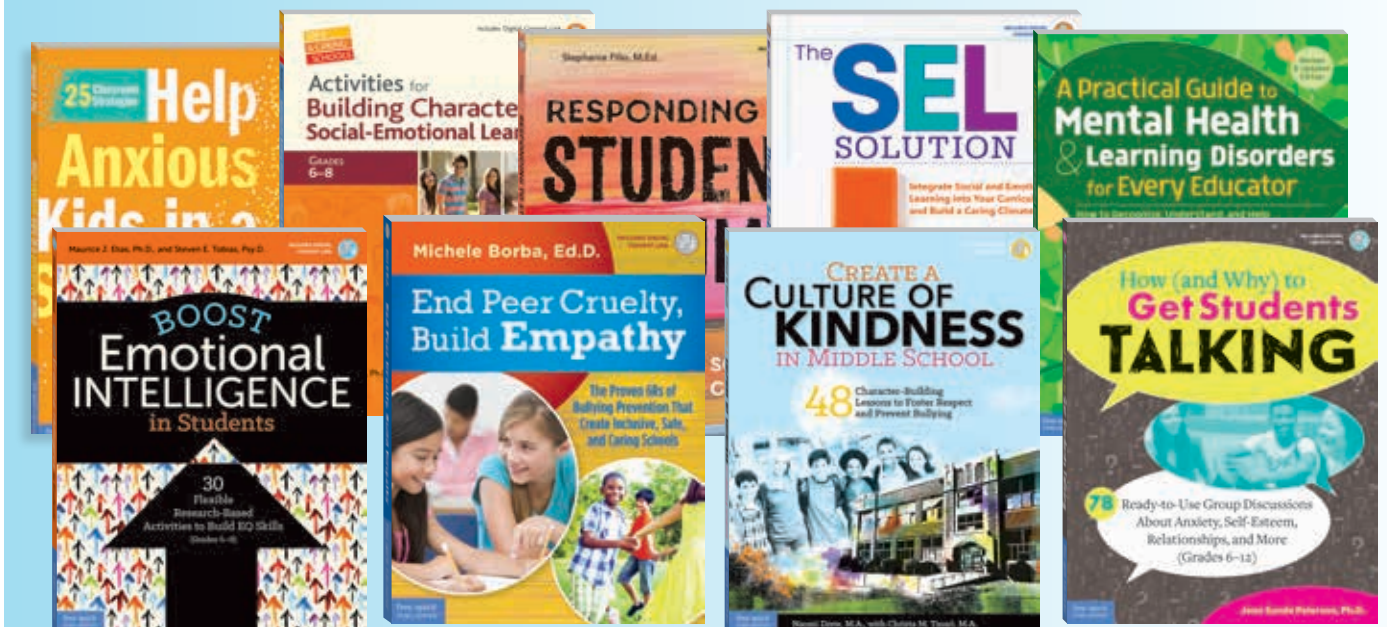
Great for  
School  
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Reduce challenging behaviors and improve student outcomes.

### Mental Health Educator Resources, Elementary, Expanded 11-Book Collection Item 145544...~~\$370.90~~ \$278.49



### Mental Health Educator Resources, Middle and High School, Expanded 9-Book Collection Item 145545...~~\$308.92~~ \$231.99





Mental Health Collections for Students

Meet students where they are and support their often complex emotions and mental health needs.

Mental Health Third/Fourth/Fifth Grade Expanded 10-Book Collection

Item 145542...~~\$132.91~~ \$99.99



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Item 145543...~~\$119.88~~ \$89.99





## Mental Health Collections for Students

Meet students where they are and support their often complex emotions and mental health needs.

Mental Health Kindergarten, First/Second Grade Expanded 22-Book Collection  
Item 685198...~~\$344.78~~ \$225.99





Mental Health Collections for Young Children

Ease worries and help young children feel safe.

Mental Health Preschool and PreK Expanded 13-Book Collection

Item 685199...~~\$187.87~~ \$137.99



Mental Health Board Book Collection

Item 899896...~~\$79.92~~ \$59.99



Mental Health Early Childhood Bilingual English-Spanish Collection

Item 899897...~~\$89.92~~ \$67.49





## Early Childhood Social Emotional Learning Classroom Libraries

Develop children's social and emotional skills, cultivate culturally responsive classrooms, and reduce challenging behaviors with our best-selling books for toddlers and preschoolers.

10 Essential Board Books for Toddlers Item 899886...~~\$95.90~~ **\$71.99**



10 MORE Essential Board Books for Toddlers Item 899887...~~\$95.90~~ **\$71.99**



10 Essential Paperback Books for Preschoolers Item 899888...~~\$119.90~~ **\$89.99**



10 MORE Essential Hardcover Books for Preschoolers Item 899889...~~\$164.99~~ **\$123.99**







**NEW! How to Bird**

by Rasha Hamid

Birding is a joyful, wonder-filled activity that anyone can do. Featuring the skyline and natural spaces of New York City, this book invites children to explore birdwatching, with each page featuring a new birding strategy. This book shows how everyone, wherever they live, can be a birder.

40 pp., full-color, HC, 10" x 10". Ages 3–8.

Lexile AD550L

930745...\$17.99 \$13.49

Available October 2023

“How to Bird is a glorious celebration of the uniqueness and majesty of both urban birds and urban birders alike. An absolute must-have.”

—Katie Yamasaki, muralist and author/illustrator of several books for children, including *Shapes, Lines, and Light*, *Everything Naomi Loved*, and *Dad Bakes*



**NEW! Dear Dad: Love, Nelson**

The Story of One Boy and His Incarcerated Father

by Margarett McBride

A boy's letters to his incarcerated father help them stay connected even while they're apart. This book is a glimpse into the life, family, struggles, hopes, and questions of Nelson—and the more than five million other children in the US who have experienced parental incarceration.

40 pp., full-color, HC, 10" x 10". Ages 5–10.

Lexile 640L

899862...\$17.99 \$13.49

Available October 2023

“This touching tale provides an important message of hope, laughter, and love, making it a must-read for anyone seeking comfort and understanding in a difficult situation.”

—Shaka Senghor, founder of Redeemed Sole, New York Times best-selling author of *Writing My Wrongs: Life, Death, and Redemption in an American Prison* and *Letters to the Sons of Society*





## **NEW!** Jayden's Secret Ingredient

by Méline Mangal, illustrated by Ken Daley

Jayden loves the outdoors and the garden he created with his friend Mr. Curtis. But he's not so sure about sampling some of the garden's produce. When Mr. Curtis invites neighbors to share the harvest of scarlet runner beans, Jayden faces a dilemma. Will he find the courage to try something new?

40 pp., full-color, HC, 10" x 10". Ages 4-9.

GRL-M, grade 2/Lexile 510L

899877...~~\$18.99~~ \$14.49



## Jayden's Impossible Garden

by Méline Mangal, illustrated by Ken Daley

Amidst all the buildings, people, and traffic in his neighborhood, Jayden sees nature everywhere: the squirrels scrounging, the cardinals calling, and the dandelions growing. But Mama doesn't believe there's nature in the city. So Jayden sets out to help Mama see what he sees. With the help of his friend Mr. Curtis, Jayden plants the seeds of a community garden and brings together his neighbors—and Mama—to show them the magic of nature in the middle of the city.

40 pp., full-color, HC, 10" x 10". Ages 4-9.

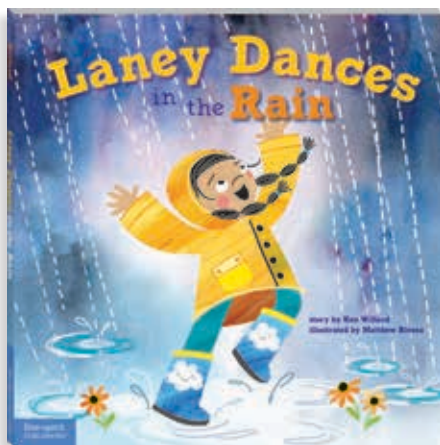
GRL-M, grade 2/Lexile 580L

899349...~~\$18.99~~ \$14.49



“With an abundance of STEAM connections and wonderful character representation, this is a fantastic pick for Earth Day and beyond.”

—Booklist, starred review



## Laney Dances in the Rain

**A Wordless Picture Book About Being True to Yourself**

story by Ken Willard, illustrated by Matthew Rivera

Laney loves to dance in the pouring rain. One day, she encounters a scowling boy who tries to ruin her fun outside. But with the support of her mom, Laney goes back to what she loves—even after the boy attempts to destroy her beautiful yellow raincoat. When Laney embraces her true self, she brings joy to herself and her neighbors.

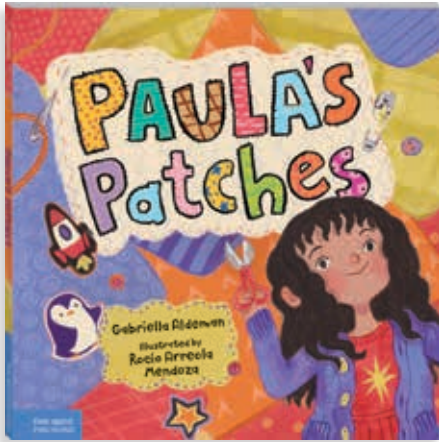
32 pp., full-color, HC with jacket, 10" x 10".

Ages 4-9.

899840...~~\$16.99~~ \$12.99







**NEW!** Paula's Patches

by Gabriella Aldeman, illustrated by Rocío Arreola Mendoza

While at school, Paula's pants catch on a bush that rips a large hole in her pants. She tries everything to hide the hole from her classmates, only to find out that they, too, have leaky lunchboxes, spaghetti stains, and hand-me-down backpacks. Nothing some colorful patches can't fix! Children will follow Paula as she feels embarrassed about her torn pants, curious about patches, and excited for a possible solution that helps both her and her classmates.

40 pp., full-color, HC, 10" x 10". Ages 5-9.

GRL-L, grade 2/Lexile 540L

899880...~~\$18.99~~ \$14.49

"Bright colors and cheery patterns enhance this heartfelt story about overcoming shame and embracing individuality."

—Foreword Reviews, Starred Review



**NEW!** I Think I Think a Lot

by Jessica Whipple, illustrated by Josée Bisailon

"I think. I think a lot. I think I think a lot. More than most other kids." A young girl notices and wonders about the ways she and her classmates approach doing good work, caring about people's feelings, and showing they're grateful. She comes to accept herself just as she is and celebrates the differences between herself and her classmates. "I care a lot. Not more than other kids, just in my own way."

36 pp., full-color, HC, 10" x 10". Ages 5-10.

GRL-M, grade 2/Lexile 560L

134700...~~\$17.99~~ \$13.49



**Dragons on the Inside (And Other Big Feelings)**

by Valerie Coulman, illustrated by Alexandra Colombo

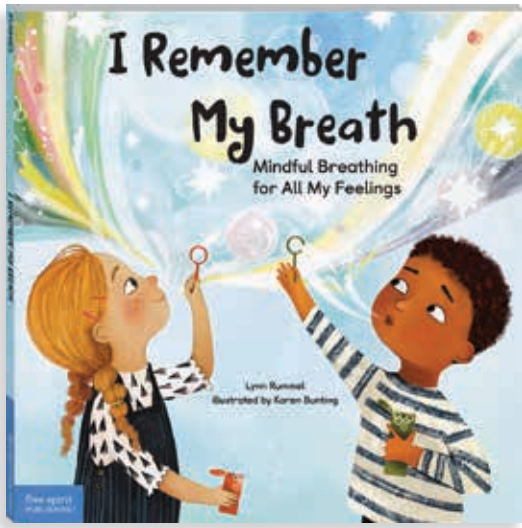
Feelings on the inside aren't always visible on the outside. This book validates young children's emotions and helps them recognize, describe, and cope when they are anxious or overwhelmed on the inside. Throughout the book, multiple stressful situations are explored, and in each scenario, readers see the main character's initial inner reaction to the stress and how it is diffused or diminished through a small act of connection from someone "on the outside."

32 pp., full-color, HC, 8" x 10". Ages 4-8.

GRL-O, grade 3/Lexile AD560L

899829...~~\$16.99~~ \$12.99





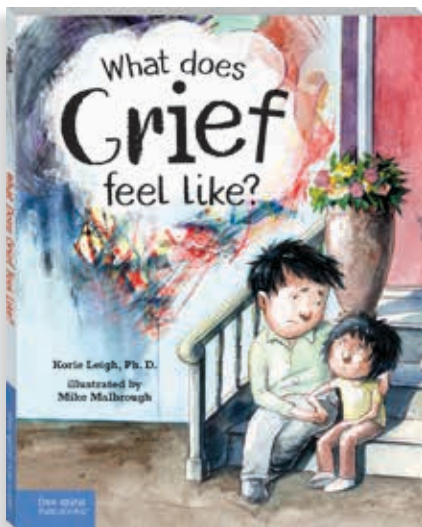
**NEW!** **I Remember My Breath**

**Mindful Breathing for All My Feelings**

by Lynn Rummel, illustrated by Karen Bunting

Help children calm themselves when experiencing big feelings by teaching them to pay attention to their breath. This book introduces young children to mindful breathing as an emotional self-regulation strategy. Along with the characters, readers learn to recognize how emotions feel in the body and how they can use their breath to recover from challenging feelings. A special section for adults provides additional information and activities to reinforce the book's message.

36 pp., full-color, HC,  
10" x 10". Ages 4-8.  
GRL-M, grade 2/  
Lexile AD460L  
899832...~~\$16.99~~  
**\$12.99**

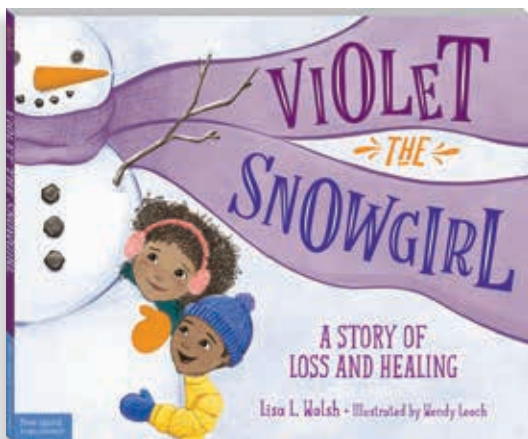


**NEW!** **What Does Grief Feel Like?**

by Korie Leigh, Ph.D., illustrated by Mike Malbrough

Children learn how to describe and understand their grief when someone dies. This gentle, reassuring book shares the many ways people grieve when a loved one dies while validating children's unique grief experiences. Open-ended questions throughout the book invite children to share what they are thinking, feeling, and going through.

40 pp., full-color, HC, 8" x 10". Ages 3-8.  
GRL-N, grade 3/Lexile AD470L  
899857...~~\$17.99~~ **\$13.49**



**Violet the Snowgirl**

**A Story of Loss and Healing**

by Lisa L. Walsh, illustrated by Wendy Leach

Using the simple analogy of building a snowman and watching it melt, this book helps children process change, like moving to a new school, and offers strategies for dealing with more difficult loss, like divorce or death. Included at the back of the book are discussion questions, diagrams, and additional resources.

36 pp., full-color, HC, 11¼" x 9¾". Ages 5-10.  
GRL-L, grade 2/Lexile 580L  
899686...~~\$15.99~~ **\$11.99**

"As a psychologist and play therapist, I'm always on the lookout for books that are fun for kids as well as helpful for understanding emotions. I highly recommend this book for all families!"

—Angela M. Yoder, Ph.D., RPT, associate professor,  
Eastern Illinois University





## NEW SERIES!

This series takes complex food justice issues—food insecurity, how food is marketed and sold, and food systems—and makes them kid-friendly and fun to read.

▶▶▶ SET OF 3 BOOKS: 142209...~~\$47.97~~ \$35.99

Free Leader's Guide for This Series Available Online  
[go.tcmpub.com/leader](http://go.tcmpub.com/leader)



### NEW! Jesse and the Snack Food Genie

by Erik Talkin, illustrated by Maine Diaz

The Snack Food Genie tempts Jesse with all that is yummy and oh-so-craveable, but Jesse begins to make connections between the food the Genie wants him to eat and how that food often makes him feel. As the Genie shows up everywhere and to everyone, Jesse decides to fight back.

40 pp., full-color, HC, 8" x 10". Ages 5–9.

Lexile 600L

133085...~~\$15.99~~ \$11.99

Available October 2023



### NEW! Frankie Versus the Food Phantom

by Erik Talkin, illustrated by Laura Ramos

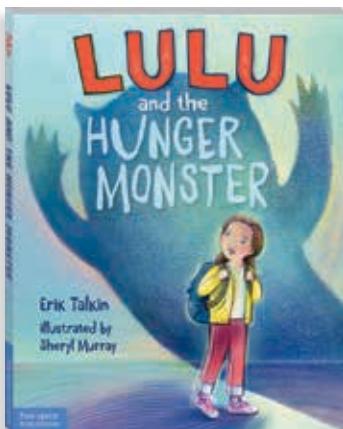
When Frankie and her classmates are asked where their food comes from, it sparks curiosity about her town's food system. Frankie begins to unravel the mystery of how the Food Phantom is affecting her community and how she and her classmates can make a difference.

40 pp., full-color, HC, 8" x 10". Ages 5–9.

Lexile 600L

133088...~~\$15.99~~ \$11.99

Available October 2023



### Lulu and the Hunger Monster™

by Erik Talkin, illustrated by Sheryl Murray

The Hunger Monster™ returns when Lulu's mother's van breaks down and money becomes extra tight. Only visible to Lulu, Hunger Monster makes it hard to concentrate in school. How will Lulu help her mom and defeat the monster when she's promised never to speak the monster's name to anyone? Lulu's story can be used in group settings to address social justice issues in a sensitive and empathetic way.

40 pp., full-color, HC, 8" x 10". Ages 5–9.

GRL-M, grade 2/Lexile 610L

899391...~~\$15.99~~ \$11.99

★ Bilingual English-Spanish Edition ★



### Lulu and the Hunger Monster™ Lulú y el Monstruo del Hambre

40 pp., full-color, HC, 11 ¼" x 9 ¼". Ages 5–9.

899851...~~\$15.99~~ \$11.99





## **NEW!** Tap and Rap, Move and Groove

by Connie Bergstein Dow, illustrated by Debbie Palen

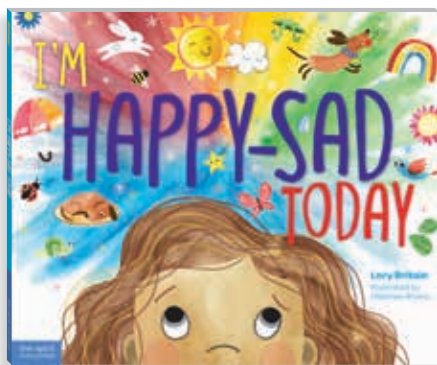
This book brings movement into homes and early childhood classrooms with rhythmic chants for children to move and dance to. Woven throughout are many opportunities for children to contribute their own ideas and explore movement possibilities, nurturing creative thinking, problem-solving, and self-expression.

36 pp., full-color, HC, 11.25" x 9". Ages 3-8.

GRL-M, grade 2/Lexile AD370L

930763...~~\$16.99~~ **\$12.99**

Available October 2023



## I'm Happy-Sad Today

### Making Sense of Mixed-Together Feelings

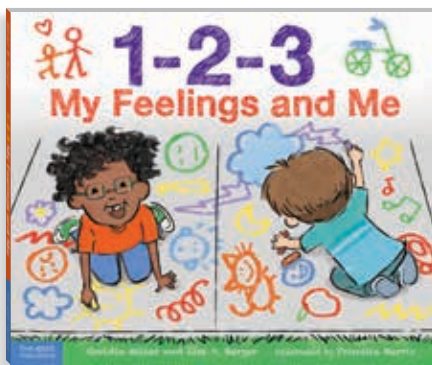
by Lory Britain, Ph.D., illustrated by Matthew Rivera

Happy and also sad. Excited but nervous too. Feeling friendly with a little shyness mixed in. Mixed feelings are natural, but they can be confusing. With gentle messaging and charming illustrations, a little girl talks about her many layered feelings. A special section for adults presents ideas for helping children explore their emotions, build a vocabulary of feeling words, know what to do if they feel overwhelmed, and more.

40 pp., full-color; HC, 11¼" x 9¼". Ages 3-8.

GRL-K, grade 2/Lexile 480L

899321...~~\$16.99~~ **\$12.99**



## 1-2-3 My Feelings and Me

by Goldie Millar, Ph.D., and Lisa A. Berger, Ph.D.,

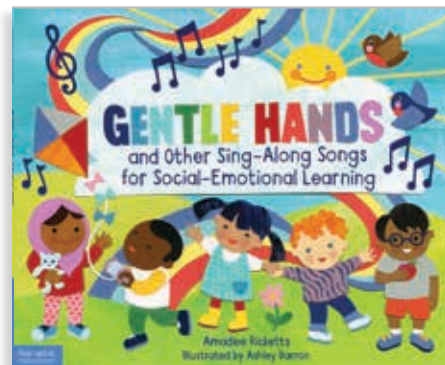
illustrated by Priscilla Burris

This friendly, positive picture book helps children understand their feelings, giving them coping strategies for communicating and managing emotions. With colorful, expressive illustrations and an inviting counting format, *1-2-3 My Feelings and Me* invites children and adults to share and explore feelings together. A special section for adults offers tips, activities, and discussion topics to help extend children's understanding.

40 pp., full-color, HC, 11¼" x 9¼". Ages 3-8.

GRL-M, grade 2/Lexile 470L

899000...~~\$15.99~~ **\$11.99**



## Gentle Hands and Other Sing-Along Songs for Social-Emotional Learning

by Amadee Ricketts, illustrated by Ashley Barron

Shake up your storytime with these 12 beautifully illustrated sing-along songs based on classic tunes you know and love. Favorite songs like "Frère Jacques" and "B-I-N-G-O" get turned on their heads with new, easy-to-remember lyrics offering lessons on how to manage anger, being a good friend, asking for help, what to do when you're afraid, when to use a quiet voice, and many others.

32 pp., full-color, HC, 11¼" x 9¼". Ages 3-8.

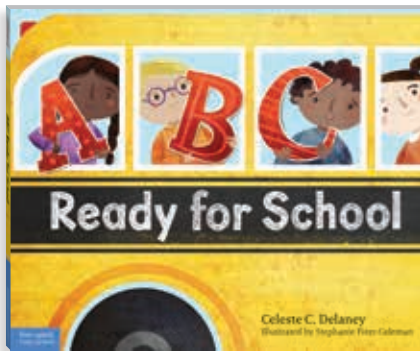
GRL-I, grade 1/Lexile 430L

 **DIGITAL CONTENT** includes downloadable sheet music for all songs.

899213...~~\$16.99~~ **\$12.99**



## Teach Social and Emotional Learning with the ABCs



“A great resource to help make the transition to school more manageable.”  
—School Library Journal

### ABC Ready for School

#### An Alphabet of Social Skills

by Celeste C. Delaney, illustrated by Stephanie Fizer Coleman

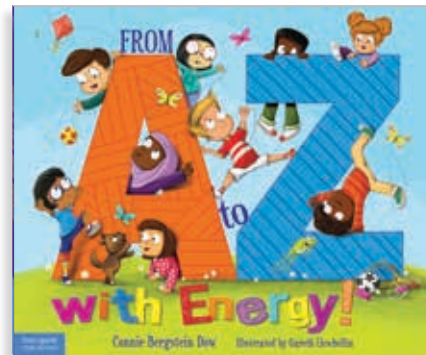
C is for cooperate. G is for grow. P is for play! This friendly and reassuring alphabet book helps young children (and those who care for them) consider, explore, and discuss a wide range of skills related to school readiness. Charming art brings the skills to life with encouraging scenes of fun and learning in the classroom, on the playground, and more. A special section for adults presents ideas for helping children get ready for this big change and have a successful start to school.

40 pp., full-color, HC, 11¼" x 9¼". Ages 3–6.

GRL-L, grade 2/Lexile 520L

 **DIGITAL CONTENT** includes parent handouts.

899020...~~\$16.99~~ **\$12.99**



“Young readers will absolutely LOVE this clever picture book.”

—Tulsa Book Review

### From A to Z with Energy!

#### 26 Ways to Move and Play

by Connie Bergstein Dow, illustrated by Gareth Llewellyn

Watch the alphabet come to life as children run and twirl and jump and play their way through the ABCs! This imaginative alphabet book teaches young learners not only how to move from A to Z but also how to creatively have fun as they stay active and keep their bodies healthy and strong. The book includes a special section for adults with tips for using movement to teach problem-solving, listening, and other social emotional skills.

40 pp., full-color, HC, 11¼" x 9¼". Ages 3–8.

GRL-K, grade 2/Lexile 480L

899210...~~\$16.99~~ **\$12.99**



### Y Is for Yet

#### A Growth Mindset Alphabet

by Shannon Anderson, illustrated by Jacob Souza

Use the familiar structure of the ABCs to teach kids a growth mindset vocabulary and how to strive to be a little better every day. The upbeat, positive tone reframes learning as a journey with limitless possibilities. A section at the back of the book provides a kid-friendly glossary of terms and growth mindset activities adults can use with kids.

40 pp., full-color, HC, 8¼" x 9". Ages 4–8.

GRL-N, grade 3/Lexile AD690L

899793...~~\$15.99~~ **\$11.99**



### F Is for Feelings

by Goldie Millar and Lisa A. Berger, illustrated by Hazel Mitchell

Sometimes children need help finding the words to describe how they're feeling. This friendly and positive alphabet book gives children those “feelings words,” and explores the idea that while some feelings are more comfortable than others, all are natural and important. A section for adults provides tips and activities to reinforce the themes and lessons of the book.

40 pp., full-color, PB, 11¼" x 9¼".

Ages 3–8.

GRL-J, grade 1/Lexile 430L

899182...~~\$11.99~~ **\$8.99**

“A discussion-starter for caregivers offers help for children struggling to describe their emotions . . . Perfect for classrooms and homes alike.”

—Foreword Reviews

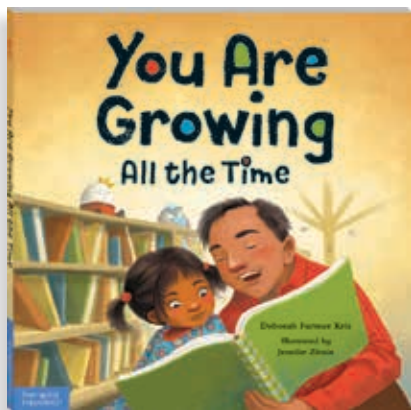
# All the Time

by Deborah Farmer Kris, illustrated by Jennifer Zivoin

Written from the perspective of an adult speaking to a child, these whimsical rhyming books help young children know that they are deserving of love through life's ups and downs. This encouraging series shows them all the ways they're supported as they continue to grow and learn. Each book includes a letter to caregivers and additional information to reinforce the books' messages.

**Each book:** 32 pp., full-color, HC, 10" x 10". Ages 2-6.

▶▶▶ SET OF 4 BOOKS: 939436...~~\$67.96~~ \$50.99

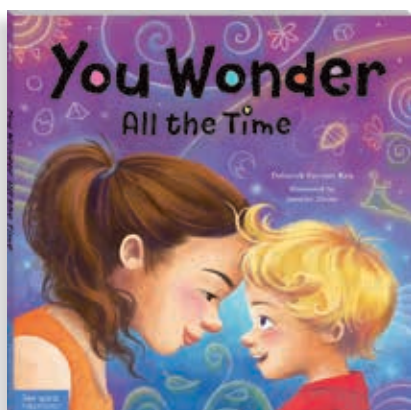


## You Are Growing All the Time

From growing taller, to helping a friend who fell off the swings, to pausing and breathing when angry about losing a game, children are growing all the time—on the inside and on the outside. With affirmation and support, this book acknowledges all the ways children can grow into kind, brave, curious people.

Lexile AD540L

899854...~~\$16.99~~ \$12.99



## You Wonder All the Time

"Where do colors go at night, and why do shadows creep?" Inspired by and containing questions from real kids, this book explores and affirms all the questions children ask. The message that adults and children can discover answers together makes this book perfect for storytime.

GRL-K, grade 2

899802...~~\$16.99~~ \$12.99

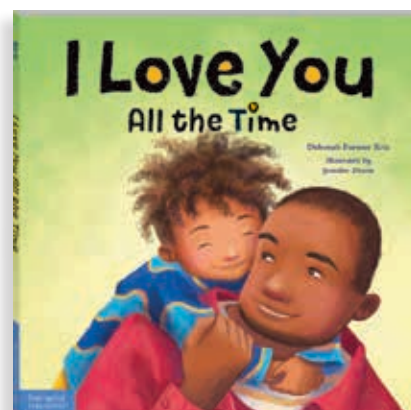


## You Have Feelings All the Time

Some feelings are big and some are quiet. Some feel good and others can feel uncomfortable—and that's okay. This charming book helps young children build their emotional vocabulary.

GRL-I, grade 1

899799...~~\$16.99~~ \$12.99



## I Love You All the Time

Every child deserves to be loved—and to know that they are, especially when they have a meltdown, when they break something, or when they feel sad, mad, or scared. This heartwarming book strengthens relationships by addressing the common childhood worry: Am I loved all the time?

GRL-F, grade 1

899303...~~\$16.99~~ \$12.99



## 66 We say what's OKAY

Each book includes a song from Peaceful Schools


"This title covers an important social skill that is often difficult for children to learn."

—School Library Journal

by Lydia Bowers, illustrated by Isabel Muñoz with song from Peaceful Schools

Centered on a class of preschoolers, this series helps teach young children the social and emotional skills they need to understand the complexities of consent. Each book covers a consent theme, such as how to recognize the physical sensations that emotions create, look for body language cues, ask for and listen to choices, and know that our bodies have value. With believable, everyday situations and diverse characters, children can see themselves and others reflected in each story—and develop a vocabulary to communicate consent and feelings.

**Each book:** 36 pp., full-color, HC, 10" x 10". Ages 3–5.

 **DIGITAL CONTENT** for each book includes audio files and sheet music from Peaceful Schools.

▶▶▶ **SET OF 6 BOOKS:**  
135673...~~\$94.94~~ **\$71.49**

"This picture book imparts notable lessons about body awareness."

—Publishers Weekly

"This book should be in every classroom as an icebreaker, relieving children of the need to introduce the topic themselves, and a definite addition to any library; it's a well-handled approach to a very important topic."

—School Library Journal, Starred Review



### We Ask Permission

Jovan and his friend Jackson look for body language cues and learn the importance of asking before hugging or touching others.

GRL-H, grade 1

899716...~~\$15.99~~ **\$11.99**



### We Listen to Our Bodies

Deja helps young children recognize their emotions by listening to the physical cues in their bodies.

GRL-H, grade 1/Lexile AD490L

899729...~~\$15.99~~ **\$11.99**



### We Can Say No

With help from their preschool teacher, Zakiya, Sami, and their classmates learn that their bodies—including their hair—belong to them and that no one should touch them without permission.

GRL-M, grade 2/Lexile AD520L

899823...~~\$15.99~~ **\$11.99**



### We Are in Charge of Our Bodies

Jackson and his classmates learn the names for their private body parts, that they can say what's okay for their bodies, and why it's important to respect others' bodies.

GRL-O, grade 3/Lexile AD540L

899843...~~\$15.99~~ **\$11.99**



### We Check In with Each Other

Harrison checks in with himself and with his classmates throughout the day to see if they're still having fun and feeling safe.

GRL-H, grade 1/Lexile AD520L

899726...~~\$15.99~~ **\$11.99**



### We Accept No

Jamin learns to accept his friend's no and respect her boundaries while learning how to cope with the feelings of rejection.

GRL-H, grade 1

899713...~~\$15.99~~ **\$11.99**

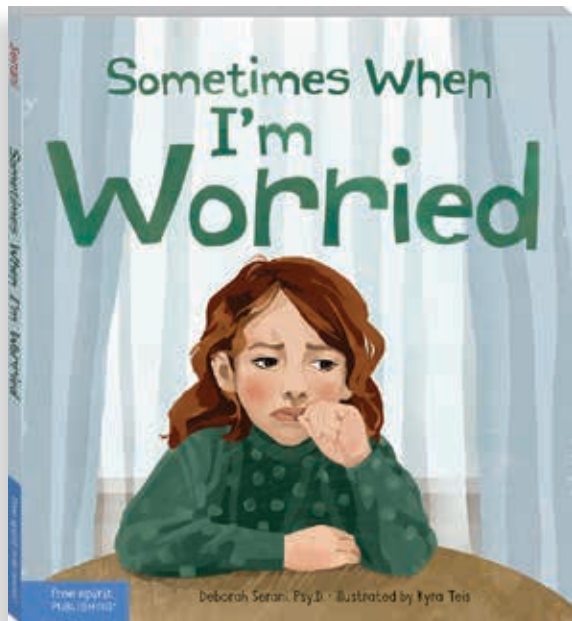
# Sometimes When

by Deborah Serani, Psy.D., illustrated by Kyra Teis

With quiet, sensitive illustrations, the Sometimes When collection helps young children work through big feelings. The stories are accessible to children and grounded in research from an author with over 30 years of experience as a clinical psychologist. A special section at the back of each book provides more information for adults and activities to help young children work through their feelings.

Each book: 40 pp., full-color, HC, 8¼" x 9". Ages 4–8.

▶▶▶ SET OF 4 BOOKS: 685197...~~\$63.96~~ \$47.99



## **NEW!** Sometimes When I'm Worried

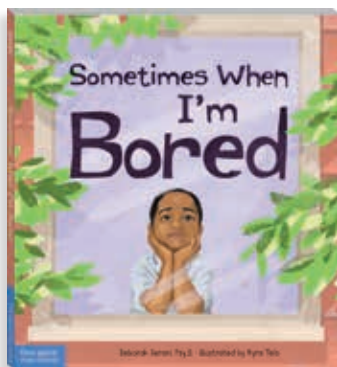
Gentle, supportive, and straightforward, this book describes a child's experience with worry and the many ways it can surface. Along with the main character, young children learn ways to cope with worry, which can be a challenging emotion for them.

GRL-K, grade 2/  
Lexile AD730L

132972...~~\$15.99~~ \$11.99

*"An empowering, soothing aid for children combatting worry."*

—Kirkus Reviews, Starred Review



## Sometimes When I'm Bored

This book addresses a common complaint from children: boredom. Along with the main character, children will learn how to recognize boredom and the fun ways they can relieve it.

GRL-K, grade 2

899534...~~\$15.99~~ \$11.99

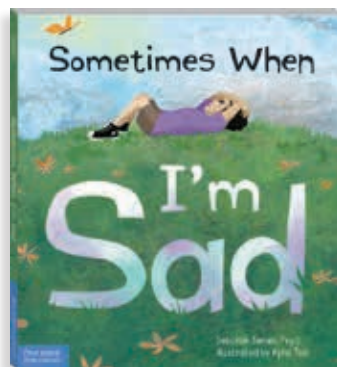


## Sometimes When I'm Mad

Anger is often an overwhelming emotion for children. This story describes a child's experience with anger and the many ways it can surface, as well as ways to manage it.

GRL-I, grade 1/Lexile AD520L

899539...~~\$15.99~~ \$11.99



## Sometimes When I'm Sad

This sensitive and supportive book helps children recognize and cope with sadness. With gentle and straightforward language, the honest story offers an entrance point for both adults and children to identify and address childhood depression symptoms.

GRL-M, grade 2/Lexile AD 490L

899542...~~\$15.99~~ \$11.99

*"What a delightful book! Identifying how you feel is the first positive pillar parents can teach their children, empowering them whilst giving the tender nurturing they need to feel mentally and emotionally well again."*

—Jo Frost, global parenting expert and family consultant, executive producer of the award-winning international television show *Supernanny*





by Afsaneh Moradian, illustrated by Maria Bogade

The Jamie Is Jamie series invites young children to join Jamie as they build confidence through imaginative free play, address gender stereotypes, respect pronouns and gender identity, and learn self-advocacy skills.

**Each book:** 32 pp., full-color, HC, 8" x 8". Ages 4–8.

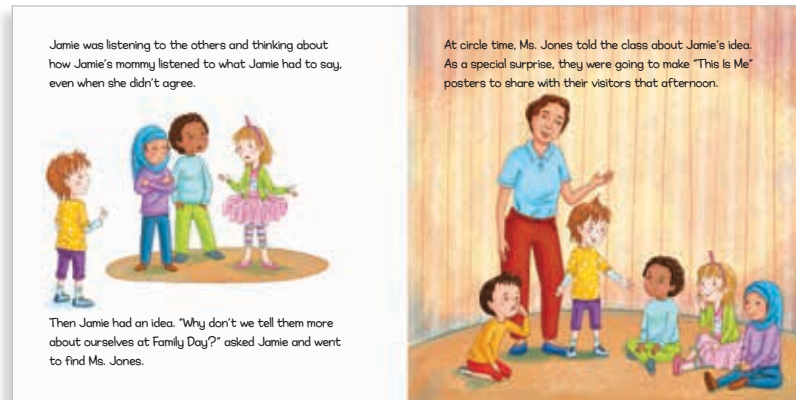


## Jamie's Class Has Something to Say

**A Book About Sharing with Grown-Ups**

Jamie is excited for Family Day and all the visitors that will be coming to the classroom. As the class prepares, they share how they feel when adults don't listen closely enough to what the kids want, need, like, and don't like or when adults place unfair, often gendered expectations on them. Together, they decide to use their Family Day celebration to help the adults in their lives understand them better.

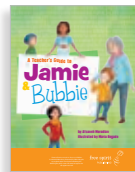
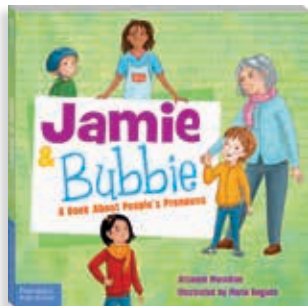
899344...~~\$15.99~~ **\$11.99**



Jamie was listening to the others and thinking about how Jamie's mommy listened to what Jamie had to say, even when she didn't agree.

At circle time, Ms. Jones told the class about Jamie's idea. As a special surprise, they were going to make "This Is Me" posters to share with their visitors that afternoon.

Then Jamie had an idea. "Why don't we tell them more about ourselves at Family Day?" asked Jamie and went to find Ms. Jones.



Free Leader's Guide Available Online  
[go.tcmpub.com/leader](http://go.tcmpub.com/leader)

## Jamie and Bubbie

**A Book About People's Pronouns**

While walking around the neighborhood, Jamie helps great-grandma Bubbie understand that it's important not to assume a person's pronouns based on appearance, and to always use the name and pronouns they go by. A section for adults includes tips for expanding on the concepts in the book and for talking with children about gender.

GRL-M, grade 2/Lexile AD520L

899338...~~\$15.99~~ **\$11.99**



## Jamie Is Jamie

**A Book About Being Yourself and Playing Your Way**

When free-spirited Jamie arrives at a new preschool, all the children learn that gender expression doesn't determine which toys to play with.

GRL-K, grade 2/Lexile 600L

899341...~~\$15.99~~ **\$11.99**

"Jamie's willingness to dance ballet, rock a baby, fix cars, and fight villains carefully breaks down gender stereotypes in toys and role play in an accessible way for children and adults alike."

—Foreword Reviews

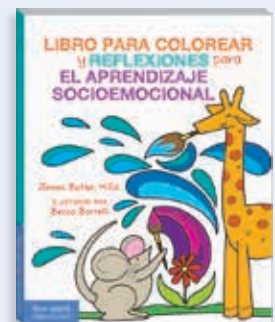
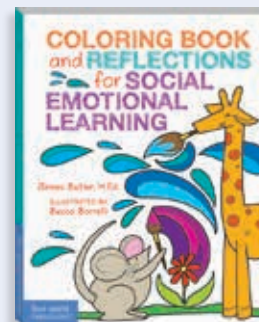
## Coloring Book and Reflections for Social Emotional Learning

by James Butler, M.Ed., illustrated by Becca Borrelli

This coloring book has a unique approach that effectively combines mindfulness and SEL to be used both in the classroom and at home. Each of the SEL topics features two pages of activities and prompts with topics ranging from positive self-talk to empathy to trying your best.

★ Spanish Edition ★

**Each book:** 80 pp., PB, 6" x 7½".  
Grades preK–5.



**Libro para colorear y reflexiones para el aprendizaje socioemocional**  
899378...~~\$11.99~~ **\$8.99**

**Coloring Book and Reflections for Social Emotional Learning**

899115...~~\$11.99~~ **\$8.99**



## Board Book Series

by Elizabeth Verdick and Marjorie Lisovskis

The American Academy of Pediatrics recommends reading to babies from birth. The bouncy rhythms and engaging photos and illustrations of these books capture the moments and moods of baby's day and hold baby's attention. As the books are shared with them, babies absorb concepts of love, safety, and confidence. These sturdy-format books include tips for parents and caregivers. A perfect gift for baby showers, newborns, and birthdays.

**Each book:** 22 pp., B&W photo, full-color, BB, 5½" x 5½". Ages birth-2.

▶▶▶ SET OF 6 ENGLISH BOOKS:  
899928...\$47.94 **\$35.99**

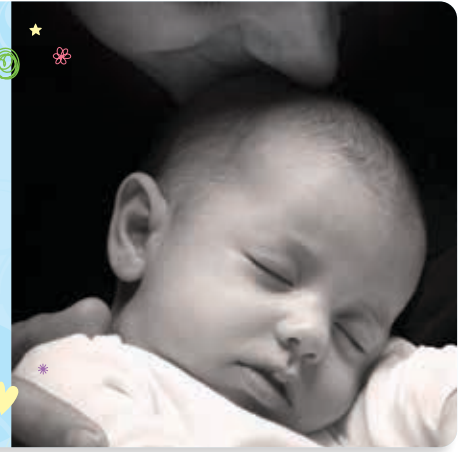
## ★ Bilingual English-Spanish ★ Editions

▶▶▶ SET OF 6 BILINGUAL BOOKS:  
899957...\$47.94 **\$35.99**



"The tender photos will draw in viewers of any age."

—Kirkus Reviews



**Cuddle/Abrazos y mimos**  
899134...\$7.99 **\$5.99**

**Eat/Comer**  
899164...\$7.99 **\$5.99**

**Move/Moviéndose**  
899425...\$7.99 **\$5.99**



**Cuddle**  
899132...\$7.99 **\$5.99**

**Eat**  
899162...\$7.99 **\$5.99**

**Move**  
899420...\$7.99 **\$5.99**

**Play/Jugar**  
899453...\$7.99 **\$5.99**

**Reach/Alcanzar**  
899463...\$7.99 **\$5.99**

**Rest/Descansar**  
899486...\$7.99 **\$5.99**



**Play**  
899451...\$7.99 **\$5.99**

**Reach**  
899457...\$7.99 **\$5.99**

**Rest**  
899484...\$7.99 **\$5.99**





## Early Social Skills Board Book Series

by Cheri J. Meiners, M.Ed., illustrated by Penny Weber

Support toddlers and young preschoolers in developing self- and social awareness with these charming board books focused on early social skills. Perfect for group care and home settings, each book includes tips and information for adults.

Each book: 24 pp., full-color, BB, 7" x 7". Ages 2-4.

 **DIGITAL CONTENT** includes bonus activities.

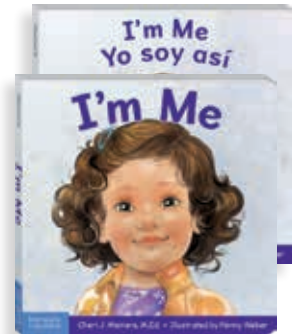
▶▶▶ SET OF 10 ENGLISH BOOKS: 685196...\$99.90

★▶▶▶ SET OF 10 BILINGUAL ENGLISH-SPANISH BOOKS: 145547...\$99.90

**NEW!** **I Grow/ Yo crezco**  
Un libro sobre el crecimiento físico, social y emocional  
926128...\$9.99 \$7.49



**NEW!** **I'm Me/ Yo soy así**  
Un libro sobre la autoconfianza y la autoestima  
926131...\$9.99 \$7.49

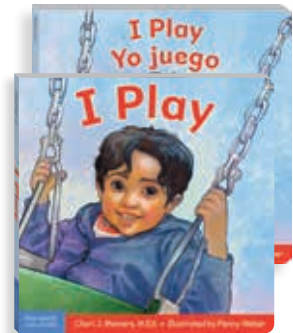


**NEW!** **I Grow**  
A book about physical, social, and emotional growth  
899860...\$9.99 \$7.49

**I'm Me**  
A book about confidence and a sense of self-worth  
899330...\$9.99 \$7.49

**I Feel/ Yo siento**  
Un libro sobre el reconocimiento y entendimiento de las emociones  
899293...\$9.99 \$7.49

**I Play/ Yo juego**  
Un libro sobre descubrimiento y cooperación  
899308...\$9.99 \$7.49

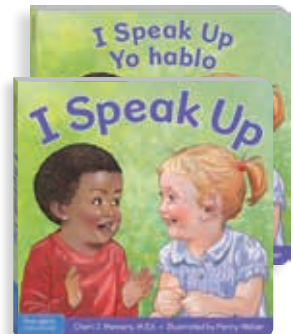


**I Feel**  
A book about recognizing and understanding emotions  
899291...\$9.99 \$7.49

**I Play**  
A book about discovery and cooperation  
899306...\$9.99 \$7.49

**I Share/ Yo comparto**  
Un libro sobre ser amable y generoso  
899312...\$9.99 \$7.49

**I Speak Up/ Yo hablo**  
Un libro sobre la autoexpresión y la comunicación  
899316...\$9.99 \$7.49



**I Share**  
A book about being kind and generous  
899310...\$9.99 \$7.49

**I Speak Up**  
A book about self-expression and communication  
899314...\$9.99 \$7.49

**NEW!** **I Help/ Yo ayudo**  
Un libro sobre la empatía y la amabilidad  
926129...\$9.99 \$7.49



**I Help**  
A book about empathy and kindness  
899296...\$9.99 \$7.49

**NEW!** **I Listen/ Yo escucho**  
Un libro sobre cómo escuchar, comprender y conectarse con los demás  
926130...\$9.99 \$7.49



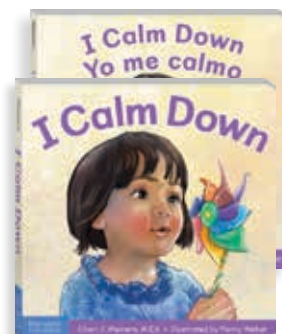
**I Listen**  
A book about hearing, understanding, and connecting  
899301...\$9.99 \$7.49

**I Belong/ Yo pertenezco**  
Un libro sobre formar parte de una familia y un grupo  
899277...\$9.99 \$7.49



**I Belong**  
A book about being part of a family and a group  
899275...\$9.99 \$7.49

**I Calm Down/ Yo me calmo**  
Un libro sobre cómo manejar las emociones fuertes  
899281...\$9.99 \$7.49



**I Calm Down**  
A book about working through strong emotions  
899279...\$9.99 \$7.49

Encourage Independence and Ease Transitions—Great for Home and Child Care



## Toddler Tools® Board Book Series

by Elizabeth Verdick, illustrated by Marieka Heinlen

Daily transitions and routines can be a challenge for any toddler, as well as parents and caregivers. These award-winning, positive books can help ease the many trying “times” that are a part of every toddler’s day. Share them before (or during) the desired “time,” or whenever toddlers need encouragement with routines.

Each book: 24 pp., full-color, BB, 7" x 7". Toddlers.

▶▶▶ SET OF 13 ENGLISH BOOKS: 145549...~~\$129.87~~ \$97.49



## ★ Bilingual English-Spanish Editions ★

▶▶▶ SET OF 12 BILINGUAL BOOKS: 145548...~~\$119.88~~ \$89.99



**NEW!** Wiggly Time  
134698...~~\$9.99~~ \$7.49

Available October 2023

This book uses energetic body and word play to channel young children’s energy and encourage them to get moving—and then help them transition to quiet time.

And fly like quiet owls.



Bye-Bye Time  
899095...~~\$9.99~~ \$7.49

Bye-Bye Time  
Momento de la despedida  
899097...~~\$9.99~~ \$7.49



Calm-Down Time  
899099...~~\$9.99~~ \$7.49

Calm-Down Time  
Momento para calmarse  
899101...~~\$9.99~~ \$7.49



Clean-Up Time  
899105...~~\$9.99~~ \$7.49

Clean-Up Time  
Momento de arreglar  
899107...~~\$9.99~~ \$7.49



Listening Time  
899386...~~\$9.99~~ \$7.49

Listening Time  
Momento para escuchar  
899388...~~\$9.99~~ \$7.49





Manners Time  
899402...~~\$9.99~~ \$7.49

Manners Time  
Los buenos modales  
899404...~~\$9.99~~ \$7.49



Sharing Time  
899514...~~\$9.99~~ \$7.49

Sharing Time  
Tiempo para compartir  
899516...~~\$9.99~~ \$7.49



Bedtime  
899064...~~\$9.99~~ \$7.49

**NEW!** Bedtime  
¡A dormir!  
926137...~~\$9.99~~ \$7.49



Mealtime  
899409...~~\$9.99~~ \$7.49

**NEW!** Mealtime  
¡A comer!  
926138...~~\$9.99~~ \$7.49



Messy Time  
899411...~~\$9.99~~ \$7.49

**NEW!** Messy Time  
¡A ensuciarse!  
926139...~~\$9.99~~ \$7.49



Naptime  
899436...~~\$9.99~~ \$7.49

**NEW!** Naptime  
¡A dormir la siesta!  
926140...~~\$9.99~~ \$7.49



On-the-Go Time  
899444...~~\$9.99~~ \$7.49

**NEW!** On-the-Go Time  
¡A salir!  
926141...~~\$9.99~~ \$7.49



Try-Again Time  
899676...~~\$9.99~~ \$7.49

**NEW!** Try-Again Time  
¡A intentarlo de nuevo!  
926142...~~\$9.99~~ \$7.49

## The Must-Have Series for Every Home and Early Childhood Education Program



### Best Behavior® Series

by Elizabeth Verdick, with Hands Are Not for Hitting by Martine Agassi, Ph.D., illustrated by Marieka Heinlen

Simple words and lively full-color illustrations guide children to choose positive behaviors. Select titles are available in two versions: a durable board book for ages 1–4 with rhythmic text and bright illustrations and an expanded paperback for ages 4–7 (see pages 24–25). Kids, parents, and teachers love these award-winning books. All include helpful tips for teachers, caregivers, and parents.

### Board Books for Babies and Toddlers

Each book: 24 pp., full-color, BB, 7" x 7". Ages 1–4.

▶▶▶ SET OF 14 ENGLISH BOOKS: 685192...~~\$139.86~~ \$104.99

### ★ Bilingual English-Spanish Board Book Editions ★

▶▶▶ SET OF 14 BILINGUAL BOOKS: 685193...~~\$139.86~~ \$104.99



Diapers Are Not Forever  
899140...~~\$9.99~~ \$7.49

Diapers Are Not Forever  
Los pañales no son para siempre  
899142...~~\$9.99~~ \$7.49



Feet Are Not for Kicking  
899197...~~\$9.99~~ \$7.49

Feet Are Not for Kicking  
Los pies no son para patear  
899199...~~\$9.99~~ \$7.49



Germs Are Not for Sharing  
899217...~~\$9.99~~ \$7.49

Germs Are Not for Sharing  
Los gérmenes no son para compartir  
899223...~~\$9.99~~ \$7.49



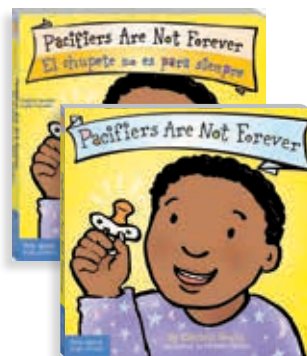
Hands Are Not for Hitting  
899241...~~\$9.99~~ \$7.49

Hands Are Not for Hitting  
Las manos no son para pegar  
899248...~~\$9.99~~ \$7.49



Noses Are Not for Picking  
899438...~~\$9.99~~ \$7.49

**NEW!** Noses Are Not for Picking  
La nariz no es para hurgar  
926120...~~\$9.99~~ \$7.49



Pacifiers Are Not Forever  
899446...~~\$9.99~~ \$7.49

**NEW!** Pacifiers Are Not Forever / El chupete no es para siempre  
926121...~~\$9.99~~ \$7.49



Screen Time Is Not Forever  
899495...~~\$9.99~~ \$7.49

**NEW!** Screen Time Is Not Forever  
El tiempo de pantalla no es para siempre  
926123...~~\$9.99~~ \$7.49



Tails Are Not for Pulling  
899564...~~\$9.99~~ \$7.49

**NEW!** Tails Are Not for Pulling  
La cola de las mascotas no es para jalarla  
926124...~~\$9.99~~ \$7.49

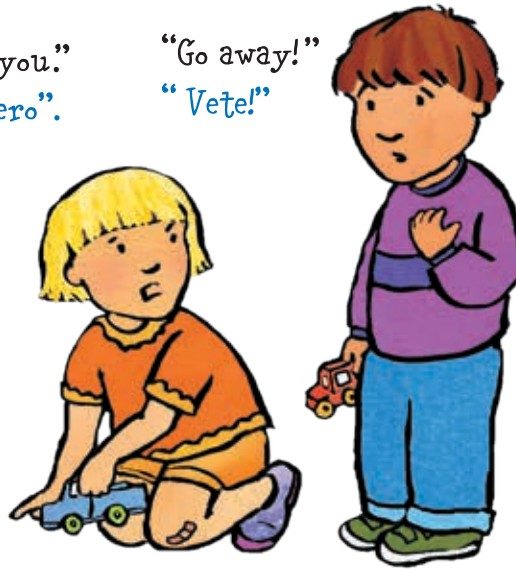


Some of your words are kind.  
 Algunas palabras son cariñosas.

But some of them are not.  
 Pero otras no lo son.



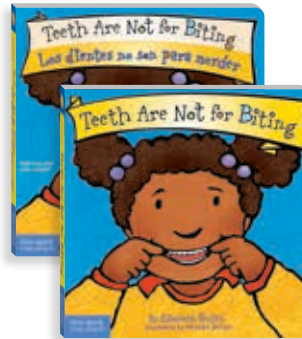
“I love you.”  
 “Te quiero”.



“Go away!”  
 “Vete!”



**NEW!** Tears Are Not Forever  
 899838...\$9.99 \$7.49  
**NEW!** Tears Are Not Forever  
 Las lágrimas no son para siempre  
 926127...\$9.99 \$7.49



Teeth Are Not for Biting  
 899605...\$9.99 \$7.49  
 Teeth Are Not for Biting  
 Los dientes no son para morder  
 899607...\$9.99 \$7.49



Voices Are Not for Yelling  
 899693...\$9.99 \$7.49  
 Voices Are Not for Yelling  
 La voz no es para gritar  
 899698...\$9.99 \$7.49



Waiting Is Not Forever  
 899703...\$9.99 \$7.49  
 Waiting Is Not Forever  
 La espera no dura para siempre  
 899708...\$9.99 \$7.49



Words Are Not for Hurting  
 899772...\$9.99 \$7.49  
 Words Are Not for Hurting  
 Las palabras no son para lastimar  
 899779...\$9.99 \$7.49



Worries Are Not Forever  
 899784...\$9.99 \$7.49  
 Worries Are Not Forever  
 Las preocupaciones no duran para siempre  
 899789...\$9.99 \$7.49

## The Must-Have Series for Every Home and Early Childhood Education Program



### Best Behavior® Series

by Elizabeth Verdick, with *Hands Are Not for Hitting* by Martine Agassi, Ph.D., illustrated by Marieka Heinlen

Simple words and lively full-color illustrations guide children to choose positive behaviors. Select titles are available in two versions: a **durable board book for ages 1–4** (see pages 22–23) and an **expanded paperback for ages 4–7 with more advanced vocabulary and suggestions for older children**. Kids, parents, and teachers love these award-winning books. All include helpful tips for teachers, caregivers, and parents.

### Paperbacks for Ages 4–7

Each book: 40 pp., full-color, PB, 9" x 9". Ages 4–7.

GRL-H-M



### ★ Bilingual English-Spanish Paperback Editions ★

▶▶▶ SET OF 9 BILINGUAL BOOKS: 685195...~~\$107.91~~ \$80.99

▶▶▶ SET OF 9 ENGLISH BOOKS: 685194...~~\$107.91~~ \$80.99



#### Germs Are Not for Sharing

Lexile 490L  
899216...~~\$11.99~~ \$8.99

#### Germs Are Not for Sharing Los gérmenes no son para compartir

Lexile 420L  
899222...~~\$11.99~~ \$8.99



#### Hands Are Not for Hitting

Lexile 510L  
899242...~~\$11.99~~ \$8.99

#### Hands Are Not for Hitting Las manos no son para pegar

Lexile 360L  
899247...~~\$11.99~~ \$8.99

"Hands Are Not for Hitting" is a registered trademark of Violence Free Minnesota, and is used with permission.



#### Screen Time Is Not Forever

Lexile AD560L  
899497...~~\$11.99~~ \$8.99

**NEW!** Screen Time Is Not Forever  
El tiempo de pantalla no es para siempre  
926122...~~\$11.99~~ \$8.99



#### Tails Are Not for Pulling

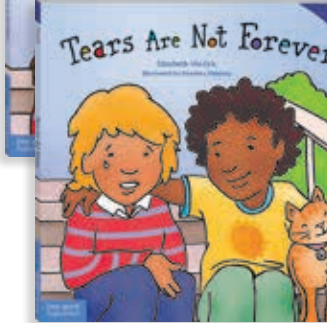
Lexile 490L  
899563...~~\$11.99~~ \$8.99

**NEW!** Tails Are Not for Pulling  
La cola de las mascotas no es para jalarla  
926125...~~\$11.99~~ \$8.99

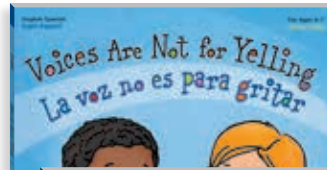




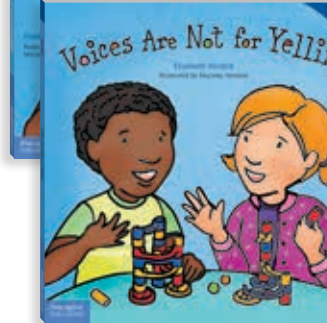
**NEW!** Tears Are Not Forever  
Lexile AD500L  
899835...~~\$11.99~~ \$8.99



**NEW!** Tears Are Not Forever  
Las lágrimas no son para siempre  
926126...~~\$11.99~~ \$8.99



**Voices Are Not for Yelling**  
Lexile 450L  
899692...~~\$11.99~~ \$8.99



**Voices Are Not for Yelling**  
La voz no es para gritar  
Lexile 460L  
899700...~~\$11.99~~ \$8.99



**Waiting Is Not Forever**  
Lexile AD 510L  
899705...~~\$11.99~~ \$8.99



**Waiting Is Not Forever**  
La espera no dura para siempre  
Lexile AD380L  
899710...~~\$11.99~~ \$8.99



**Words Are Not for Hurting**  
Lexile 450L  
899774...~~\$11.99~~ \$8.99



**Words Are Not for Hurting**  
Las palabras no son para lastimar  
Lexile 130L  
899778...~~\$11.99~~ \$8.99



**Worries Are Not Forever**  
Lexile 490L  
899783...~~\$11.99~~ \$8.99



**Worries Are Not Forever**  
Las preocupaciones no duran para siempre  
Lexile AD 400L  
899788...~~\$11.99~~ \$8.99



Guess what?  
You are bigger than your worries.  
You can learn to make your worries smaller and smaller.  
¿Adivina qué?  
Eres más grande que tus preocupaciones.  
Puedes aprender a hacer que tus preocupaciones se achiquen más y más.



## 15 Books Provide a Complete Early Childhood Social Skills Curriculum



### Learning to Get Along® Social Skills Series

by Cheri J. Meiners, M.Ed.

The Learning to Get Along® series helps children learn, understand, and practice important social skills. Real-life situations, lots of diversity, and concrete examples help children get along and are useful for educational settings and at home. Each book ends with a section of discussion questions, games, and activities adults can use to reinforce the book's message.

**Each book:** 40 pp., full-color, PB, 9" x 9". Ages 4–8.  
GRL-H-I, grade 1



**DIGITAL CONTENT** includes bonus activities.



“Top Five Character Education Series.”

—Booklist

▶▶▶ SET OF 15 ENGLISH BOOKS: 899926...~~\$179.85~~ \$134.99

### ★ Bilingual English-Spanish Editions ★

Each book: 48 pp.

▶▶▶ SET OF 15 BILINGUAL BOOKS: 685188...~~\$194.85~~ \$146.49



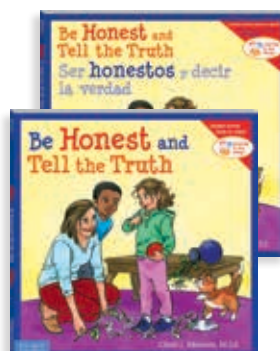
**Accept and Value Each Person**  
Lexile 470L  
899023...~~\$11.99~~ \$8.99

**NEW!** Accept and Value Each Person  
Aceptar y valorar a cada persona  
926132...~~\$12.99~~ \$9.99



**Be Careful and Stay Safe**  
Lexile 520L  
899044...~~\$11.99~~ \$8.99

**NEW!** Be Careful and Stay Safe  
Tener cuidado y mantenerse seguro  
899868...~~\$12.99~~ \$9.99



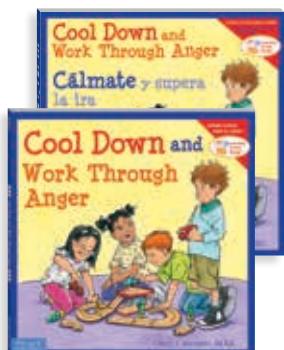
**Be Honest and Tell the Truth**  
Lexile 540L  
899050...~~\$11.99~~ \$8.99

**NEW!** Be Honest and Tell the Truth  
Ser honestos y decir la verdad  
926133...~~\$12.99~~ \$9.99



**Be Polite and Kind**  
Lexile 470L  
899054...~~\$11.99~~ \$8.99

**NEW!** Be Polite and Kind  
Ser respetuoso y amable  
899058...~~\$12.99~~ \$9.99



**Cool Down and Work Through Anger**  
Lexile 540L  
899116...~~\$11.99~~ \$8.99

**Cool Down and Work Through Anger**  
Cálmate y supera la ira  
Lexile 420L  
899120...~~\$12.99~~ \$9.99



**Join In and Play**  
Lexile 490L  
899350...~~\$11.99~~ \$8.99

**NEW!** Join In and Play  
Participa y juega  
899354...~~\$12.99~~ \$9.99



**Know and Follow Rules**  
Lexile 500L  
899366...~~\$11.99~~ \$8.99

**Know and Follow Rules**  
Saber y seguir las reglas  
Lexile 360L  
899370...~~\$12.99~~ \$9.99



**Listen and Learn**  
Lexile 450L  
899379...~~\$11.99~~ \$8.99

**Listen and Learn**  
Escucha y aprende  
Lexile 450L  
899383...~~\$12.99~~ \$9.99



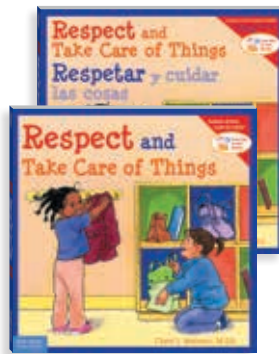


**NEW!**  
**Bilingual English-Spanish Series Now Complete**



**Reach Out and Give**  
 Dar y ayudar  
 Lexile 510L  
 899459...~~\$11.99~~ \$8.99

**NEW!** Reach Out and Give  
 Dar y ayudar  
 926134...~~\$12.99~~ \$9.99



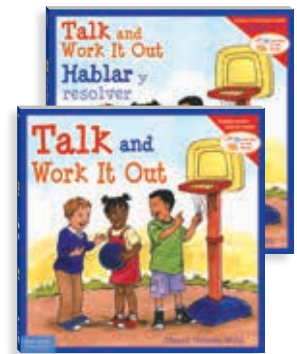
**Respect and Take Care of Things**  
 Respetar y cuidar las cosas  
 Lexile 480L  
 899474...~~\$11.99~~ \$8.99

**Respect and Take Care of Things**  
 Respetar y cuidar las cosas  
 Lexile 480L  
 899478...~~\$12.99~~ \$9.99



**Share and Take Turns**  
 Compartir y turnar  
 Lexile 460L  
 899507...~~\$11.99~~ \$8.99

**Share and Take Turns**  
 Compartir y turnar  
 Lexile 310L  
 899511...~~\$12.99~~ \$9.99



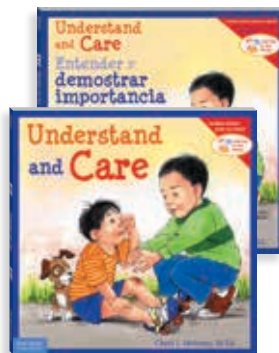
**Talk and Work It Out**  
 Hablar y resolver  
 Lexile 510L  
 899574...~~\$11.99~~ \$8.99

**Talk and Work It Out**  
 Hablar y resolver  
 Lexile 430L  
 899578...~~\$12.99~~ \$9.99



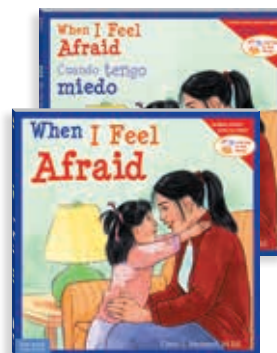
**Try and Stick with It**  
 Intentar y seguir intentando  
 Lexile 510L  
 899672...~~\$11.99~~ \$8.99

**NEW!** Try and Stick with It  
 Intentar y seguir intentando  
 926135...~~\$12.99~~ \$9.99



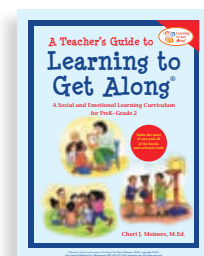
**Understand and Care**  
 Entender y demostrar importancia  
 Lexile 440L  
 899682...~~\$11.99~~ \$8.99

**NEW!** Understand and Care  
 Entender y demostrar importancia  
 899871...~~\$12.99~~ \$9.99



**When I Feel Afraid**  
 Cuando tengo miedo  
 Lexile 510L  
 899766...~~\$11.99~~ \$8.99

**NEW!** When I Feel Afraid  
 Cuando tengo miedo  
 926136...~~\$12.99~~ \$9.99



Free Teacher's Guide  
 Available Online  
[go.tcmpub.com/leader](http://go.tcmpub.com/leader)



## Being the Best Me!® Character Development Series

by Cheri J. Meiners, M.Ed., illustrated by Elizabeth Allen

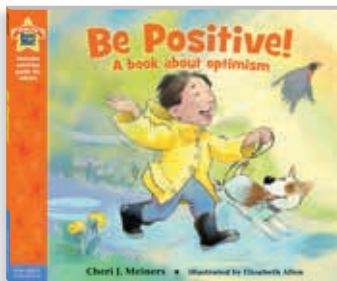
From the author of the popular Learning to Get Along® series comes a one-of-a-kind character development series that helps children learn, understand, and develop attitudes and character traits that strengthen self-confidence and a sense of purpose. Each book focuses on a specific attitude or character trait and includes discussion questions, activities, and additional information adults can use to reinforce the concepts with children. Filled with diversity, these read-aloud books will be welcome in all settings.

**Each book:** 40 pp., full-color, PB, 11¼" x 9¼". Ages 4–8.

▶▶▶ SET OF 8 BOOKS: 899939...~~\$95.92~~ \$71.99

“Easy reads with child-friendly illustrations and easy-to-understand examples of real-life situations.”

—*Skipping Stones: A Multicultural Children’s Magazine*

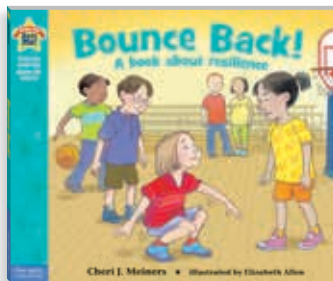


### Be Positive!

A book about optimism

GRL-H, grade 1/Lexile 600L

899061...~~\$11.99~~ \$8.99



### Bounce Back!

A book about resilience

GRL-J, grade 1/Lexile 540L

899074...~~\$11.99~~ \$8.99



### Dream On!

A book about possibilities

GRL-K, grade 2/Lexile 550L

899152...~~\$11.99~~ \$8.99

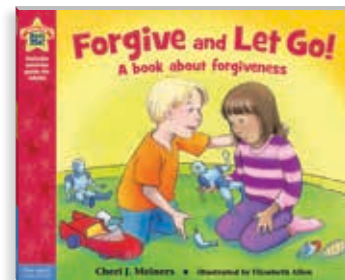


### Feel Confident!

A book about self-esteem

GRL-H, grade 1/Lexile 490L

899188...~~\$11.99~~ \$8.99



### Forgive and Let Go!

A book about forgiveness

GRL-I, grade 1/Lexile 520L

899207...~~\$11.99~~ \$8.99

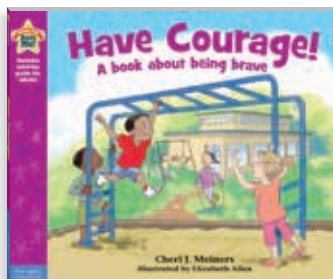


### Grow Strong!

A book about healthy habits

GRL-J, grade 1/Lexile 570L

899238...~~\$11.99~~ \$8.99

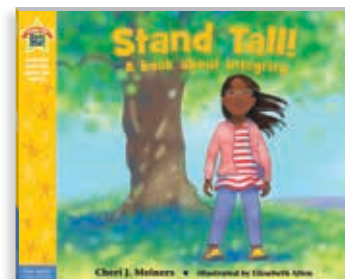


### Have Courage!

A book about being brave

GRL-I, grade 1/Lexile 540L

899252...~~\$11.99~~ \$8.99



### Stand Tall!

A book about integrity

GRL-J, grade 1/Lexile 520L

899546...~~\$11.99~~ \$8.99





## Our Emotions and Behavior Series

by Sue Graves, illustrated by Desideria Guicciardini and Emanuela Carletti

Small children have big feelings. This series uses inviting, vividly illustrated stories to help kids understand how their emotions and actions are related—and how they can get better at managing both. At the end of each book, a two-page series of pictures invites children to tell a story in their own words. A special section for adults suggests discussion questions and ideas for guiding children to talk about their feelings.

Each book: 28 pp., full-color, HC, 7¾" x 9½". Ages 4-8.

▶▶▶ SET OF 12 BOOKS: 899950...~~\$191.88~~ \$143.99

"These are excellent titles for children who need help expressing their feelings, and they will be a bonus in any guidance counselor's arsenal."

—School Library Journal

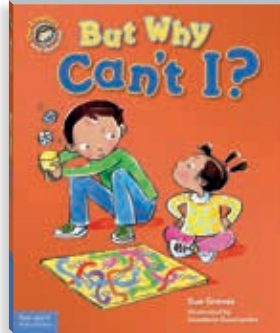


### But What If?

A book about feeling worried

GRL-I, grade 1

899093...~~\$15.99~~ \$11.99

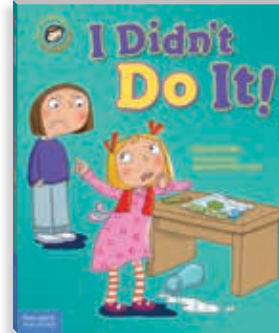


### But Why Can't I?

A book about rules

GRL-I, grade 1

899094...~~\$15.99~~ \$11.99

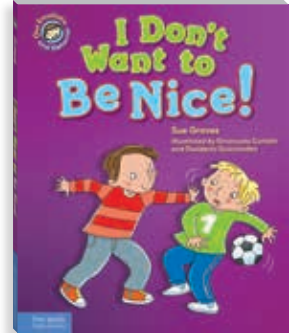


### I Didn't Do It!

A book about telling the truth

GRL-I, grade 1

899288...~~\$15.99~~ \$11.99

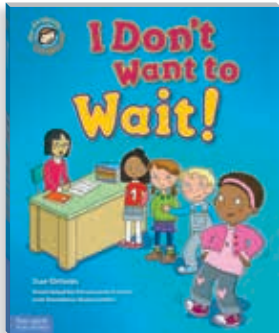


### I Don't Want to Be Nice!

A book about showing kindness

GRL-I, grade 1

899289...~~\$15.99~~ \$11.99



### I Don't Want to Wait!

A book about being patient

GRL-L, grade 2

899290...~~\$15.99~~ \$11.99



### I Hate Everything!

A book about feeling angry

GRL-I, grade 1

899295...~~\$15.99~~ \$11.99

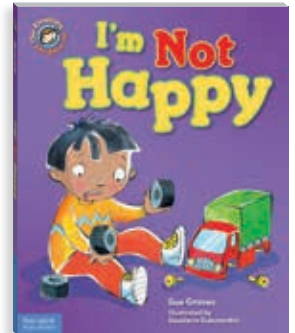


### I Want to Win!

A book about being a good sport

GRL-I, grade 1

899318...~~\$15.99~~ \$11.99



### I'm Not Happy

A book about feeling sad

GRL-H, grade 1

899329...~~\$15.99~~ \$11.99

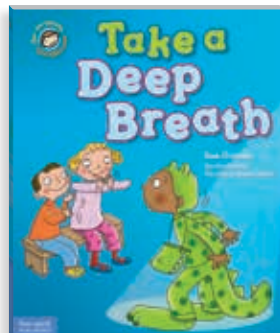


### Not Fair, Won't Share

A book about sharing

GRL-I, grade 1

899440...~~\$15.99~~ \$11.99



### Take a Deep Breath

A book about being brave

GRL-I, grade 1

899569...~~\$15.99~~ \$11.99

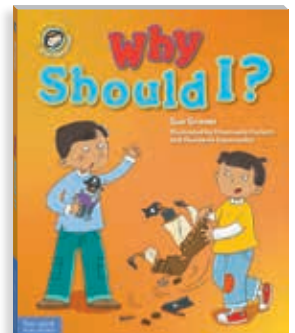


### Who Feels Scared?

A book about being afraid

GRL-H, grade 1

899770...~~\$15.99~~ \$11.99



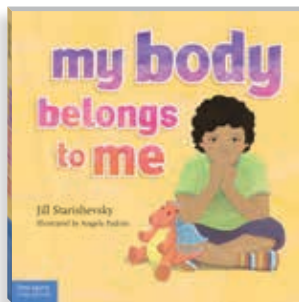
### Why Should I?

A book about respect

GRL-L, grade 2

899771...~~\$15.99~~ \$11.99

## ★ Bilingual English-Spanish Edition ★



### My Body Belongs to Me

**A book about body safety**

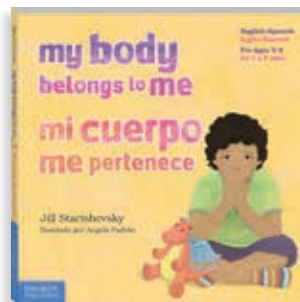
by Jill Starishevsky, illustrated by Angela Padrón

Without being taught about body boundaries, it is hard to understand when abuse is happening—or that it's wrong. This book offers a tool parents, teachers, and counselors can use to sensitively share and discuss the topic of sexual abuse. Its simple language helps children understand their private parts belong to them alone. This book empowers children to speak up to feel, be, and stay safe.

32 pp., full-color, HC, 8" x 8". Ages 3–8.

GRL-J, grade 1/Lexile 580L

899427...~~\$15.99~~ **\$11.99**



### My Body Belongs to Me

**Mi cuerpo me pertenece**

**A book about body safety**  
**Un libro sobre el cuidado contra el abuso sexual**

40 pp., full-color, HC, 8" x 8".

Lexile AD 710L

899430...~~\$16.99~~ **\$12.99**

“In only nineteen sentences, this simple book will empower children while promoting open communication.”

—School Library Journal



### I Can Play It Safe

by Allison Feigh, illustrated by Laura Logan

This book gives children the knowledge and confidence they need to make smart choices about personal safety every day.

32 pp., full-color, HC, 10¼" x 7¾".

Parents, teachers, counselors. Ages 4–8.

GRL-L, grade 2

899286...~~\$16.99~~ **\$12.99**



“A creative, calming, and affirming book for every child.”

—Patty Wetterling, cofounder of the Jacob Wetterling Resource Center

**Nurture children's growth at every age and stage with developmentally appropriate guidance and encouragement**

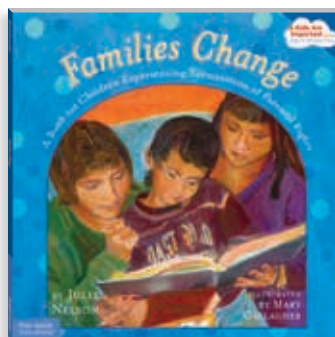


by Julie Nelson, illustrated by Mary Gallagher

Wise, practical help for kids facing big challenges—and for adults who are there to guide them. These gentle, affirming books are meant to be read aloud with kids sitting close by so everyone can see the true-to-life illustrations.

“Very highly recommended for all parents, foster parents, teachers, guidance counselors, and social workers.”

—Children's Bookwatch



### Families Change

**A Book for Children Experiencing Termination of Parental Rights**

32 pp., full-color, PB, 9" x 9". Ages 4–10.

899186...~~\$11.99~~ **\$8.99**



### Kids Need to Be Safe

**A Book for Children in Foster Care**

32 pp., full-color, PB, 9" x 9". Ages 4–10.

GRL-H, grade 1

899364...~~\$11.99~~ **\$8.99**



**We Can Get Along**  
**Podemos llevarnos bien**  
 Un libro de alternativas para niños  
 46 pp., PB.  
 Lexile 460L  
 PB 899723...~~\$12.99~~ \$9.99



**We Can Get Along**  
**A Child's Book of Choices**

by Lauren Murphy Payne, MSW, LCSW, illustrated by Melissa Iwai  
 Clear, affirming words and charming full-color illustrations teach children kindness and conflict resolution.

40 pp., full-color, PB, 11¼" x 9¼". Ages 3-8.  
 GRL-L, grade 2/Lexile 380L  
 899719...~~\$11.99~~ \$8.99

**Just Because I Am**  
**Solo porque soy yo**  
 Un libro de afirmaciones para niños  
 42 pp., PB.  
 Lexile 220L  
 PB 899361...~~\$12.99~~ \$9.99

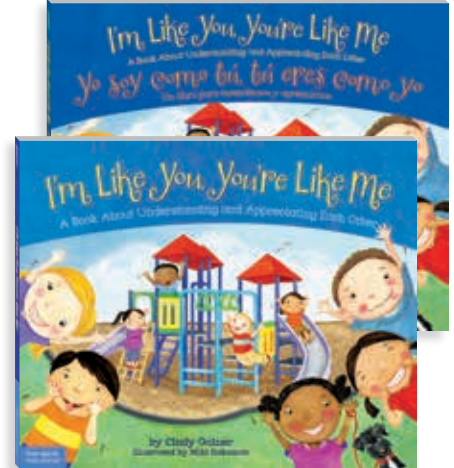


**Just Because I Am**  
**A Child's Book of Affirmation**

by Lauren Murphy Payne, MSW, LCSW, illustrated by Melissa Iwai  
 This book of sweet, simple affirmations for children builds self-esteem and self-confidence.

36 pp., full-color, PB, 11¼" x 9¼". Ages 3-8.  
 GRL-J, grade 1/Lexile 330L  
 899357...~~\$11.99~~ \$8.99

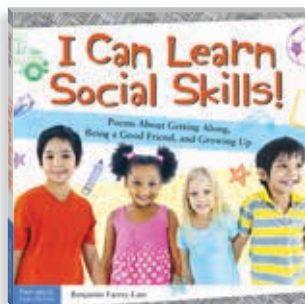
**I'm Like You, You're Like Me**  
**Yo soy como tú, tú eres como yo**  
 Un libro para entendernos y apreciarnos  
 48 pp., PB.  
 Lexile 500L  
 PB 899328...~~\$11.99~~ \$8.99



**I'm Like You, You're Like Me**  
**A Book About Understanding and Appreciating Each Other**

by Cindy Gainer, illustrated by Miki Sakamoto  
 Wide-ranging examples and fun, highly detailed art help children appreciate the ways they are alike and affirm their differences.

48 pp., full-color, 11¼" x 9¼". Ages 3-8.  
 GRL-I, grade 1/Lexile 440L  
 PB 899322...~~\$11.99~~ \$8.99  
 HC 899323...~~\$16.99~~ \$12.99

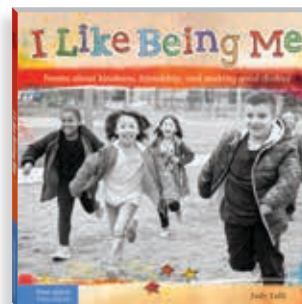


**I Can Learn Social Skills!**  
**Poems About Getting Along, Being a Good Friend, and Growing Up**

by Benjamin Farrey-Latz

Teach and foster children's social skills with these fun-to-read poems on skills such as greetings, eye contact, playing, competing, managing emotions, apologizing, and more. Photos showing diverse kids accompany the book's playful, often humorous language. Activities and lessons in the back help adults guide children in learning social skills.

64 pp., full-color & photos, PB, 8" x 8".  
 Ages 5-9.  
 GRL-O, grade 3/Lexile 600L  
 899283...~~\$11.99~~ \$8.99



**I Like Being Me**  
**Poems about kindness, friendship, and making good choices**

by Judy Lalli, M.S.

Twenty-five short rhyming poems invite children to believe in themselves, learn from mistakes, cooperate, share, help others, solve problems, be kind, tell the truth, make positive choices, and more. Accompanying photographs show children from diverse backgrounds in realistic settings, and a section for adults provides ideas for thought-provoking discussion, activities, and learning.

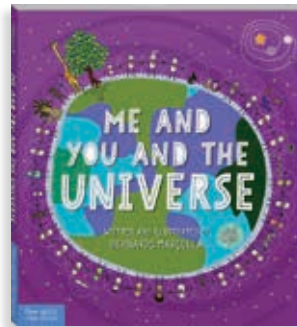
64 pp., B&W photos, color illust., PB, 8" x 8". Ages 4-8.  
 GRL-L, grade 2/Lexile 560L  
 899298...~~\$11.99~~ \$8.99

"Written in an appealing child's voice, these poems provide warm, practical solutions for developing social skills."

—Cheri J. Meiners, M.Ed., author of the Learning to Get Along® social skills series



**All You Can Imagine**  
*written and illustrated by Bernardo Marçolla*  
 Where can imagination take you? This book taps into the universal childhood experience of imagination and creative flights of fancy, and ties these into larger ideas about the benefits of imagination.  
 36 pp., full-color, HC with jacket, 9¼" x 10". Ages 5–8.  
 GRL-O, grade 3/Lexile AD570L  
 899038...~~\$17.99~~ **\$13.49**



**Me and You and the Universe**  
*written and illustrated by Bernardo Marçolla*  
 Bringing together the worlds of SEL and STEM, this calming and colorful picture book guides the reader to understand the beauty of how we are all connected. An afterword by the author details the meaning behind the text and offers a launching point for further discussion and exploration.  
 36 pp., full-color, HC with jacket, 8¼" x 9". Ages 3–8.  
 GRL-P, grade 3/Lexile AD 710L  
 899406...~~\$16.99~~ **\$12.99**

Free activities and extras at [go.tcmpub.com/connection](http://go.tcmpub.com/connection).

"This is the kind of book that opens your heart a little wider to help you love just a little bit more. Share it with every kid you know."

—Jill Twiss, author of *A Day in the Life of Marlon Bundo* and senior writer at *Last Week Tonight with John Oliver*

## Zach Rules Series

by William Mulcahy, illustrated by Darren McKee

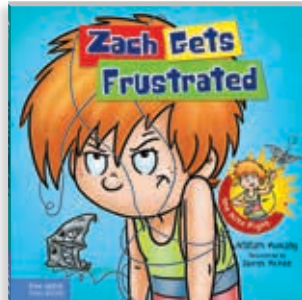
Each book in the Zach Rules series presents a single, simple storyline involving an everyday problem typical of young kids.

Each book: 32–36 pp., full-color, HC, 8¼" x 8¼". Ages 5–8.

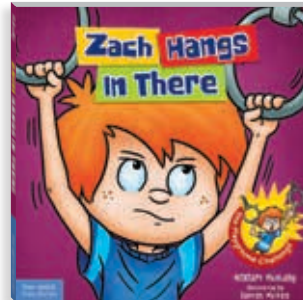
▶▶▶ SET OF 5 BOOKS: 899944...~~\$79.95~~ **\$59.99**



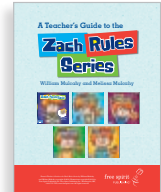
**Zach Apologizes**  
 GRL-M, grade 2/Lexile 540L  
 899808...~~\$15.99~~ **\$11.99**



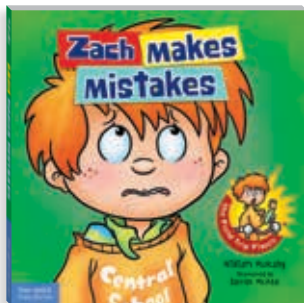
**Zach Gets Frustrated**  
 GRL-M, grade 2/Lexile 580L  
 899811...~~\$15.99~~ **\$11.99**



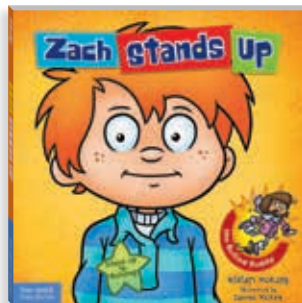
**Zach Hangs In There**  
 GRL-M, grade 2/Lexile 580L  
 899814...~~\$15.99~~ **\$11.99**



Free Teacher's Guide Available Online  
[go.tcmpub.com/leader](http://go.tcmpub.com/leader)

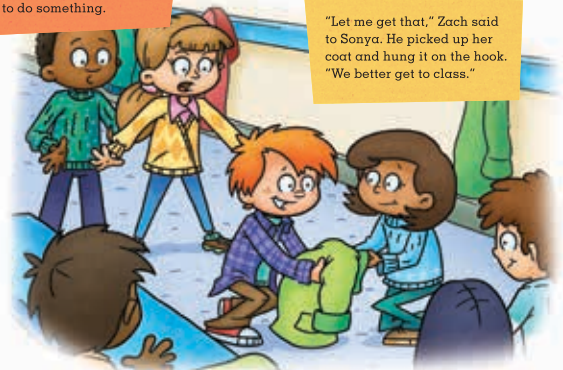


**Zach Makes Mistakes**  
 GRL-N, grade 3/Lexile 580L  
 899817...~~\$15.99~~ **\$11.99**



**Zach Stands Up**  
 GRL-K, grade 2/Lexile 540L  
 899820...~~\$15.99~~ **\$11.99**

Zach's heart began to thump hard. The other kids were watching. Roxy and Jaden were popular. Zach worried that everyone would take their side. But he knew he had to do something.







by Kay Barnham, with *Feeling Angry!* by Katie Dougllass, illustrated by Mike Gordon

Strong feelings can be difficult to handle. This series uses humor and compassion to show kids how to help others—and themselves—feel better when dealing with challenging emotions. Lively art illustrates the stories with charm and energy. At the end of each book, a special section for adults presents ideas for helping kids deal with feelings in healthy ways.

**Each book:** 32 pp., full-color, HC, 7½" x 8¾". Ages 5–9.

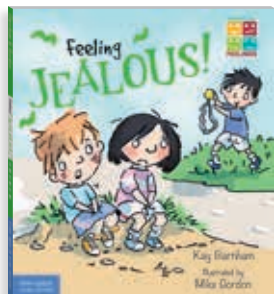
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**Feeling Angry!**

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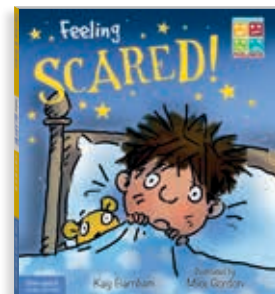
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GRL-M, grade 2

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**Feeling Scared!**

GRL-L, grade 2

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**Feeling Shy!**

GRL-L, grade 2

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**Feeling Worried!**

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Free Leader's Guide Available Online  
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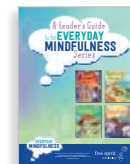
by Paul Christelis, illustrated by Elisa Paganelli

The Everyday Mindfulness series explores how a mindful attitude to life can enhance enjoyment, promote a sense of calm and confidence, and provide kids with skills they can use every day. Mindfulness practices and exercises are integrated into each story and expanded on in the section for adults at the end of each book.

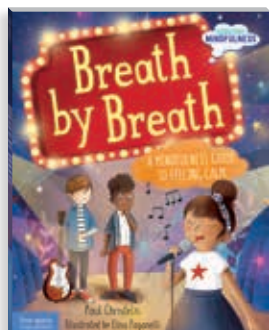
**Each book:** 32 pp., full-color, HC, 7½" x 9". Ages 5–9

GRL-L, grade 2

▶▶▶ SET OF 4 BOOKS: 899949...~~\$67.96~~ **\$50.99**

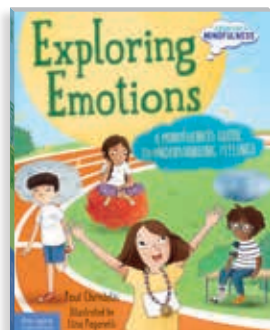


Free Leader's Guide Available Online  
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**Breath by Breath**  
A Mindfulness Guide to Feeling Calm

899077...~~\$16.99~~ **\$12.99**



**Exploring Emotions**  
A Mindfulness Guide to Understanding Feelings

899181...~~\$16.99~~ **\$12.99**



**Get Outdoors**  
A Mindfulness Guide to Noticing Nature

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**Sleep Easy**  
A Mindfulness Guide to Getting a Good Night's Sleep

899527...~~\$16.99~~ **\$12.99**

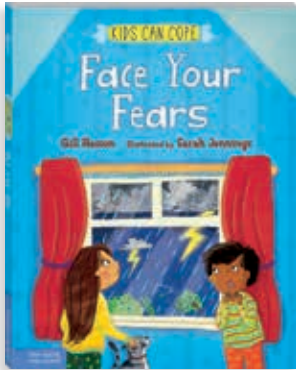
## KIDS CAN COPE

by Gill Hasson, illustrated by Sarah Jennings

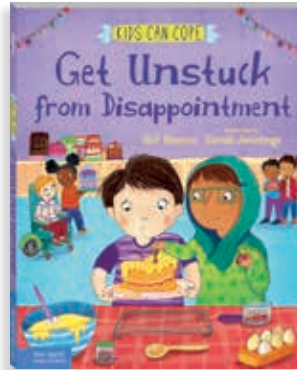
These inviting, fully illustrated books offer kids a wide range of practical strategies they can use to cope with difficult feelings and situations, such as anger, worry, teasing, and jealousy. With gentle humor, charming illustrations, and kid-friendly advice—plus additional information for children and adults at the back of each book—the Kids Can Cope series gives kids the tools they need to understand and face challenges.

**Each book:** 32 pp., full-color, HC, 8¼" x 10½". Ages 6–9.

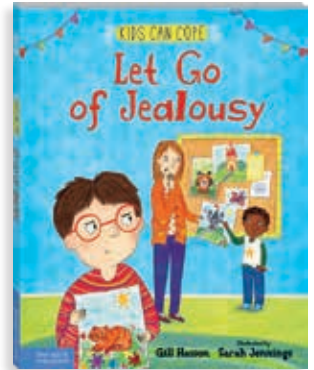
▶▶▶ **SET OF 8 BOOKS:** 899954...~~\$135.92~~ **\$101.99**



**Face Your Fears**  
GRL-M, grade 2/Lexile 640L  
899185...~~\$16.99~~ **\$12.99**



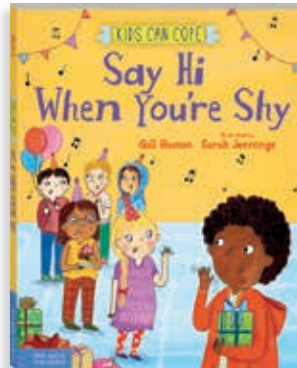
**Get Unstuck from Disappointment**  
GRL-N, grade 3/Lexile 710L  
899234...~~\$16.99~~ **\$12.99**



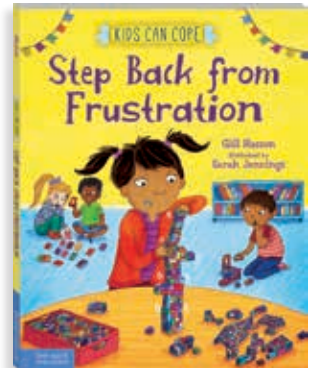
**Let Go of Jealousy**  
GRL-M, grade 2/Lexile 640L  
899374...~~\$16.99~~ **\$12.99**



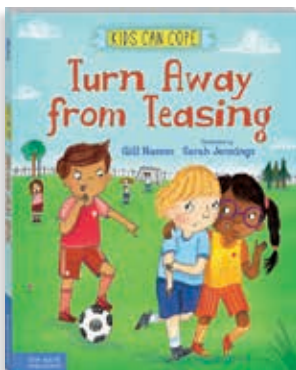
**Put Your Worries Away**  
GRL-O, grade 3/Lexile 640L  
899456...~~\$16.99~~ **\$12.99**



**Say Hi When You're Shy**  
GRL-N, grade 3/Lexile 620L  
899494...~~\$16.99~~ **\$12.99**



**Step Back from Frustration**  
GRL-N, grade 3/Lexile 590L  
899555...~~\$16.99~~ **\$12.99**



**Turn Away from Teasing**  
GRL-N, grade 3/Lexile 630L  
899678...~~\$16.99~~ **\$12.99**



**Take Charge of Anger**  
GRL-O, grade 3/Lexile 620L  
899570...~~\$16.99~~ **\$12.99**





## WEIRD! Series

by Erin Frankel, illustrated by Paula Heaphy

These books tell the story of an ongoing case of bullying from three third graders' perspectives as each girl learns how to face her challenge with the help of friends, peers, and caring adults. The books may be read separately or as a set, and each book has "activity club" pages for kids and information to help adults reinforce the books' messages.

**Each book:** 48 pp., full-color, PB, 9½" x 8". Ages 5–9.

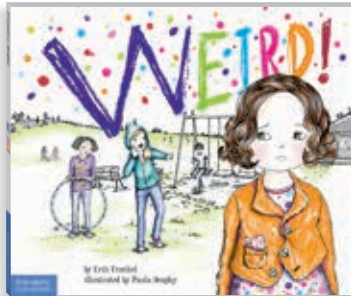
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Part of Bully Free Kids®, Free Spirit Publishing's innovative line of bullying prevention resources just for kids

A tangled triangle of bullying

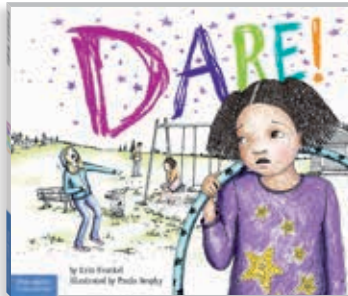
Watch the book video at [go.tcmpub.com/weird-series](http://go.tcmpub.com/weird-series).



**Weird!**  
A Story About Dealing with Bullying in Schools

GRL-M, grade 2/Lexile 540L

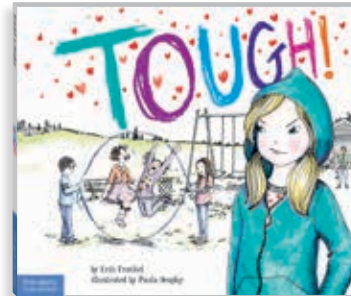
899732...~~\$11.99~~ **\$8.99**



**Dare!**  
A Story About Standing Up to Bullying in Schools

GRL-M, grade 2/Lexile 330L

899137...~~\$11.99~~ **\$8.99**



**Tough!**  
A Story About How to Stop Bullying in Schools

GRL-M, grade 2/Lexile 280L

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Free Leader's Guide Available Online [go.tcmpub.com/leader](http://go.tcmpub.com/leader)

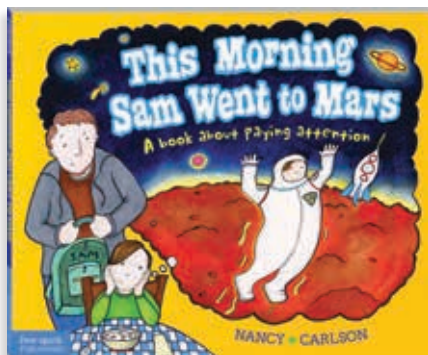


**Weird! The Musical (Original Studio Cast Recording) available now!**

Available via your favorite online music source.

**WEIRD! The Musical**, based on the **Weird** book series by Erin Frankel and Paula Heaphy, is an energetic family musical with a powerful anti-bullying message. Performance rights and on-demand streaming of the original production are available to schools, community organizations, and theaters.

Learn how to bring the show to your community at [WeirdTheMusical.com](http://WeirdTheMusical.com).



**This Morning Sam Went to Mars**

A book about paying attention

by Nancy Carlson

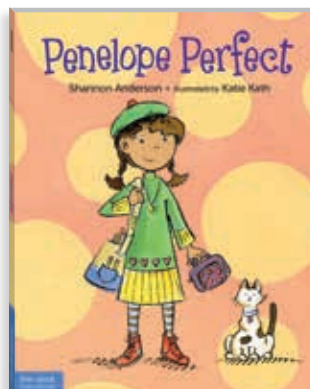
Sam is always daydreaming about exploring, which is awesome—except when he's supposed to be focusing on schoolwork or stuff at home.

32 pp., full-color, HC, 11¼" x 9¼". Ages 5–9.

GRL-K, grade 2/Lexile 520L

899666...~~\$14.99~~ **\$11.49**

Watch the author video at [freespirit.com/sam](http://freespirit.com/sam).



**Penelope Perfect**

A Tale of Perfectionism Gone Wild

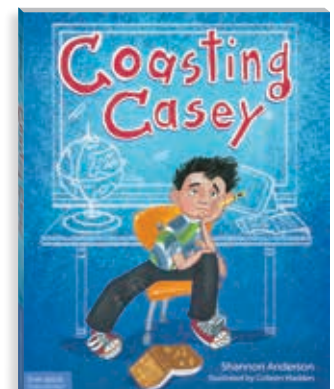
by Shannon Anderson, illustrated by Katie Kath

A topsy-turvy day helps Penelope learn to let go of her anxiety and just be herself.

48 pp., full-color, PB, 8" x 10". Ages 5–9.

GRL-K, grade 2/Lexile 600L

899448...~~\$12.99~~ **\$9.99**



**Coasting Casey**

A Tale of Busting Boredom in School

by Shannon Anderson, illustrated by Colleen Madden

Casey finds a way to use his talents and passions to turn underachievement upside down.

48 pp., full-color, PB, 8" x 10". Ages 5–9.

GRL-L, grade 2/Lexile 660L

899112...~~\$12.99~~ **\$9.99**

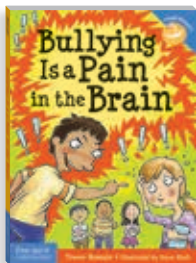


## Laugh & Learn® Series

Solid information, sound advice, silly jokes, fun illustrations, real-life topics, practical tips, and a kid-centric point of view—no wonder these books are so popular with young readers. Together they make a cool collection of self-help books that really help.

Each book: 80–128 pp., full-color, PB, 5½" x 7". Ages 8–13.

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### Bullying Is a Pain in the Brain

(Revised & Updated Edition)

by Trevor Romain, illustrated by Steve Mark

GRL-T, grade 5/Lexile 780L

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**Solid information,  
plenty of humor,  
and a kid-centric  
point of view**



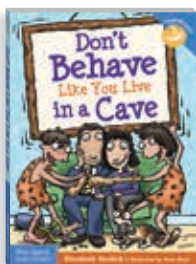
### Cliques, Phonies & Other Baloney

(Revised & Updated Edition)

by Trevor Romain and Elizabeth Verdick, illustrated by Steve Mark

GRL-T, grade 5/Lexile 720L

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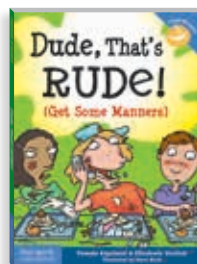


### Don't Behave Like You Live in a Cave

by Elizabeth Verdick, illustrated by Steve Mark

GRL-T, grade 5/Lexile 780L

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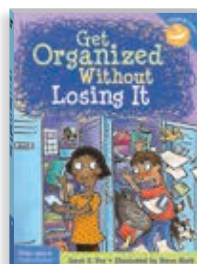


### Dude, That's RUDE! (Get Some Manners)

by Pamela Espeland and Elizabeth Verdick, illustrated by Steve Mark

GRL-Q, grade 4/Lexile 730L

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### Get Organized Without Losing It

(Revised & Updated Edition)

by Janet S. Fox, illustrated by Steve Mark

GRL-S, grade 4/Lexile 800L

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### How to Do Homework Without Throwing Up

(Revised & Updated Edition)

by Trevor Romain, illustrated by Steve Mark

GRL-S, grade 4/Lexile 780L

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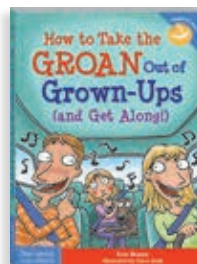


### How to Take the ACHE Out of Mistakes

by Kimberly Feltes Taylor and Eric Braun, illustrated by Steve Mark

GRL-V, grade 5/Lexile 680L

899266...~~\$10.99~~ **\$8.49**

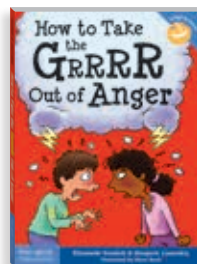


### How to Take the GROAN Out of Grown-Ups (and Get Along)

by Eric Braun, illustrated by Steve Mark

GRL-R, grade 4

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### How to Take the GRRRR Out of Anger

(Revised & Updated Edition)

by Elizabeth Verdick and Marjorie Lisovskis, illustrated by Steve Mark

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by Pamela Espeland and Elizabeth Verdick, illustrated by Steve Mark

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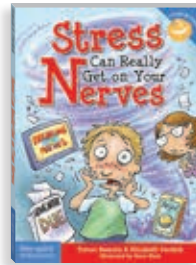




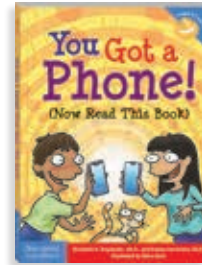
**Siblings**  
**You're Stuck with Each Other, So Stick Together**  
 by James J. Crist, Ph.D., and Elizabeth Verdick, illustrated by Steve Mark  
 GRL-Q, grade 4/Lexile 890L  
 899518...~~\$10.99~~ \$8.49



**Stand Up to Bullying!**  
**(Upstanders to the Rescue!)**  
 by Phyllis Kaufman Goodstein and Elizabeth Verdick, illustrated by Steve Mark  
 GRL-R, grade 4/Lexile 780L  
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**Stress Can Really Get on Your Nerves**  
**(Revised & Updated Edition)**  
 by Trevor Romain and Elizabeth Verdick, illustrated by Steve Mark  
 GRL-T, grade 5/Lexile 710L  
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**You Got a Phone!**  
**(Now Read This Book)**  
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## Little Laugh & Learn® Series

Self-help, kid-style! Kids ages six to nine can tote these handy guides anywhere and boost their skills. With practical advice, silly jokes, fun illustrations, and a kid-centric point of view, these books are the go-to for help with everything, from triumphing over teasing to learning to be a fantastic friend to becoming a self-confidence superstar, and more!

Each book: 84-88 pp., full-color, PB, 6¼" x 8". Ages 6-9.

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Empower kids with tools for respecting, questioning, and coping with rules.



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**Make a Friend, Be a Friend**  
 by Eric Braun, illustrated by Steve Mark  
 GRL-M, grade 2/Lexile 570L  
 899394...~~\$10.99~~ \$8.49

"I learned that you can make new friends by being kind and asking questions. I liked the part that said when friends get upset they can fix it."  
 —Braeden, age 8



**Ease the Tease**  
 by Judy S. Freedman, M.S.W., L.C.S.W., and Mimi P. Black, Ph.D., illustrated by Steve Mark  
 GRL-P, grade 3/Lexile 600L  
 899159...~~\$10.99~~ \$8.49

"This helped me stick up for myself."  
 —Heath, age 4½



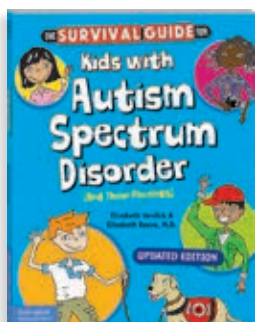
**Yay! You Failed!**  
 by Shannon Anderson, illustrated by Steve Mark  
 Lexile 590L  
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Help young kids set goals, overcome challenges, and feel good about their efforts.

**SURVIVAL GUIDES**

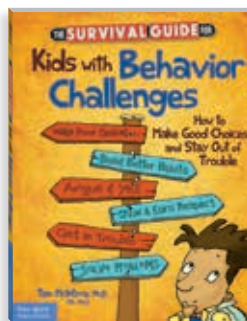
**Kid-friendly. Life-changing.**

Straightforward, friendly, and loaded with practical advice, the Free Spirit Survival Guides for Kids give kids the tools they need to not only survive, but thrive. With plenty of realistic examples and bright illustrations, they are accessible, encouraging, kid-friendly, and even life-changing.



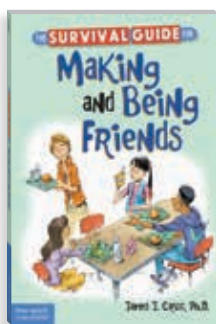
**The Survival Guide for Kids with Autism Spectrum Disorder (And Their Parents)**

**Updated Edition**  
 by Elizabeth Verdick and Elizabeth Reeve, M.D., illustrated by Nick Kobyluch  
 248 pp., full-color, PB, 7" x 9". Ages 9–13.  
 GRL-V, grade 5/Lexile 810L  
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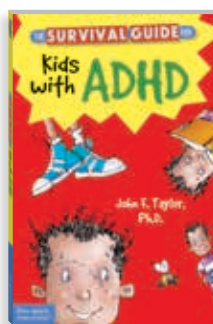
**The Survival Guide for Kids with Behavior Challenges**

**How to Make Good Choices and Stay Out of Trouble (Revised & Updated Edition)**  
 by Tom McIntyre, Ph.D. (Dr. Mac)  
 192 pp., 2-color, illust., PB, 7" x 9". Ages 9–14.  
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**The Survival Guide for Making and Being Friends**

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 128 pp., 2-color, illust., PB, 6" x 9". Ages 8–13.  
 GRL-T, grade 5/Lexile 790L  
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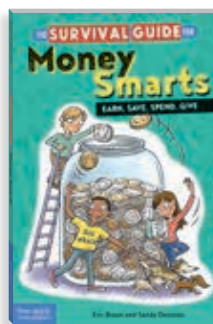
**The Survival Guide for Kids with ADHD (Updated Edition)**

by John F. Taylor, Ph.D.  
 128 pp., 2-color, illust., PB, 6" x 9". Ages 8–12.  
 GRL-T, grade 5/Lexile 830L  
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**The Survival Guide for Gifted Kids For Ages 10 & Under (Revised & Updated 3rd Edition)**

by Judy Galbraith, M.A.  
 128 pp., 2-color, illust., PB, 6" x 9". Ages 10 & under.  
 GRL-T, grade 5/Lexile 990L  
 899642...~~\$13.99~~ **\$10.49**

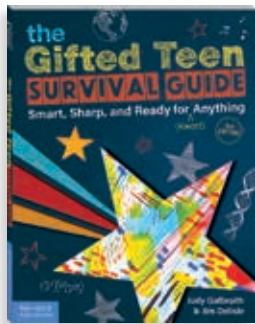


**The Survival Guide for Money Smarts**

**Earn, Save, Spend, Give**  
 by Eric Braun and Sandy Donovan  
 152 pp., 2-color, illust., PB, 6" x 9". Ages 9–14.  
 GRL-Z, grades 7 & up/Lexile 830L  
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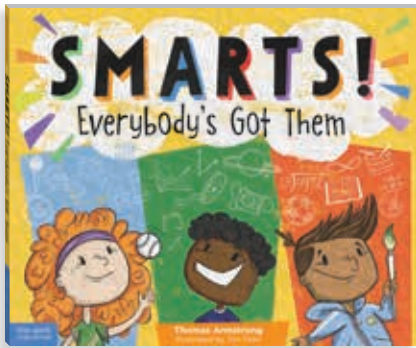


**The Gifted Teen Survival Guide Smart, Sharp, and Ready for (Almost) Anything 5th edition**

by Judy Galbraith, M.A., and Jim Delisle, Ph.D.  
 Support the social, emotional, and educational needs of gifted teens with this one-of-a-kind book full of sage advice to help teens understand themselves, relate well with others, and reach their potential in life.  
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**Help kids build positive relationships, learn responsibility, become engaged citizens, and achieve school success**





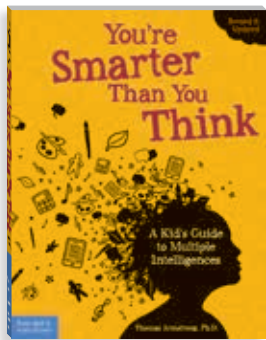
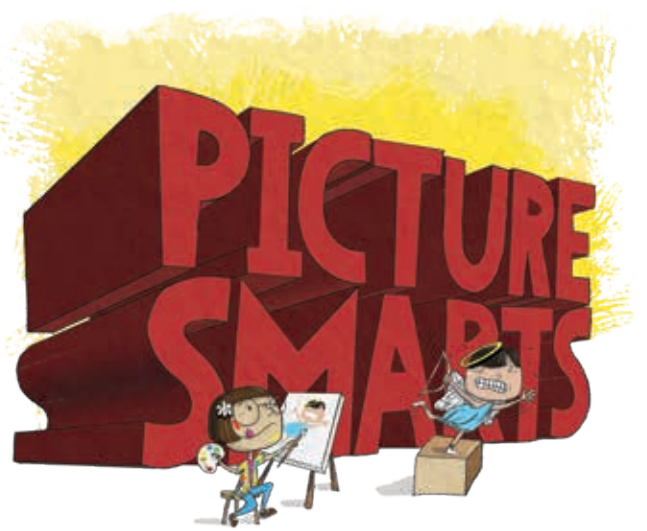
**Smarts! Everybody's Got Them**

by Thomas Armstrong, Ph.D.,  
illustrated by Tim Palin  
Everyone is smart, even when they don't think they are. This lively picture book explains and depicts the eight ways that everyone is smart and includes strategies, tips, and suggestions for kids on how they can get better at each smart—even when they make a mistake.

Kids will be able to explore their:

- Word smarts
- Music smarts
- Picture smarts
- Body smarts
- Number smarts
- Nature smarts
- People smarts
- Self smarts

44 pp., full-color, HC, 11¼" x 9¼". Ages 5–9.  
GRL-M, grade 2/Lexile 520L  
899530...~~\$15.99~~ **\$11.99**



**You're Smarter Than You Think**  
**A Kid's Guide to Multiple Intelligences**  
(Revised & Updated Edition)

by Thomas Armstrong, Ph.D.  
This book helps kids identify their own learning strengths and use their special skills at school, at home, and in life.  
208 pp., 2-color, illust., PB, 7" x 9". Ages 9–14.  
GRL-W, grade 6/Lexile 1030L  
899805...~~\$19.99~~ **\$14.99**



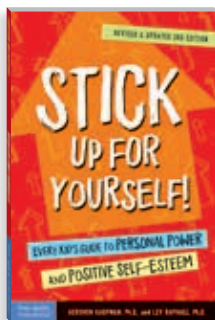
**Speak Up and Get Along!**  
**Learn the Mighty Might, Thought Chop, and More Tools to Make Friends, Stop Teasing, and Feel Good About Yourself** (Revised & Updated Edition)

by Scott Cooper  
The 21 concrete strategies in this book teach kids self-respect, self-expression, and self-esteem. Its practical tools, true-to-life examples, and practice dialogues make learning these skills accessible and fun. Includes up-to-date research and recommendations for adults.  
136 pp., 2-color, illust., PB, 6" x 9". Ages 8–12.  
GRL-S, grade 4/Lexile 760L  
899543...~~\$13.99~~ **\$10.49**

"An encouraging, easy-to-navigate map of human ability, replete with opportunities for any reader to see themselves as intelligent and proficient on various levels."

—Publishers Weekly

**Promote empathy and teach kids problem-solving skills**




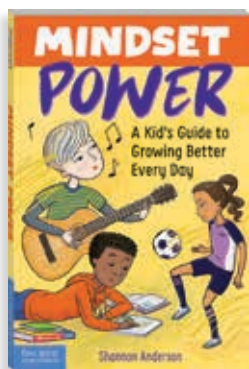
**Stick Up for Yourself!**  
**Every Kid's Guide to Personal Power and Positive Self-Esteem**  
(Revised & Updated 3rd Edition)

by Gershen Kaufman, Ph.D., and Lev Raphael, Ph.D.  
Using simple words and real-life examples, this book shows kids how to be assertive with other kids—and with adults. Kids will learn to feel better about themselves, stronger and more secure inside, and more in charge of their lives. The companion Teacher's Guide can be used in any group setting.  
152 pp., 2-color, illust., PB, 6" x 9". Ages 9–13.  
GRL-T, grade 5/Lexile 680L  
899556...~~\$15.99~~ **\$11.99**



**A Teacher's Guide to Stick Up for Yourself!**  
**An 11-Session Course in Self-Esteem and Assertiveness for Kids**

136 pp., PB, 8½" x 11". Teachers and counselors of grades 3–7.  
 **DIGITAL CONTENT** includes reproducible handouts from the book.  
899019...~~\$29.99~~ **\$29.99**



**Mindset Power**

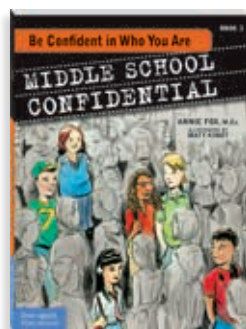
**A Kid's Guide to Growing Better Every Day**

by Shannon Anderson, illustrated by Violet Lemay  
This positive, practical, you-can-do-it guide helps kids of all abilities achieve their goals and build a better mindset. Kids face a lot of challenges—obstacles to overcome, exciting goals to meet—and it's easy for them to get stuck on the negatives. But by switching their mindset, they can believe in themselves no matter the outcome.

128 pp., 2-color, PB, 6" x 9". Ages 9–13.  
GRL-R, grade 4/Lexile 870L

 **DIGITAL CONTENT** includes downloadable write-in forms.

899417...~~\$15.99~~ **\$11.99**



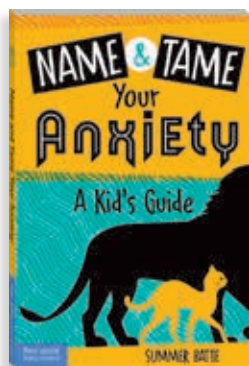
**Be Confident in Who You Are**

by Annie Fox, M.Ed., illustrated by Matt Kindt

This engaging book is inspired by graphic novels and provides readers practical advice for being healthy, feeling good about themselves, and staying in control of feelings and actions.

96 pp., full-color, PB, 6" x 8". Ages 11–14.  
GRL-Y, grade 6

899048...~~\$14.99~~ **\$11.49**



**Name and Tame Your Anxiety**

**A Kid's Guide**

by Summer Batte, illustrated by Amberin Huq

Diagnosed anxiety is on the rise, and even more kids experience some level of sustained anxiety in their daily lives. In kid-friendly language, this book explains what anxiety is and provides practical strategies for managing anxiety and information about how anxiety medication works in the brain. Kids also learn how to talk to peers and adults about their anxiety and how to ask for accommodations when needed.

144 pp., 2-color, PB, 6" x 9". Ages 9–13.  
GRL-W, grade 6/Lexile 920L

899433...~~\$14.99~~ **\$11.49**



**Middle School Confidential Apps**

These apps allow readers to interact with the stories through movie-like sound effects, music, and interactive quizzes.



**Be Confident in Who You Are**



**Real Friends vs. the Other Kind**



**What's Up with My Family?**

Available at iTunes (educator discounts available), BN.com, and Amazon.com. To learn more, visit [middleschoolconfidential.com](http://middleschoolconfidential.com).

**Real Kids**

**Real Stories**

by Garth Sundem

Inspire kids and teens to personal, community, and social action with this series. Each book includes 30 true stories featuring young people overcoming adversity to achieve great things, making a difference around the world, and showing extraordinary character.

Each book: 168–176 pp., 2-color, PB, 5¼" x 7½". Ages 9 & up.

▶▶▶ SET OF 3 BOOKS: 899963...~~\$44.97~~ **\$33.99**



Free Teacher's Guide Available Online  
[go.tcnpub.com/leader](http://go.tcnpub.com/leader)



**Real Kids, Real Stories, Real Challenges**

Overcoming Adversity Around the World

GRL-Z+, high school–adult/Lexile 1000L

899465...~~\$14.99~~ **\$11.49**



**Real Kids, Real Stories, Real Change**

Courageous Actions Around the World

GRL-U, grade 5/Lexile 980L

899468...~~\$14.99~~ **\$11.49**



**Real Kids, Real Stories, Real Character**

Choices That Matter Around the World

GRL-W, grade 6/Lexile 980L

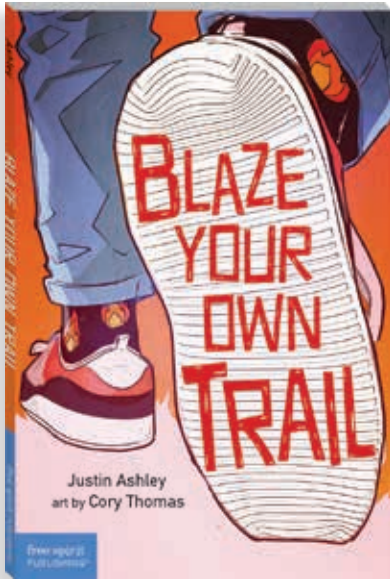
899471...~~\$14.99~~ **\$11.49**

“These amazing tales of brave heroes and heroines are inspirational and highly recommended.”

— Midwest Book Review



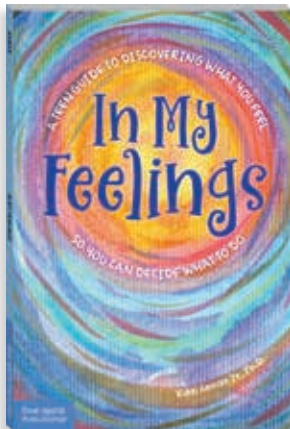
## Teen Mental Health Resources for Self-Discovery

**NEW!** **Blaze Your Own Trail****Ideas for Teens to Find and Pursue Your Purpose**by Justin Ashley,  
art by Cory Thomas

This book invites teens to consider their values, goals, and interests, and take steps toward building the life—and blazing the trail—they want for themselves. Teens explore a breadth of topics, from developing a vision for their future and boosting their self-regulation strategies and emotional intelligence to making time for rest, practicing gratitude, and connecting with others.

200 pp., two-color, PB, 6" x 9".  
Ages 13 and up.899883...~~\$17.99~~ **\$13.49**

Available October 2023

**NEW!** **In My Feelings****A Teen Guide to Discovering What You Feel So You Can Decide What to Do**

by Vidal Annan

The path to emotional health for teens lies in improving their ability to recognize, understand, manage, and use emotions—and this book helps them do that. Emotions are messengers, sources of information that teens can access and use to make decisions. The first part of the book explores what it means to be a teenager, what emotions are, and why people have them. The second part of the book delves into specific emotions that teens may be experiencing daily.

160 pp., 2-color, PB, 6" x 9". Ages 12 &amp; up.

134248...~~\$15.99~~ **\$11.99**

"It's a helpful and accessible guide for teens, and should make adolescent life just a little bit easier."

— Booklist


**Dream Up Now™****The Teen Journal for Creative Self-Discovery**

by Rayne Lacko, with community outreach advisor Lesley Holmes

This guided journal with a convenient lay-flat design offers a safe space for teens to creatively express *all* their emotions, discover more about themselves, and pursue what they want out of life. Teens will draw, create, listen to music, and put pen to paper in 36 activities crafted by creative community leaders across North America.

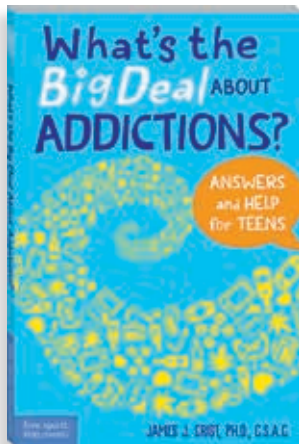
176 pp., 1-color, PB, lay-flat binding, 7¼" x 9¼". Ages 13 &amp; up.

GRL-Z+, grade high school–adult/Lexile 910L

 **DIGITAL CONTENT** includes student leadership guide and extra activities.899155...~~\$19.99~~ **\$14.99****NEW!**

Free Leader's Guide  
Available Online  
[www.tcpspub.com/leader](http://www.tcpspub.com/leader)

Expert Advice for Tackling Tough Topics



**What's the Big Deal About Addictions?**

**Answers and Help for Teens**

by James J. Crist, Ph.D.

From drugs and alcohol to pervasive use of electronic devices, more teens are exhibiting addictive behaviors. Written by a practicing psychologist and certified substance abuse counselor, this book gives teens accessible and reliable information about various types of addiction along with the addictive behavior and risks associated with each.

In an easy-to-read format, Dr. Crist explains the difference between casual use and addictive use. He then dives deeper into what teens can do to overcome their addictions including treatment options and tips to avoid relapse or developing a secondary addiction. Teen stories and quotes are included.

168 pp., 2-color, PB, 6" x 9". Ages 13 & up.

GRL-Z, grade 7/Lexile 1090L

899759...~~\$16.99~~ **\$12.99**

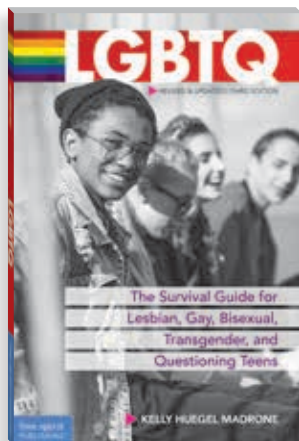
“A valuable resource for education and self-help.”

—Booklist

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**Meet the social, emotional, and educational needs of all students with practical and timely resources for children and teens, educators, and caregivers**

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**LGBTQ**

**The Survival Guide for Lesbian, Gay, Bisexual, Transgender, and Questioning Teens (Revised & Updated 3rd Edition)**

by Kelly Huegel Madrone, foreword by Jillian Weiss

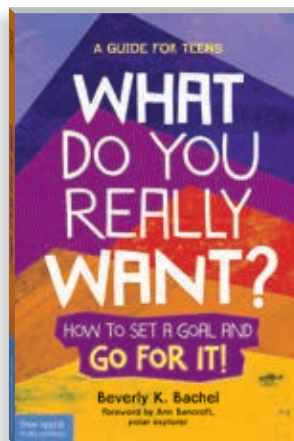
*LGBTQ* is the indispensable resource for lesbian, gay, bisexual, transgender, queer, and questioning teens—and their allies.

272 pp., 2-color, PB, 6" x 9". Ages 13 & up.

GRL-Z+, high school–adult/Lexile 1140L

899375...~~\$19.99~~ **\$14.99**

Starred Review,  
*School Library Journal*



**What Do You Really Want?**

**How to Set a Goal and Go for It! A Guide for Teens (Revised & Updated Edition)**

by Beverly K. Bachel

Setting and sticking to goals can ease stress and anxiety, boost concentration, and make life more satisfying. This trusted step-by-step guide helps teens articulate their goals and navigate the ups and downs of pursuing their goals.

160 pp., 2-color, PB, 6" x 9". Ages 11 & up.

GRL-Z, grades 7 & up/Lexile 950L

899738...~~\$17.99~~ **\$13.49**

“This book is a great choice for teens of all ages.”

—VOYA



## Expert Advice for Tackling Tough Topics

**Fighting Invisible Tigers**

**Stress Management for Teens  
(Revised & Updated 4th Edition)**

by Earl Hipp

Teens learn proven techniques and stress management skills to face the rigors of growing up. Packed with useful information on how stress affects physical and emotional health, readers will learn smart approaches to handle decision-making, easy steps toward greater assertiveness, relaxation and mindfulness exercises to focus their minds, time management skills to avoid feeling pressured, how to avoid online drama, positive self-talk techniques, and more!

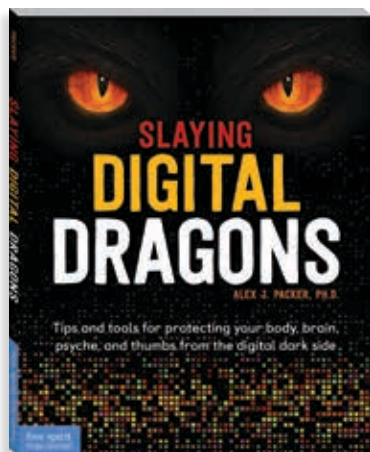
144 pp., 2-color, illust., PB, 6" x 9". Ages 11 & up.

GRL-Z+, high school-adult/Lexile 980L

 **DIGITAL CONTENT** includes guided meditations from the book.

899201...~~\$14.99~~ **\$11.49**

**Self-Help for Kids® and Self-Help for Teens® resources offer solutions to help young people succeed in school and life**

**Slaying Digital Dragons™**

**Tips and tools for protecting your body, brain, psyche, and thumbs from the digital dark side**

by Alex J. Packer, Ph.D., illustrated by Jon Davis

Without avoiding the dark side of technology, this book gives teens what they need to stay safe and take charge online. Pulling back the curtain on the hidden aspects of the digital world, award-winning author Alex J. Packer, Ph.D., guides readers through the process of evaluating their relationships with their screens, social media, and tech in general.

The book invites teens to join the resistance and learn how to thwart the manipulative forces trying to control and profit off their users. But it doesn't demand that readers ditch smartphones or deactivate social media. Instead, it suggests strategies for playing favorite games and posting on favorite apps while also doing good in the world and bringing joy and encouragement to others.

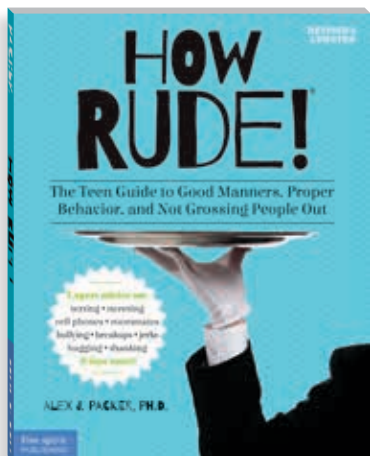
368 pp., illustrated, 1-color, PB, 7¼" x 9". Ages 13 & up.

GRL Z+, grade 8/Lexile 980L

899524...~~\$29.99~~ **\$22.49**

"This entertaining and thought-provoking tome takes on screen time and its impact on the teenage body, mind, and soul."

—Booklist

**How Rude!®**

**The Teen Guide to Good Manners, Proper Behavior, and Not Grossing People Out  
(Revised & Updated Edition)**

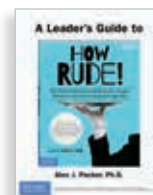
by Alex J. Packer, Ph.D.

Explaining etiquette from common courtesies to cell phone smarts to classroom decorum, Alex J. Packer blends outrageous humor with sound advice as he guides readers and explains why manners and etiquette are important—because people who know how to handle themselves in social situations come out on top, get what they want, feel good about themselves, and enjoy life to the fullest.

504 pp., illust., PB, 7¼" x 9". Ages 13 & up.

GRL-Z+, high school-adult/Lexile 910L

899258...~~\$29.99~~ **\$22.49**



Free Leader's Guide Available Online  
[go.tcmpub.com/leader](http://go.tcmpub.com/leader)

## Expert Advice for Tackling Tough Topics



### Teens & the Law Series

Judge Jacobs familiarizes young readers with our legal system, dispels myths and mysteries, and shows that the law is by and for the people—including teens. Each book offers discussion points, tips and advice, detailed resources, emergency hotlines, and probing questions for further reflection.

▶▶▶ SET OF 3 BOOKS: 899964...~~\$50.97~~ \$38.99

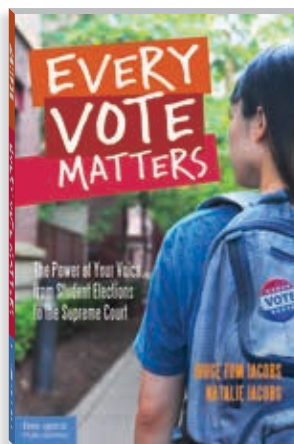
Judge Tom Jacobs's interactive website: [askthejudge.info](http://askthejudge.info)



**What Are My Rights?**  
Q&A About Teens and the Law  
(Revised & Updated 4th Edition)  
by Thomas A. Jacobs, J.D.

Answers to more than 100 questions about teens' legal rights and responsibilities.

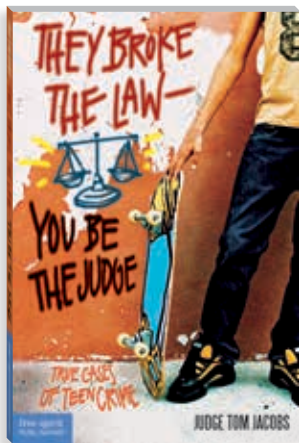
240 pp., PB, 6" x 9". Ages 12 & up.  
GRL-Z+, high school-adult/Lexile 1110L  
899735...~~\$16.99~~ \$12.99



**Every Vote Matters**  
The Power of Your Voice, from Student Elections to the Supreme Court  
by Thomas A. Jacobs, J.D., and Natalie C. Jacobs, J.D.

Explore crucial Supreme Court cases decided by a single vote, and why they matter to teens.

224 pp., PB, 6" x 9". Ages 13 & up.  
GRL-Z+, high school-adult/Lexile 1250L  
899172...~~\$16.99~~ \$12.99



**They Broke the Law—You Be the Judge**  
True Cases of Teen Crime  
by Thomas A. Jacobs, J.D.

Introduction to the juvenile justice system through real-life cases of teens in trouble with the law.

224 pp., PB, 6" x 9". Ages 12 & up.  
GRL-Z+, high school-adult  
Download free role plays at [go.tcmpub.com/roleplay](http://go.tcmpub.com/roleplay)  
899664...~~\$16.99~~ \$12.99



Free Lesson Plan Guide and Leader's Guide Available Online  
[go.tcmpub.com/leader](http://go.tcmpub.com/leader)



**When a Friend Dies**  
A Book for Teens About Grieving & Healing  
(Updated 3rd Edition)  
by Marilyn E. Gootman, Ed.D.

Sensitive advice and genuine understanding for teens coping with grief and loss.

136 pp., B&W photos, PB, 5" x 7". Ages 11 & up.  
GRL-Z, grades 7 & up/Lexile 790L  
899760...~~\$12.99~~ \$9.99



"It seems like everyone is staring at me." —Mei

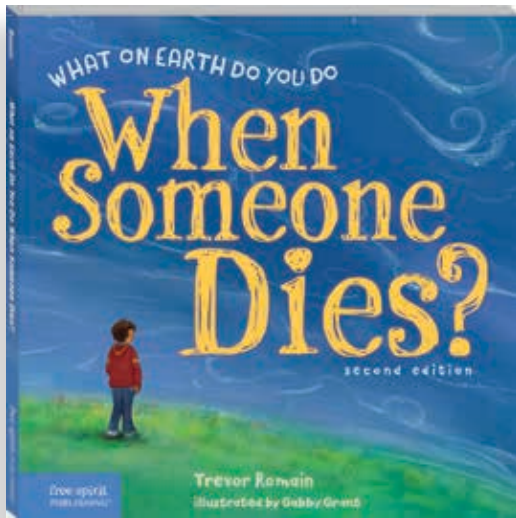
"Is there something wrong with me that I'm not crying?" —Jules

"Just because I seem okay on the outside doesn't mean I truly am." —Alexis Gendron





## Expert Advice for Tackling Tough Topics

**NEW!** What on Earth Do You Do When Someone Dies?

2nd Edition

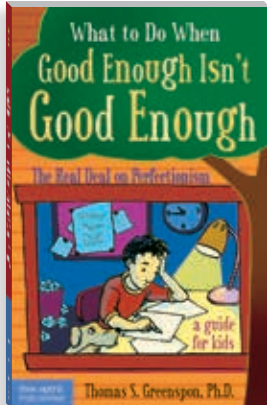
by Trevor Romain

Simple, insightful, and straight from the heart, this book is for any child who has lost a loved one or other special person. It speaks directly to kids about what death means and how to cope; tackles questions kids often ask (including the tough ones); and offers comfort and reassurance. It also suggests meaningful ways to honor and remember the person who has died.

80 pp., illust., PB, 8" x 8". Ages 5-10.

135140...~~\$12.99~~ \$9.99

Help young people tackle tough topics including grief and loss, stress and anxiety, social skills, and more

**What to Do When Good Enough Isn't Good Enough**

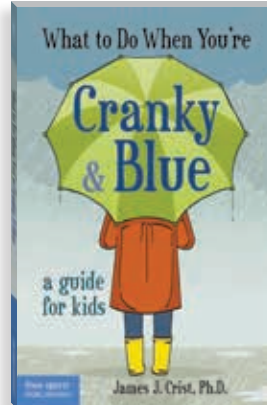
**The Real Deal on Perfectionism: A Guide for Kids**

by Thomas S. Greenspon, Ph.D.

Most children don't know what perfectionism is, yet many are budding perfectionists. Assignments are hard to complete. Relationships are more challenging; self-esteem is low. This book helps kids understand what perfectionism is, how it hurts them, and how to accept themselves as they are.

144 pp., 2-color, illust., PB, 5 1/2" x 8 1/2". Ages 9-13.

GRL-T, grade 5/Lexile 890L

899749...~~\$15.99~~ \$11.99**What to Do When You're Cranky & Blue**

**A Guide for Kids**

by James J. Crist, Ph.D.

Kids can turn to this book for support, encouragement, and ideas for coping when they feel bad, sad, grumpy, or lonely. Kids also discover ideas they can use to talk about feelings and take care of themselves. A special section addresses hard-to-handle problems like grief, roller-coaster feelings, and depression.

128 pp., 2-color, illust., PB, 5 1/2" x 8 1/2". Ages 9-13.

GRL-T, grade 5/Lexile 910L

899751...~~\$13.99~~ \$10.49**What to Do When You're Scared & Worried**

**A Guide for Kids**

by James J. Crist, Ph.D.

From a dread of spiders and fears, just like adults. This is a book kids can turn to when they need advice, reassurance, and ideas. They'll find out where fears come from, practice Fear Chasers and Worry Erasers, and learn to seek help for hard-to-handle fears they can't manage on their own.

128 pp., 2-color, illust., PB, 5 1/2" x 8 1/2". Ages 9-13.

GRL-T, grade 5/Lexile 930L

899754...~~\$13.99~~ \$10.49

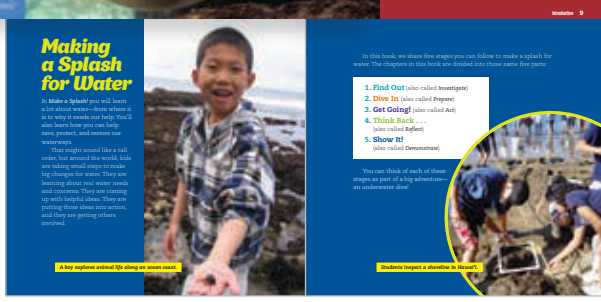
Encourage Community and Civic Engagement



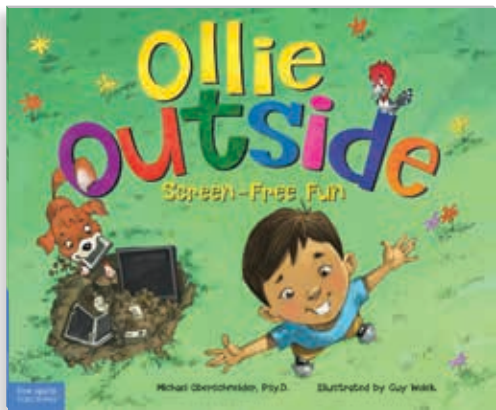
**NEW!** **Make a Splash!**  
**A Kid's Guide to Protecting Earth's Ocean, Lakes, Rivers & Wetlands**  
 by Cathryn Berger Kaye, M.A., and Philippe Cousteau with EarthEcho International  
 Teach elementary kids about the water crisis and empower them to take action.  
 140 pp., full-color, PB, 8" x 8".  
 Ages 8–12.  
 Grades 2–8/Lexile 820L  
 133094...~~\$17.99~~ **\$12.99**



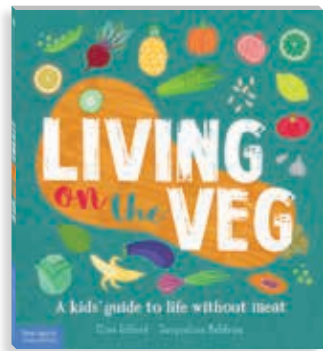
**NEW!** **Going Blue**  
**A Teen Guide to Saving Earth's Ocean, Lakes, Rivers & Wetlands**  
 by Cathryn Berger Kaye, M.A., and Philippe Cousteau with EarthEcho International  
 Encourage teens to learn about the water crisis and take action to protect and restore local waterways.  
 168 pp., full-color, PB, 6" x 9".  
 Ages 11 and up.  
 Grades 5 and up/Lexile 1130L  
 133091...~~\$16.99~~ **\$13.49**



Free Leader's Guides Available Online  
[go.tcmpub.com/leader](http://go.tcmpub.com/leader)



**Ollie Outside**  
**Screen-Free Fun**  
 by Michael Oberschneider, Psy.D., illustrated by Guy Wolek  
 Ollie tries to get his family to shut off their gadgets and play together.  
 32 pp., full-color, PB, 11¼" x 9¼".  
 Ages 4–8.  
 GRL-J, grade 1/Lexile 480L  
 899441...~~\$11.99~~ **\$8.99**



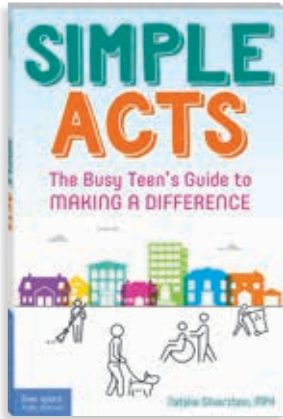
**Living on the Veg**  
**A kids' guide to life without meat**  
 by Clive Gifford and Jacqueline Meldrum  
 A lively guide explains why people "go veg" and how kids can change their diet to eat less meat.  
 80 pp., full-color, photos, HC, 8¼" x 9".  
 Includes 12 recipes for kids.  
 Ages 8–13.  
 GRL-U, grade 5/Lexile 1160L  
 899390...~~\$19.99~~ **\$14.99**



**Go Green!**  
**Join the green team and learn how to reduce, reuse, and recycle!**  
 by Liz Gogerly, illustrated by Miguel Sanchez  
 A kid-friendly story packed with practical ideas for going green and protecting the planet.  
 48 pp., full-color, HC, 8¼" x 10½".  
 Ages 8–12.  
 GRL-S, grade 4/Lexile 950L  
 899235...~~\$18.99~~ **\$14.49**



## Encourage Community and Civic Engagement



### Simple Acts

#### The Busy Teen's Guide to Making a Difference

by Natalie Silverstein, MPH

This book equips young people with the hands-on tools and know-how they need to make meaningful change on issues they care about. No matter how busy they are, all teens can find ideas in this book to make an impact, such as:

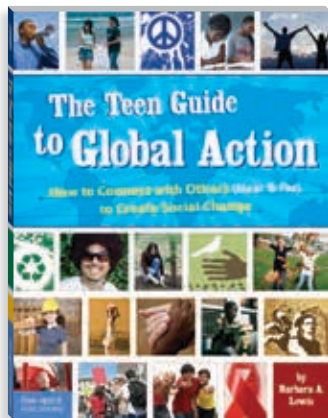
- honoring happy occasions by giving back
- raising money and awareness for the causes they care about
- harnessing the power of social media to spread positive messages

160 pp., 1-color, PB, 6" x 9". Ages 13 & up.

899521...~~\$15.99~~ **\$11.99**

"Simple Acts inspires the next generation of changemakers to find their passion for service and provides the tools they need to make a meaningful difference in the world, one small act at a time."

—Laura Benanti, Tony Award-winning actress, author, and activist



### The Teen Guide to Global Action

#### How to Connect with Others (Near & Far) to Create Social Change

by Barbara A. Lewis

Real-life stories, a rich menu of service opportunities, hands-on activities, and user-friendly tools inspire young readers to put their own volunteer spirit into practice.

144 pp., 2-color, illust., PB, 7" x 9".

Ages 12 & up.

GRL-Z, grades 7 & up

899662...~~\$19.99~~ **\$14.99**



### The Kid's Guide to Service Projects

#### Over 500 Service Ideas for Young People Who Want to Make a Difference (Updated 2nd Edition)

by Barbara A. Lewis

Hundreds of up-to-date service projects and ideas get kids involved in service learning. Endorsed by Youth Service America.

160 pp., 2-color, PB, 6" x 9". Ages 10 & up.

GRL-W, grade 6/Lexile 850L

899625...~~\$14.99~~ **\$11.49**



## Together in our World

Address news-cycle issues in a straightforward and kid-friendly way. These picture books explain tough topics and offer young readers ideas for what they can do to help make the world a better, fairer place. Each book has a glossary and additional resources.

Each book: 32 pp., full-color, HC, 8½" x 8½". Ages 6–10.

▶▶▶ SET OF 4 BOOKS: 899953...~~\$55.96~~ **\$41.99**



### Rules and Responsibilities

by Louise Spilsbury, illustrated by Hanane Kai

GRL-N, grade 3/Lexile 640L

899492...~~\$13.99~~ **\$10.49**



### Culture and Diversity

by Marie Murray, illustrated by Hanane Kai

GRL-N, grade 3/Lexile 870L

899136...~~\$13.99~~ **\$10.49**

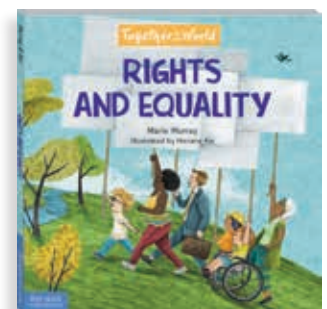


### Protecting the Planet

by Louise Spilsbury, illustrated by Hanane Kai

GRL-N, grade 3/Lexile 600L

899455...~~\$13.99~~ **\$10.49**



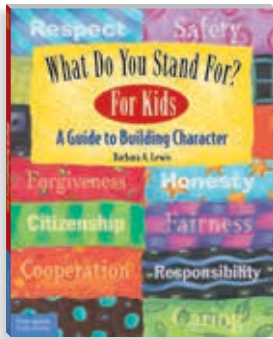
### Rights and Equality

by Marie Murray, illustrated by Hanane Kai

GRL-P, grade 3/Lexile 890L

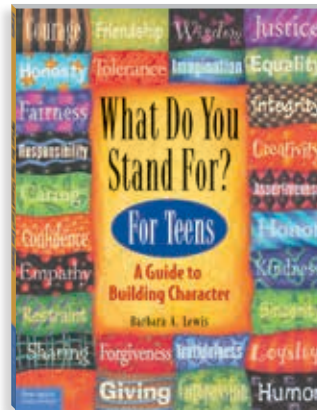
899488...~~\$13.99~~ **\$10.49**

## Build Positive Character Traits



### What Do You Stand For? For Kids

**A Guide to Building Character**  
by Barbara A. Lewis  
True stories, thought-provoking dilemmas, and activities help elementary school children build positive character traits.  
176 pp., illust., PB, 7¼" x 9". Ages 8–12.  
GRL-R, grade 4  
**899743...~~\$17.99~~ \$13.49**



### What Do You Stand For? For Teens

**A Guide to Building Character**  
by Barbara A. Lewis  
Invite teens to explore and practice honesty, kindness, integrity, tolerance, respect, and more. Includes inspiring quotations, thought-provoking dilemmas, activities, and stories about real kids.  
288 pp., B&W photos & illust., PB, 8½" x 11". Ages 11 & up.  
GRL-Z, grades 7 & up  
**899745...~~\$29.99~~ \$22.49**



### A Leader's Guide to What Do You Stand For? For Kids CD-ROM

144 pp., 60 reproducible forms. Mac and Windows compatible. Grades 2–6.  
**899373...\$19.95**



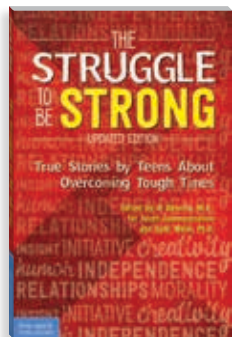
### What Do You Stand For? Character Building Card Game

Based on *What Do You Stand For? For Kids*, this card game spotlights ten character traits. Meant to be played with adult supervision.  
Pack of 60 cards, color, 3" x 4½", and 12-page fold-out insert. Grades 1–6.  
**899741...\$13.99**



### What Do You Stand For? Character Buttons

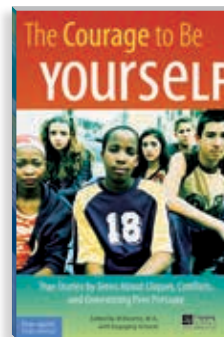
Packet of 40 1¼" buttons. Ages 7 & up.  
**899742...\$16.99**



### The Struggle to Be Strong

**True Stories by Teens About Overcoming Tough Times (Updated Edition)**

edited by Al Desetta, M.A., for *Youth Communication*, and Sybil Wolin, Ph.D.  
In 30 first-person narratives, teen writers tell about overcoming obstacles in their lives, including new stories about social media and gender identity.  
184 pp., PB, 6" x 9". Ages 13 & up.  
GRL-Z, high school–adult  
**899639...~~\$18.99~~ \$14.49**



### The Courage to Be Yourself

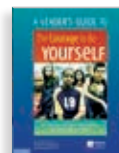
**True Stories by Teens About Cliques, Conflicts, and Overcoming Peer Pressure**

edited by Al Desetta, M.A., with *Engaging Schools*  
In 26 first-person stories, teens write about their lives with searing honesty, inspiring readers to reflect on their own lives, work through their problems, and learn who they really are.  
160 pp., PB, 6" x 9". Ages 13 & up.  
GRL-Z+, high school–adult  
**899617...~~\$15.99~~ \$11.99**



### A Leader's Guide to The Struggle to Be Strong How to Foster Resilience in Teens (Updated Edition)

by Sybil Wolin, Ph.D., Al Desetta, M.A., and Keith Hefner of *Youth Communication*  
176 pp., PB, 8½" x 11". Grades 7–12.  
**899007...\$27.99**



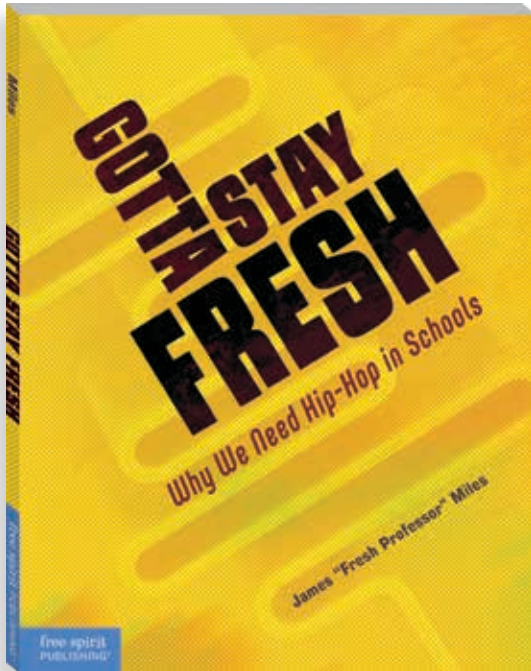
### A Leader's Guide to The Courage to Be Yourself

by Al Desetta, M.A., and Sherrie Gammage, Ed.D., with *Engaging Schools*  
168 pp., PB, 8½" x 11". Grades 7–12.  
**899004...\$27.99**





Meet the Needs of Today's Youth



**NEW!** **Gotta Stay Fresh**

**Why We Need Hip-Hop in Schools**

by James "Fresh Professor" Miles

Hip-hop education helps teachers engage and connect with all learners. By infusing lessons with content that is relevant to students' lives, inspires their curiosity, and fires up their intellect, teachers can use hip-hop education to help students better take in information and think critically about concepts, inside and outside the classroom. This must-have resource uses classroom anecdotes, personal storytelling, and easy-to-grasp ideas to engage and inspire teachers to integrate hip-hop concepts and ideas into their classrooms.

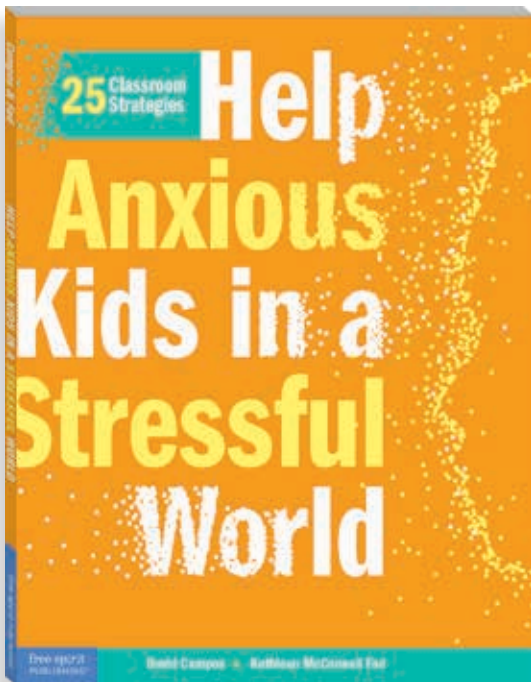
240 pp., two-color, PB, 7.25" x 9.25".

Grades K-12.

 **DIGITAL CONTENT TK**

133213...\$34.99

Available December 2023



**NEW!** **Help Anxious Kids in a Stressful World**

**25 Classroom Strategies**

by David Campos and Kathleen McConnell Fad

Equip teachers with the knowledge and tools needed to address child and adolescent anxiety at a critical moment. This must-have resource offers standalone action strategies for classroom use, including a matrix to identify which strategies may be most useful for specific situations. Regardless of prior knowledge and background, teachers can find a wide range of easy-to-understand and useful instructional tools to address anxiety.

186 pp., two-color, PB, 8.5" x 11".

Grades K-12.

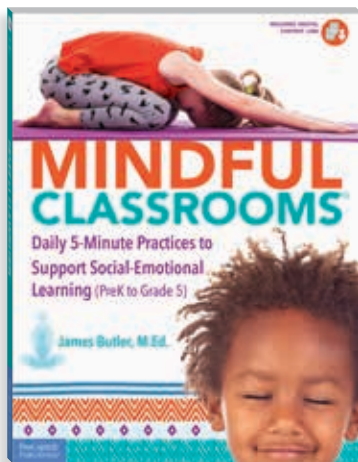
 **DIGITAL CONTENT** includes reproducible activity pages from the book.

136018...\$39.99

Available November 2023



Increase Mindfulness with Easy-to-Use Activities



**Mindful Classrooms™**

**Daily 5-Minute Practices to Support Social-Emotional Learning (PreK to Grade 5)**

by James Butler, M.Ed.

Used in over a thousand classrooms across the United States, this immediately accessible resource helps teachers integrate mindfulness activities into their classrooms in just three to five minutes a day. With full-color photos and simple instructions, the 36 weeks of activities can help children increase self-awareness and self-management, and improve responsible decision-making, social awareness, consideration toward others, and patience.

192 pp., full color, PB, 8½" x 11". Grades preK–5.

 **DIGITAL CONTENT** includes all the reproducible forms from the book.

899413...\$36.99

“This book can help educators foster a more mindful classroom in which to support their students’ social and emotional learning.”

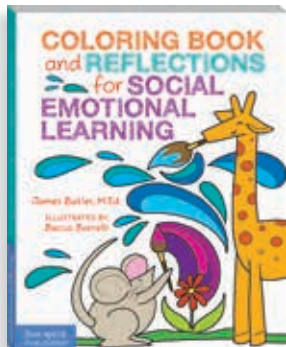
—Laurie Grossman, director of social justice and educational equity, Inner Explorer, Inc.



**Mindfulness in a Jar®**

140993...~~\$12.99~~ \$9.99

**Spanish Edition**



**Coloring Book and Reflections for Social Emotional Learning**

899115...~~\$11.99~~ \$8.99



**Libro para colorear y reflexiones para el aprendizaje socioemocional**

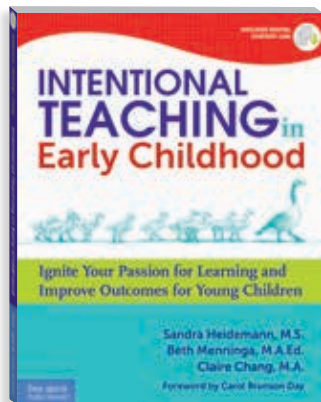
899378...~~\$11.99~~ \$8.99

**Coloring Book and Reflections for Social Emotional Learning**

by James Butler, M.Ed., illustrated by Becca Borrelli

This coloring book’s unique approach effectively combines mindfulness and SEL to reinforce the lessons in Mindful Classrooms. The coloring book can be used both in the classroom and at home. Each of the SEL topics features two pages of activities and prompts with topics ranging from positive self-talk to empathy to trying your best.

80 pp., PB, 6" x 7½". Grades preK–5.




**Intentional Teaching in Early Childhood**

**Ignite Your Passion for Learning and Improve Outcomes for Young Children**

by Sandra Heidemann, M.S., Beth Menninga, M.A.Ed., and Claire Chang, M.A., foreword by Carol Brunson Day

This essential professional development resource provides advice for early childhood educators who are navigating demands and changes in their careers. They will find in-depth tools for examining their philosophy; a framework for learning, practicing, and sharing new teaching strategies; and techniques for problem-solving and assertiveness.

216 pp., PB, 7¼" x 9¼". Early childhood.

 **DIGITAL CONTENT** includes all of the book’s customizable and printable forms and a PDF presentation.

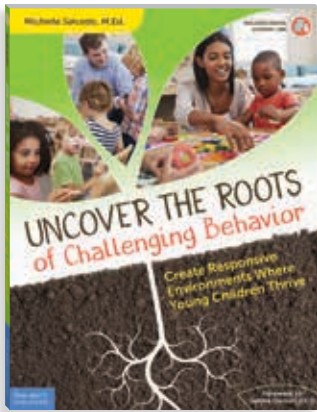
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go.tcmpub.com/PLC

899335...\$29.99

“A valuable resource for developing teacher intentionality, professionalism, and leadership.”

—Margie Carter, coauthor of *Training Teachers: A Harvest of Theory and Practice*; *The Visionary Director*; and *Learning Together with Young Children*

Early Childhood Education Professional




**Uncover the Roots of Challenging Behavior**

**Create Responsive Environments Where Young Children Thrive**

by Michelle Salcedo, M.Ed.

This book can be used by individual educators and early childhood education systems to reduce challenging behaviors and nurture the growth of all children. Learn how to focus on supporting skill development rather than punishing actions. Understand the role of the classroom environment and how to adjust routines and activities to effectively respond to and prevent problem behaviors.

192 pp., PB, 8½" x 11". Birth-age 6.

 **DIGITAL CONTENT** includes a PDF presentation for professional development and all forms from the book.

**FREE PLC** PLC/Book Study Guide  
[go.tcnpub.com/PLC](http://go.tcnpub.com/PLC)

899679...\$37.99

“A comprehensive manual for teachers and other adults who work with young students whose behavior is considered challenging. Recommended.”

—School Library Connection




**A Moving Child Is a Learning Child**  
**How the Body Teaches the Brain to Think (Birth to Age 7)**

by Gill Connell and Cheryl McCarthy

Grounded in best practices and research, this unique hands-on resource connects the dots that link brain activity, motor and sensory development, movement, and early learning. The authors present the Kinetic Scale, a visual map that fits each child's individual timetable. Find a wealth of information, actionable tips, and games to support children's healthy development.

336 pp., full color, photos, PB, 7¼" x 9¼".

Birth-age 7.

 **DIGITAL CONTENT** includes a Powerpoint presentation for professional development and printable charts, games, and activities from the book, plus parent handouts and bonus activities.

899008...\$44.99

Watch the author video at  
[go.tcnpub.com/movingchild](http://go.tcnpub.com/movingchild).



**Move, Play, and Learn with Smart Steps**

**Sequenced Activities to Build the Body and the Brain (Birth to Age 7)**

by Gill Connell, Wendy Pirie, M.H.Sc., and Cheryl McCarthy

Build the body-brain connection with hundreds of step-by-step activities that help children develop physical, cognitive, social, and emotional foundations for early learning and school readiness. Grounded in best practices and research, this book is both a hands-on resource for any classroom teacher, care provider, or parent and an ideal tool for coaches, mentors, and professional development trainers. The full-color format includes teaching tips, diagrams and photos, and an observational assessment tool.

216 pp., full color, photos, PB, 8½" x 11".

Birth-age 7.

 **DIGITAL CONTENT** includes all the activities from the book: 50 activity sets with 900 total activities.

899422...\$36.99

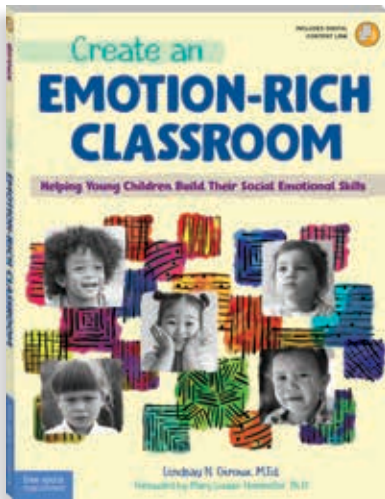


“With a wealth of information and a plethora of ideas for implementation, this book is a must-read for . . . anyone working with young children.”

—San Francisco Book Review



Early Childhood Education Professional




**Create an Emotion-Rich Classroom**

**Helping Young Children Build Their Social Emotional Skills**

by Lindsay N. Giroux, M.Ed., with foreword by Mary Louise Hemmeter, Ph.D.

An emotion-rich classroom intentionally surrounds children with social emotional learning experiences and supportive interactions. It's about teaching emotional literacy and vocabulary with explicit lessons, but it's also about responding when a child is upset, modeling how to cope with frustration, discussing emotions in storybooks, and asking children to share examples of emotions from their own lives. This book provides frameworks for planning and implementing strategies to support emotional development in children.

240 pp., 2-color, PB, 8½" x 11". Early childhood.

 **DIGITAL CONTENT** includes checklists, planning sheets, and other materials to support educators as they build an emotion-rich classroom.

**FREE PLC** PLC/Book Study Guide  
[go.tcmpub.com/PLC](http://go.tcmpub.com/PLC)

899129...\$34.99

“Full of information on effective practices for supporting children’s emotional development, with concrete examples of how to implement these practices in early childhood classrooms.”

—Mary Louise Hemmeter, Ph.D., Nicholas Hobbs Chair in Special Education and Human Development, Vanderbilt University




**Big Conversations with Little Children**

**Addressing Questions, Worries, and Fears**

by Lauren Starnes, Ed.D.

Tough questions are part of educators’ regular interactions with children and families. Based on children’s actual questions, this book is formatted to be immediately accessible with guidelines for having conversations with children—and their families—as well as guidance on how to approach specific issues about family, illness and death, social issues, and large-scale crises.

192 pp., PB, 8½" x 11". Early childhood.

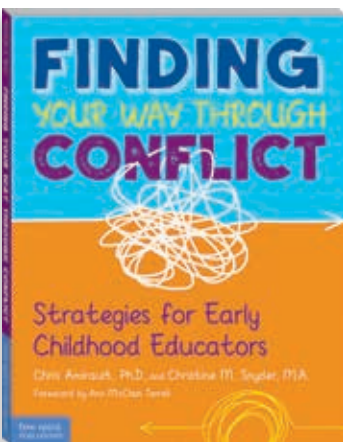
 **DIGITAL CONTENT** includes family take-home information sheets for each topic.

899068...\$34.99



“One of the most important books for everyone who works with young children to read during these turbulent and uncertain times.”

—Barbara Kaiser, co-author, *Challenging Behavior in Young Children and Addressing Challenging Behavior: The Leader’s Role*



**Finding Your Way Through Conflict**

**Strategies for Early Childhood Educators**

by Chris Amirault, Ph.D., and Christine M. Snyder, M.A.

In early childhood education settings, conflicts are inevitable. And they can quickly multiply and become unmanageable. The engaging, real-life conflict scenarios in this book will help educators learn the self-reflection, understanding, and vulnerability needed to tackle difficult conversations. With concrete steps and strategies, educators will be able to strengthen their relationships, create more equitable communities, and improve their impact on young children.

176 pp., 1-color, PB, 7¾" x 9¾". Early childhood.

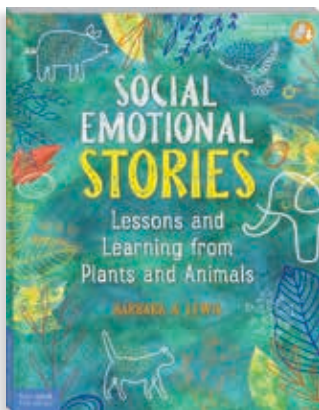
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899204...\$29.99

“A timely and timeless book for early childhood educators seeking to improve the early childhood experience for all children and adults.”

—Iheoma U. Iruka, Ph.D., chief research innovation officer and director of the Center for Early Education Research & Evaluation, HighScope Educational Research Foundation

Improve SEL and EQ



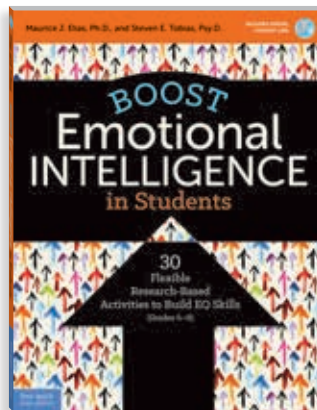
**Social Emotional Stories**  
Lessons and Learning from Plants and Animals

by Barbara A. Lewis  
This book makes social emotional learning (SEL) fun and engaging with 24 interdisciplinary, flexible lessons for elementary students. Within each lesson, educators will find an SEL objective with specific concepts like “goal-setting” and “inner strength,” an engaging story that focuses on a distinctive quality of either a plant (like the inner strength of bamboo) or an animal (like the courage of a pig); and multiple thought-provoking activities that are quick, easy, and require few supplies.

176 pp., illustrations, PB, 8½" x 11".  
Grades 2–5.

 **DIGITAL CONTENT** includes full-color images of every plant/animal as well as reproducible forms that help students further explore concepts from the stories.

899531...\$34.99



**Boost Emotional Intelligence in Students**

**30 Flexible Research-Based Activities to Build EQ Skills (Grades 5–9)**

by Maurice J. Elias, Ph.D., and Steven E. Tobias, Psy.D.

Evidence shows that emotional intelligence (EQ) is essential to success in college, careers, and life. Written by two EQ experts, this practical resource describes what EQ is and how to develop it in all students. The book gives educators 30 hands-on, research-based lessons designed to fit the developmental needs and strengths of adolescents, detailed yet flexible guidelines for teaching EQ skills, implementation strategies that will work for any educator, and more.

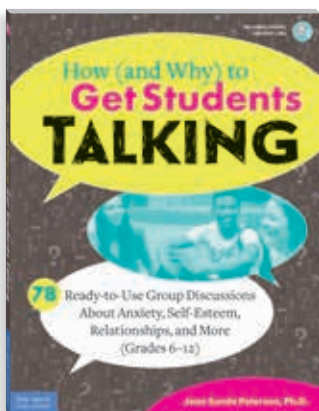
192 pp., PB, 8½" x 11". Grades 5–9.

 **DIGITAL CONTENT** includes reproducible forms.

899071...\$39.99

“A valuable resource”

—Roger P. Weissberg, Ph.D., chief knowledge officer, Collaborative for Academic, Social, and Emotional Learning (CASEL)



**How (and Why) to Get Students Talking**

**78 Ready-to-Use Group Discussions About Anxiety, Self-Esteem, Relationships, and More (Grades 6–12) (Revised & Updated Edition)**

by Jean Sunde Peterson, Ph.D.

This updated edition addresses the unique issues faced by today’s middle and high school students. Through guided group discussions, young people gain self-awareness, build important verbal communication skills, cope with difficult emotions, practice problem-solving, and more.

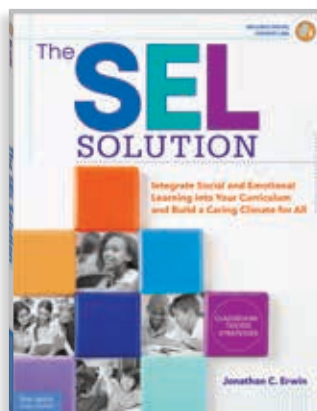
296 pp., PB, 8½" x 11". Grades 6–12.

 **DIGITAL CONTENT** includes reproducible forms from the book.

899255...\$42.99

“Dr. Peterson has created an incredible and beneficial tool to help lead teen group discussions.”

—Amanda Wicinski Smith, M.S., NCC, school counselor, Round Lake High School



**The SEL Solution**

**Integrate Social and Emotional Learning into Your Curriculum and Build a Caring Climate for All**

by Jonathan C. Erwin, M.A.

This book provides everything teachers need to create a safe and positive learning environment. With dozens of fun and easy-to-do lessons and activities, educators have a clear path to integrate SEL lessons into social studies and language arts curriculum as well as throughout the school day. Additional sections for SEL directors and school leaders offer a blueprint for building a school-wide community that:

- helps students and staff master critical social and emotional skills
- engages everyone—kids and adults—in effective, compassionate behavior management strategies
- increases student success

200 pp., PB, 8½" x 11". Grades K–12. 60 lessons and activities.

 **DIGITAL CONTENT** includes customizable forms from the book.

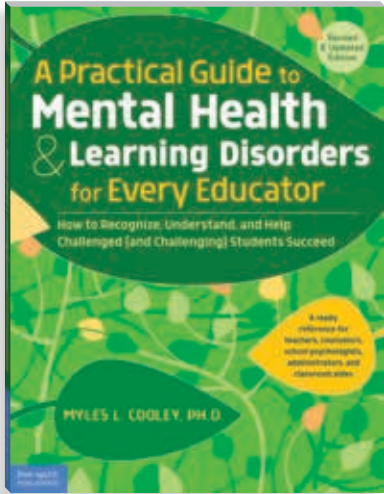
899636...\$39.99

“A valuable resource for educators to use in classrooms or throughout a school.”

—School Administrator magazine



Counseling and Mental Health




**A Practical Guide to Mental Health & Learning Disorders for Every Educator**  
**How to Recognize, Understand, and Help Challenged (and Challenging) Students Succeed**  
**(Revised & Updated Edition)**

by Myles L. Cooley, Ph.D.

This accessible, ready-to-use guide helps teachers identify how each disorder or difficulty might be exhibited in the classroom and offers straightforward suggestions for what to do (and what not to do). Written in user-friendly, jargon-free language, this book provides information educators can use immediately. Included are:

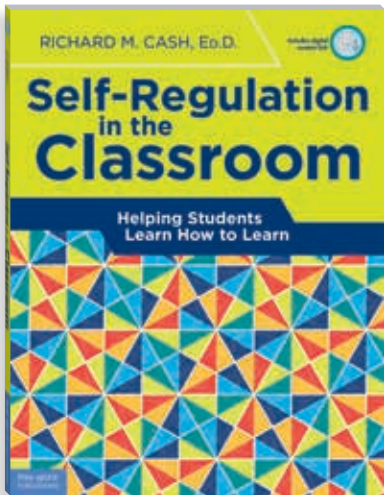
- a comprehensive reference to current information, research, and classroom interventions
- brief, accessible overviews of issues including communication disorders, self-injury, ADHD, disruptive mood dysregulation disorder, autism spectrum disorder, adverse childhood experiences, and much more
- ways to modify classroom environments and curricula to be more culturally responsive
- strategies for incorporating RTI, PBIS, and 504 plan accommodations for students

256 pp., PB, 8½" x 11". Grades K–12.

 **DIGITAL CONTENT** includes a PDF presentation for professional development and all of the book's customizable forms.

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[go.tcmpub.com/PLC](http://go.tcmpub.com/PLC)

899011...\$42.99



**Self-Regulation in the Classroom**


**Helping Students Learn How to Learn**

by Richard M. Cash, Ed.D.

Give students the tools to manage impulses, stay focused on tasks through completion, and develop a sense of autonomy in learning to achieve academic success. In this user-friendly, comprehensive guide, educators will find strategies and ideas to help students—with special needs and without—become independent and engaged learners, including ways for them to:

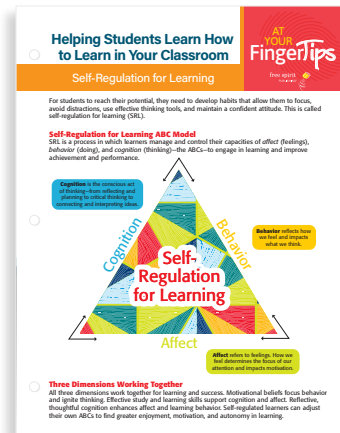
- boost their confidence
- avoid distraction
- develop effective study habits
- set and achieve goals
- use failure as a learning tool
- reflect and relax

184 pp., PB, 8½" x 11". Grades K–12.

 **DIGITAL CONTENT** includes a PDF presentation for professional development and all the reproducible forms from the book.

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899502...\$39.99

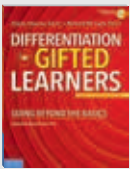




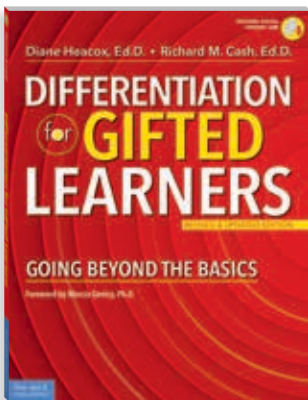
**Master effective, innovative SEL strategies with our research-based professional development and teaching resources**

**NEW!** At Your Fingertips:  
**Helping Students Learn How to Learn in Your Classroom**

134670...\$12.99

Choose the resources that meet your needs:

For teachers and schools with larger groups of gifted kids	For teachers and counselors of gifted kids, especially in schools with no gifted program	For all teachers, regardless of grade level or subject area
 <p><b>Differentiation for Gifted Learners</b></p>	 <p><b>The Power of Self-Advocacy for Gifted Learners</b></p>	 <p><b>Teaching Gifted Kids in Today's Classroom</b></p>
<p>Ideal for pull-out programs, gifted magnates, and regular classes with exceptionally gifted learners.</p>	<p>A practical method for teaching gifted students how to advocate for their own learning needs in school.</p>	<p>Essential resource with hundreds of strategies for every teacher in an inclusion classroom, pull-out program, or gifted magnate.</p>



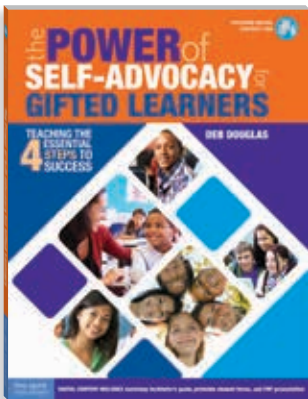
**Differentiation for Gifted Learners**  
**Going Beyond the Basics (Revised & Updated Edition)**  
 by Diane Heacox, Ed.D., and Richard M. Cash, Ed.D.

This leading resource connects the unique learning differences among gifted students to methods for differentiated instruction. The updated edition includes discussions of underserved learners, a new strategy to increase curricular depth and complexity, information about learning orientations, the pros and cons of co-teaching, tools to increase achievement (plus a discussion of “underlearning”), and guidelines for grading.  
 264 pp., PB, 8½" x 11". Grades K–12.

 **DIGITAL CONTENT** includes a PDF presentation for professional development and customizable reproducible forms.

 **FREE PLC/Book Study Guide**  
[go.tcmpub.com/PLC](http://go.tcmpub.com/PLC)


899146...\$42.99



**The Power of Self-Advocacy for Gifted Learners**  
**Teaching the 4 Essential Steps to Success**  
 by Deb Douglas

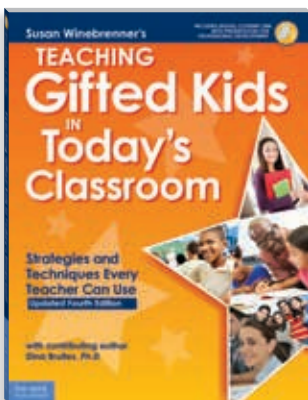
Many bright students struggle because they have never been taught how to ask for what they really need to improve their school experience. This guide, grounded in solid theory and years of practice, shows educators how to teach self-advocacy skills in four essential steps. Gifted learners will understand their rights and responsibilities, develop their learner profiles, investigate available options and opportunities, and connect with advocates.

208 pp., PB, 8½" x 11". Grades 5–12.

 **DIGITAL CONTENT** includes a workshop facilitator's guide, a PDF presentation for use in workshops, pre- and post-workshop student surveys, and customizable forms.

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899630...\$39.99



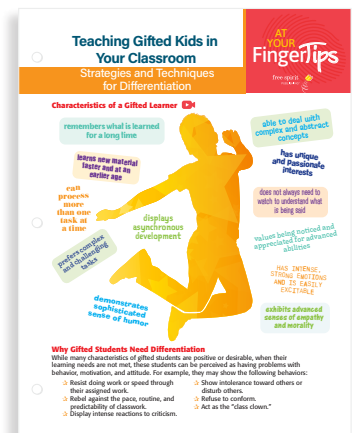
**Teaching Gifted Kids in Today's Classroom**  
**Strategies and Techniques Every Teacher Can Use (Updated 4th Edition)**  
 by Susan Winebrenner, M.S., with Dina Brulles, Ph.D.

This is the definitive guide to meeting the learning needs of gifted students in the mixed-abilities classrooms. Included are classroom-tested strategies for differentiating skill work, as well as information on planning curriculum for all students, supporting curriculum standards and increasing rigor, boosting critical-thinking skills, using assessments and technology, and serving gifted kids with special needs.

256 pp., PB, 8½" x 11". Grades K–12.

 **DIGITAL CONTENT** includes a PDF presentation for professional development and 60 customizable printable forms, 22 additional extension menus for primary and upper grades, and a parent supplement.

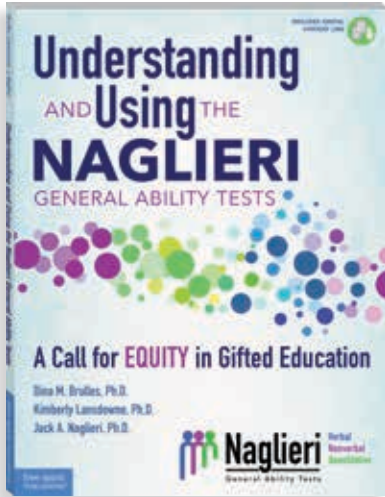
899589...\$43.99



**NEW!** **At Your Fingertips: Teaching Gifted Kids in Your Classroom**  
 134671...\$12.99



Gifted and Advanced Learners



**Understanding and Using the Naglieri General Ability Tests**

**A Call for Equity in Gifted Education**

by Dina M. Brulles, Ph.D., Kimberly Lansdowne, Ph.D., and Jack A. Naglieri, Ph.D.

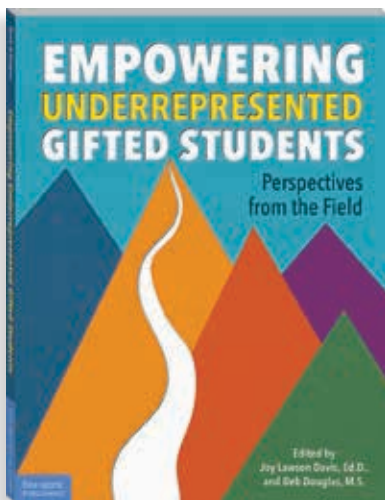
Designed for use with the Naglieri General Ability Tests, this book will help educators, administrators, and school psychologists support students who have taken or will take the tests. This companion offers the *why*, *how*, and *what now*:

- **Why** there is a need for these new ability tests for gifted identification
- **How** these new tests and test data are used most effectively to identify diverse groups of gifted students
- **What** educators can do **now** to create more equitable and inclusive gifted programs and services

152 pp., PB, 8½" x 11". Grades K–12.

 **DIGITAL CONTENT** includes reproducible forms from the book.

899826...\$39.99



**Empowering Underrepresented Gifted Students**

**Perspectives from the Field**

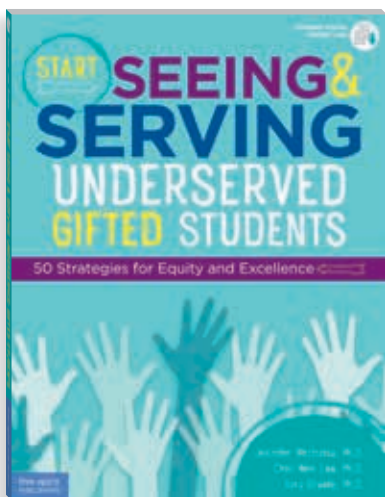
edited by Joy Lawson Davis, Ed.D., and Deb Douglas, M.S.

In gifted education, an important and contentious issue that has yet to be sufficiently addressed is the systemic underrepresentation of gifted students who have been discriminated against in school-based gifted and advanced learner programs because of their race, ethnicity, gender identity, sexual orientation, socioeconomic status, or other realities. This book gives a voice to those students and brings their stories into focus.

Nearly 30 contributors in the field of gifted education share their knowledge to help educators move closer to ensuring equity, access, and excellence in gifted education. By arming historically marginalized gifted students with self-advocacy strategies, these remarkable students will be better enabled to fulfill their dreams.

208 pp., 1-color, PB, 8½" x 11". Grades K–12.

899166...\$42.99



**Start Seeing and Serving Underserved Gifted Students**

**50 Strategies for Equity and Excellence**

by Jennifer Ritchotte, Ph.D., Chin-Wen Lee, Ph.D., and Amy Graefe, Ph.D.

This reader-friendly guide promotes equity in gifted education by providing educators with a variety of flexible tools to nurture the academic and affective growth of their gifted students from traditionally underserved populations—including English language learners, twice-exceptional students, and economically disadvantaged students. Strategies address how teachers can see, challenge, and advocate for their underserved gifted learners in all content areas.

192 pp., PB, 8½" x 11". Grades K–12.

 **DIGITAL CONTENT** includes a PDF presentation for professional development and all forms from the book.

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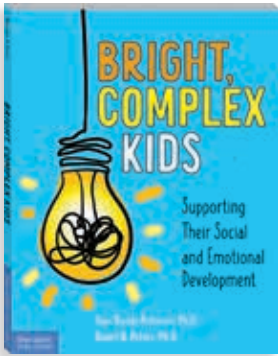
899552...\$42.99

"A valuable tool that is greatly needed to identify, understand, and meet the needs of underserved gifted students whose potential, creativity, curiosity, and gifts must be nurtured and developed."

—Lois Baldwin, Ed.D., 2e educational consultant and president and cofounder of the Association for the Education of Gifted Underachieving Students (AEGUS)



Gifted and Advanced Learners



**Bright, Complex Kids**

**Supporting Their Social and Emotional Development**

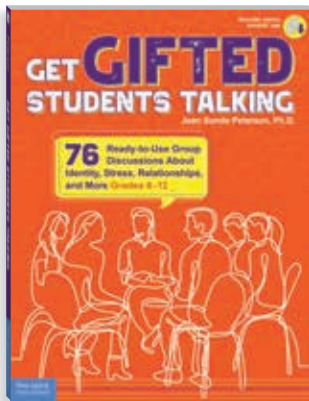
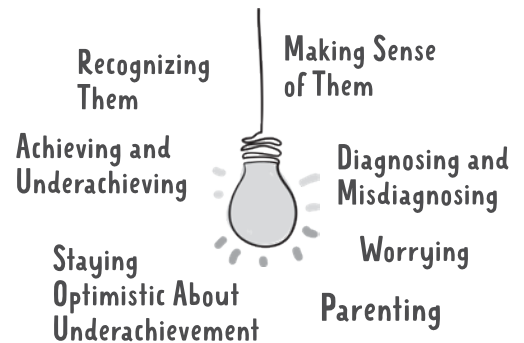
by Jean Sunde Peterson, Ph.D., and Daniel B. Peters, Ph.D.

Many bright kids do not feel understood or supported. This book offers ideas for gaining entrance to their internal world, including how and why to listen and respond, self-monitor adult biases, avoid communicating awe of high ability, apply knowledge of learning disabilities, and help high-ability children and teens make sense of themselves. Additional information is provided about characteristics, anxiety, perfectionism, resilience, underachievement, twice-exceptionality, and hidden distress.

152 pp., 1-color, PB, 7¼" x 9¼". Grades K–12.

**FREE PLC/Book Study Guide**  
[go.tcnpub.com/PLC](http://go.tcnpub.com/PLC)

899078...\$34.99




**Get Gifted Students Talking**

**76 Ready-to-Use Group Discussions About Identity, Stress, Relationships, and More (Grades 6–12) (Updated Edition)**

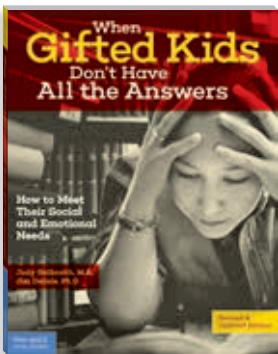
by Jean Sunde Peterson, Ph.D.

This updated edition provides guided discussions to address the particular issues, concerns, and needs faced today by gifted students in middle school and high school. Introductory and background materials prepare group leaders of all experience levels to feel confident as facilitators and easily customize discussions.

304 pp., PB, 8½" x 11". Grades 6–12.

 **DIGITAL CONTENT** includes all the reproducible forms from the book.

899227...\$42.99



**When Gifted Kids Don't Have All the Answers**

**How to Meet Their Social and Emotional Needs (Revised & Updated Edition)**

by Judy Galbraith, M.A., and Jim Delisle, Ph.D.


Gifted kids are so much more than test scores, grades, and "learning potential." And it's sometimes difficult to see past the potential to the child who may be anxious, lonely, confused, or unsure of what the future will bring. This one-of-a-kind guide offers practical suggestions for addressing the social and emotional needs of gifted students.

The expert authors present ways to:

- provide all gifted kids with a safe, supportive learning environment
- help gifted underachievers, perfectionists, and twice-exceptional students
- advocate for gifted education

Complete with engaging stories, strategies, Q&As, essays, activities, and resources, this book is for anyone committed to helping gifted students thrive.

288 pp., B&W photos, PB, 7¼" x 9¼". Grades K–9.

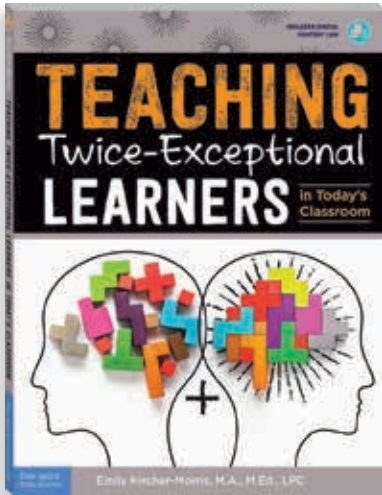
 **DIGITAL CONTENT** includes reproducible forms from the book, teacher inventory, and student questionnaire.

899763...\$29.99





Learning Supports




**Teaching Twice-Exceptional Learners in Today's Classroom**

by Emily Kircher-Morris, M.A., M.Ed., LPC

Twice-exceptional (2e) learners have often been misunderstood, disciplined, unchallenged, and left behind. They're called lazy and unmotivated. But they're not: a diagnosis, such as ADHD, autism spectrum disorder, or anxiety, masks their giftedness. Or their giftedness blocks educators from seeing their struggles. Often, educators don't have the tools to meet their needs.

This book bridges that gap to help teachers recognize, support, and meet the academic, social, and emotional needs of 2e students.

248 pp., 1-color, PB, 8½" x 11". Grades K-12.

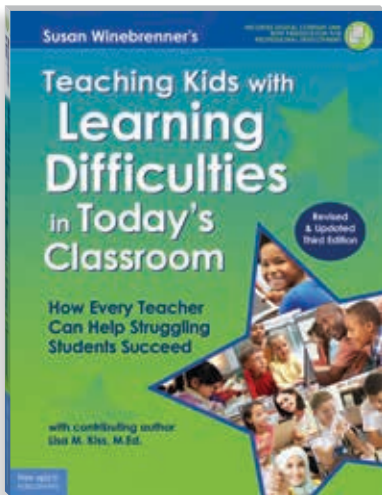
 **DIGITAL CONTENT** includes reproducible forms from the book.

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899600...\$42.99

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at go.tcmpub.com/PLC



**Teaching Kids with Learning Difficulties in Today's Classroom**


**How Every Teacher Can Help Struggling Students Succeed (Revised & Updated 3rd Edition)**

by Susan Winebrenner, M.S., with Lisa M. Kiss, M.Ed.

Support kids with learning difficulties in any classroom with an emphasis on teaching students in the ways they learn best. This practical resource:

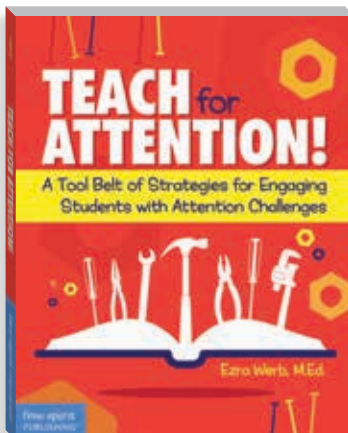
- presents classroom-tested strategies for working in all subject areas
- provides information on integrated learning, problem-solving, and critical thinking in line with state standards and twenty-first-century skills
- reflects the use of technology and schoolwide cluster grouping in support of all students
- provides information for working with students on the autism spectrum and "tech tips" useful for kids with LD

288 pp., PB, 8½" x 11". Grades K-12.

 **DIGITAL CONTENT** includes a PDF presentation for professional development, all of the book's customizable forms, and additional content organization charts.

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899597...\$42.99



**Teach for Attention!**

**A Tool Belt of Strategies for Engaging Students with Attention Challenges**

by Ezra Werb, M.Ed.

This handy resource helps teachers boost student engagement with classroom-tested strategies without needing to change their teaching style or revamp the curriculum. It's a strength-based, positive approach to engaging students with ADHD and other attention challenges. Through real-world stories and its conversational style, this book goes beyond behavior management to address students' confidence, anxiety, interest, self-awareness, sensory needs, and mental energy.

208 pp., PB, 6" x 7½". Grades K-8.

899581...\$19.99

Multi-Tiered Systems of Support (MTSS)



**RTI Success**

- You use RTI to meet students' unique learning needs
- You use another academic intervention program and want to enhance its success
- You work with students with special needs and want effective ways to assess/instruct them
- Your school needs an academic intervention resource to pair with your positive behavior program



**The PBIS Team Handbook**

- Your school is implementing PBIS and you need a solid understanding of the process
- Your school's current PBIS program is not yielding the results you want and is not sustainable
- Your school needs a comprehensive solution to address behavior challenges
- Your school needs a positive behavior resource to integrate with your academic intervention program

Use **RTI Success** and **The PBIS Team Handbook** together to launch—or improve—a schoolwide or districtwide MTSS initiative to address **both academic and behavioral** interventions and supports simultaneously.



**RTI Success**


**Proven Tools and Strategies for Schools and Classrooms (Revised & Updated Edition)**

by Elizabeth Whitten, Ph.D., Kelli J. Esteves, Ed.D., and Alice Woodrow, Ed.D.

This all-in-one resource provides information on Response to Intervention (RTI) as well as step-by-step administrator guidelines and practical teacher tools for implementation. This updated edition provides the *what* and *how-to* information that educators ask for:

- 100+ teacher-friendly, research-based strategies for targeting specific skill deficits
- “What to Try When” charts that help determine instruction techniques
- tools for differentiating instruction to meet diverse classroom needs
- vignettes and school profiles demonstrating RTI practices in diverse settings
- ready-to-use assessments and educational profiles for documentation

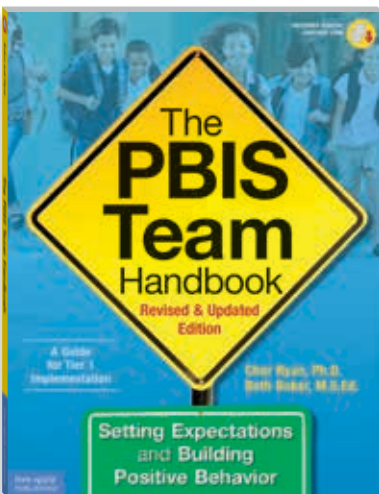
304 pp., PB, 8½" x 11". Grades K–12.

 **DIGITAL CONTENT** includes a PDF presentation for professional development and reproducible handout masters.

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899489...\$42.99

Learn hands-on strategies for succeeding with learning and behavior challenges, mental health disorders, and other special needs



**The PBIS Team Handbook**


**Setting Expectations and Building Positive Behavior (Revised & Updated Edition)**

by Char Ryan, Ph.D., and Beth Baker, M.S.Ed.

PBIS (Positive Behavioral Interventions and Supports) can help lead your school to reduced behavioral problems and improved academics. With PBIS, teachers are teaching more, administrators are disciplining less, and students are more engaged and productive. This revised handbook provides detailed guidelines for implementing and sustaining PBIS for schools and teams. Updated to reflect the advancement of research and practice in the PBIS field, the book includes:

- a chapter addressing inequity and bias in behavior referrals and discipline
- the integration of multi-tiered systems of support (MTSS) and PBIS
- new research on sustainability
- how to use the most current evaluation tools to measure success

216 pp., PB, 8½" x 11". Grades K–12.

 **DIGITAL CONTENT** includes all forms from the book and a PDF presentation for professional development.

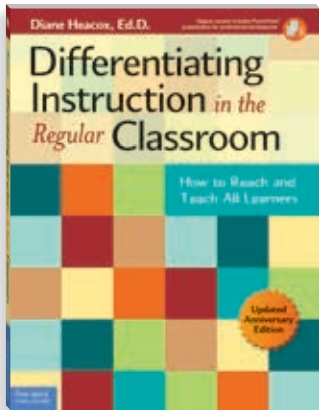
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899627...\$42.99





Choose the Differentiation Resource That Meets Your Needs



**Differentiating Instruction in the Regular Classroom**

**How to Reach and Teach All Learners (Updated Anniversary Edition)**


by Diane Heacox, Ed.D.

This popular and trusted guide presents a thorough introduction to differentiation along with a menu of tested strategies any teacher can use to meet students' diverse learning needs. Teachers learn how to:

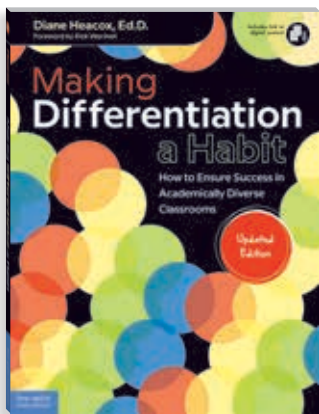
- evaluate their current instructional methods
- integrate differentiation strategies into their repertoire
- manage both student behavior and work tasks

Differentiated lesson plan templates and examples in many content areas are also included.

176 pp., PB, 8½" x 11". Grades K–12.

 **DIGITAL CONTENT** includes a powerpoint presentation for professional development, customizable forms from the book, curriculum maps, workcards, and matrix plans.

899144...\$42.99



**Making Differentiation a Habit**

**How to Ensure Success in Academically Diverse Classrooms (Updated Edition)**

by Diane Heacox, Ed.D.

Teachers already differentiating instruction can use this in-depth guidebook to seamlessly integrate new practices and mindsets into their daily routines. Its user-friendly, evidence-based strategies are designed to help educators:

- optimize their portfolios of differentiation strategies
- revamp their assessment and grading systems
- ensure that *all* students are learning *every* day

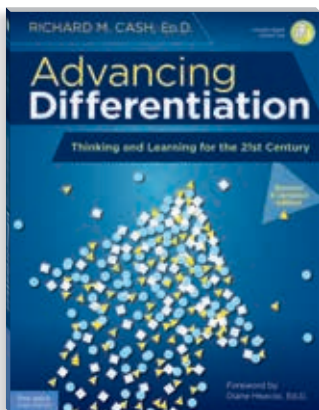
Includes varied classroom examples and lists of digital tools and apps.

192 pp., PB, 8½" x 11". Grades K–12.

 **DIGITAL CONTENT** includes customizable reproducible forms.

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899399...\$42.99



**Advancing Differentiation**

**Thinking and Learning for the 21st Century (Revised & Updated Edition)**

by Richard M. Cash, Ed.D., foreword by Diane Heacox, Ed.D.

Take differentiation to the next level with this powerful resource that guides teachers to develop a rigorous, concept-based curriculum and engage learners at all levels. The book combines:

- proven, advanced differentiation methods
- creative- and critical-thinking skills
- strategies to increase student motivation and learner autonomy

240 pp., PB, 8½" x 11". Grades 3–12.

 **DIGITAL CONTENT** includes a PDF presentation for professional development and customizable forms.

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899035...\$42.99



**Introduction**

A practical introduction to differentiated instruction (DI).

Build a foundation for DI and a personal repertoire of strategies.

Start thinking and teaching with a DI mindset.

**In-Depth**

An in-depth guidebook for implementing a daily habit of DI.

Gain a deeper understanding of DI and extend teaching practices.

Explore the entire DI process—from examining current practices to getting involved in school leadership.

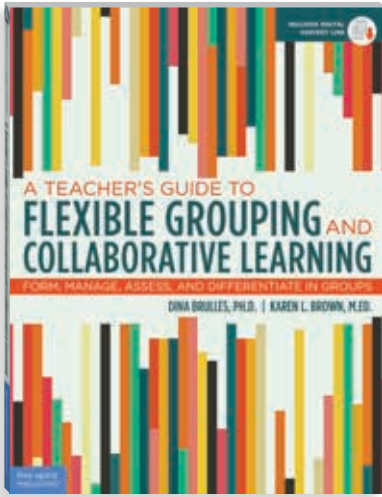
**Next Step**

A “next step” resource that goes beyond the basics of DI.

Optimize existing DI routines and add rigor and depth.

Develop motivation, self-regulation, learning autonomy, and high-level thinking skills.

Maximize Learning for All Students




**A Teacher's Guide to Flexible Grouping and Collaborative Learning**  
**Form, Manage, Assess, and Differentiate in Groups**

by Dina Brulles, Ph.D., and Karen L. Brown, M.Ed.

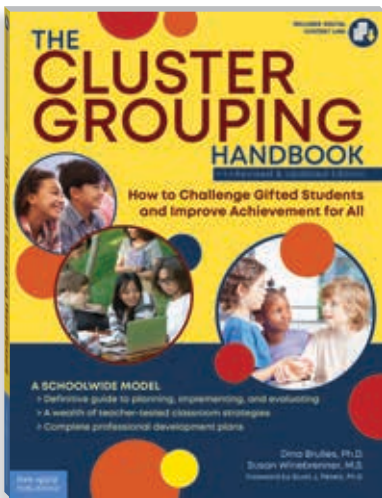
Grouping learners purposefully throughout the day according to their needs and the curriculum remains the single best way to differentiate instruction. This hands-on guide helps teachers expertly use flexible grouping and differentiation strategies to respond to students' diverse abilities and interests.

200 pp., PB, 8½" x 11". Grades K-12.

 **DIGITAL CONTENT** includes a PDF presentation for professional development and all forms from the book.

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899016...\$42.99




**The Cluster Grouping Handbook: A Schoolwide Model**  
**How to Challenge Gifted Students and Improve Achievement for All**  
**(Revised & Updated Edition)**

by Dina Brulles, Ph.D., and Susan Winebrenner, M.S.

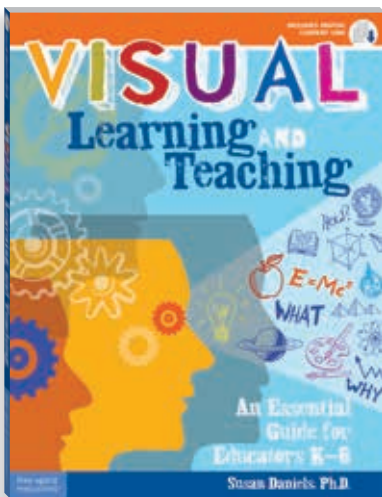
This definitive resource helps educators create a workable and defensible gifted program, simplify teachers' jobs, and maximize learning for all students.

272 pp., PB, 8½" x 11". Grades K-8.

 **DIGITAL CONTENT** includes a PDF presentation for professional development and all customizable forms from the book.

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899612...\$42.99




**Visual Learning and Teaching**  
**An Essential Guide for Educators K-8**

by Susan Daniels, Ph.D.

Today's students have strong visual learning preferences. And yet our classrooms still focus primarily on oral and written instruction. In this innovative resource, Dr. Susan Daniels channels over 20 years of research and experience into a comprehensive guide of visual learning strategies. This first-of-its-kind resource guides educators to: integrate visual learning tools across the curriculum; differentiate instruction for visual learners; and increase all students' retention, creativity, engagement, and problem-solving.

272 pp., PB, 8½" x 11". Grades K-8.

 **DIGITAL CONTENT** includes a PDF presentation for professional development and customizable forms.

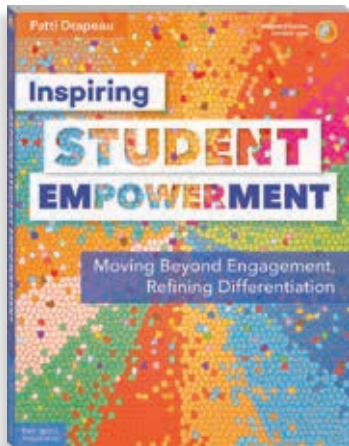
**FREE PLC** PLC/Book Study Guide  
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899689...\$42.99

"A practical step-by-step pathway for teachers to help prepare students well for new worlds of work and understanding."  
 —Thomas G. West, author of *In the Mind's Eye*




Empower Students and Build Empathy



**Inspiring Student Empowerment**  
Moving Beyond Engagement, Refining Differentiation  
by Patti Drapeau

Student engagement continues to be an important goal for teachers, but it shouldn't end there. School districts that have begun to shift their focus toward empowering students through personalized learning have seen a rise in test scores, motivation, attention, and self-confidence. Through sample lessons, strategies, and applications, educators will learn practical ways to make the shift from engagement to empowerment, from differentiation to personalized learning.

208 pp., 1-color, PB, 8½" x 11". Grades K–12.

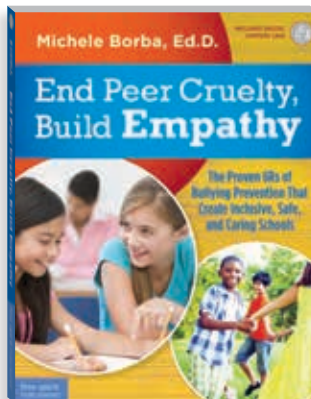
 **DIGITAL CONTENT** includes reproducible forms and a PDF presentation for professional development.

**FREE PLC** Book Study Guide  
[go.tcmpub.com/PLC](http://go.tcmpub.com/PLC)

899332...\$42.99

“This book brings student voice and empowerment to center stage—which is exactly as it should be. The many, varied strategies Patti Drapeau includes to support effective student learning and engagement are both realistic and user-friendly. Well done!”

—Dr. Anita M. Campbell, University of Maine, Farmington




**End Peer Cruelty, Build Empathy**

The Proven 6Rs of Bullying Prevention That Create Inclusive, Safe, and Caring Schools  
by Michele Borba, Ed.D.

Based on a practical, six-part framework for reducing peer cruelty and increasing positive behavior support, this book includes guidelines for implementing strategies, collecting data, training staff, mobilizing students and parents, building social and emotional skills, and sustaining progress. Use it on its own or to

supplement an existing anti-bullying program. Bullying prevention expert Michele Borba offers realistic, research-based strategies and advice.

288 pp., PB, 7¼" x 9¾". Grades K–8.

 **DIGITAL CONTENT** includes a PDF presentation for professional development and customizable forms from the book.

**FREE PLC** Book Study Guide  
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899169...\$42.99

**The 6Rs of Bullying Prevention:**

- Rules
- Respond
- Recognize
- Refuse
- Report
- Replace

“An important addition to any educator’s toolbox for breaking the cycle of bullying.”

—Barbara Coloroso, author of *The Bully*, *the Bullied*, and *the Not-So-Innocent Bystander*

safe & caring SCHOOLS<sup>®</sup>

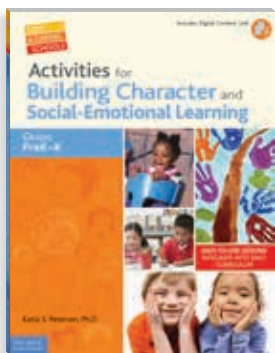
**Safe & Caring Schools<sup>®</sup> Series**

by Katia S. Petersen, Ph.D.

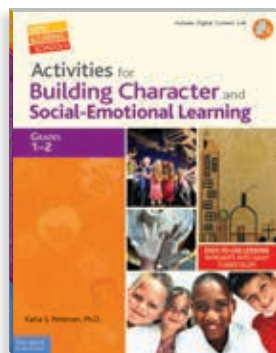
Build attitudes of respect and caring, reduce problem behaviors, and empower students to solve problems with these easy-to-implement activities focused on empathy, bullying prevention, teamwork, decision-making, and more. Field-tested in classrooms across the United States, these activities have resulted in improved school climate, greater parent engagement, increased academic achievement, and reduction in discipline referrals.

“A top pick for any educator.”

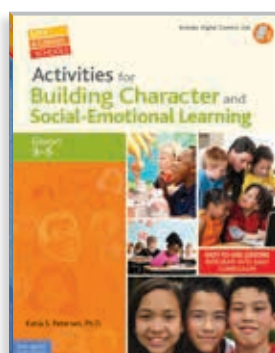
—Library Bookwatch:  
*The Education Shelf*



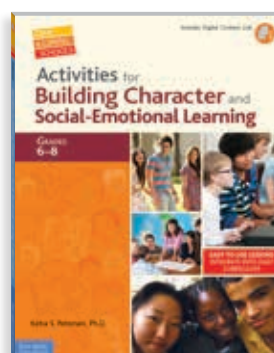
Grades PreK–K 160 pp.  
899033...\$34.99



Grades 1–2 208 pp.  
899027...\$34.99



Grades 3–5 208 pp.  
899029...\$34.99

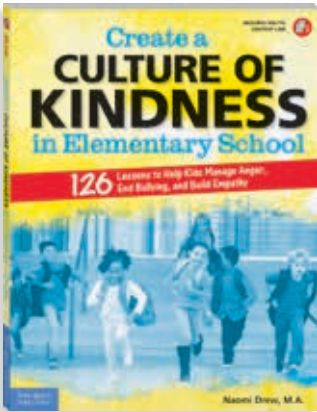


Grades 6–8 208 pp.  
899031...\$34.99

Each book: 160–208 pp., PB, 8½" x 11". Grades preK–8.

 **DIGITAL CONTENT** includes all of the books' reproducible forms.

## Empathy and Bullying Prevention




### Create a Culture of Kindness in Elementary School 126 Lessons to Help Kids Manage Anger, End Bullying, and Build Empathy

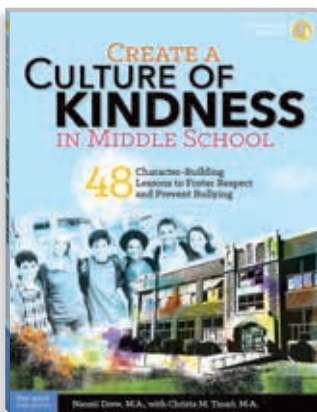
by Naomi Drew, M.A.

Foster respectful classrooms and teach social and emotional skills with 126 mini lessons that help elementary students get along. Based on a nationwide survey of more than 2,000 students and teachers, the book introduces conflict resolution and respectful listening skills and includes pre- and post-assessment and survey forms.

304 pp., 1-color, PB, 8½" x 11". Grades 3–6.

 **DIGITAL CONTENT** includes reproducible handouts, bonus activities, forms for parents, and information on schoolwide responses to bullying.

899123...\$39.99




### Create a Culture of Kindness in Middle School 48 Character-Building Lessons to Foster Respect and Prevent Bullying

by Naomi Drew, M.A., with Christa M. Tinari, M.A.

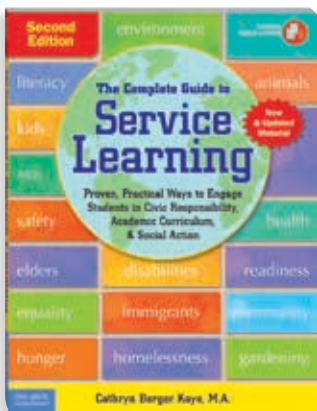
This hands-on resource gives educators the tools to build positive and prosocial behaviors, forging a respectful and compassionate school environment. Based on survey data from more than 1,000 students, the book incorporates role play, perspective-taking, writing, and discussion to help students develop skills to accept differences, resolve conflicts, and create a culture of kindness.

272 pp., PB, 8½" x 11". Middle school.

 **DIGITAL CONTENT** includes student handouts from the book and a bonus section on the impact of media violence.

899126...\$39.99

**Build a positive social climate where caring is common—  
at school, at home, and online**



### The Complete Guide to Service Learning


**Proven, Practical Ways to Engage Students in Civic Responsibility, Academic Curriculum, & Social Action (Revised & Updated 2nd Edition)**

by Cathryn Berger Kaye, M.A.

A one-of-a-kind resource, this is a treasury of activities, ideas, quotes, reflections, author interviews, and resources—all presented within a curricular context, and organized by theme. Features include:

- A blueprint for service learning • Hundreds of real-life, field-tested service learning projects
- The integration of K–12 standards for service learning • Ideas for incorporating global literacy and creating a culture of service • Hundreds of annotated book recommendations

288 pp., PB, 8½" x 11". Grades K–12.

 **DIGITAL CONTENT** includes customizable reproducibles and lots of bonus material.

899615...\$39.99

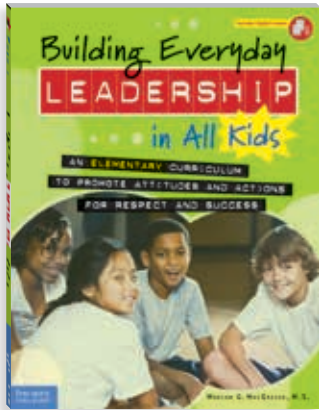


*"If there is a bible of K–12 service learning, it is Cathryn Berger Kaye's *The Complete Guide to Service Learning*."*

—Youth Service California



## Build Student Leadership and Teambuilding Skills



### Building Everyday Leadership in All Kids

**An Elementary Curriculum to Promote Attitudes and Actions for Respect and Success**

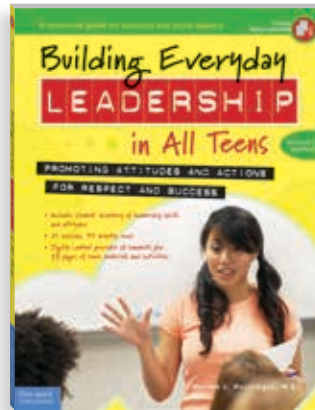
by Mariam G. MacGregor, M.S.

This resource engages all emerging leaders, at all emotional and academic levels, by building personal and group leadership attitudes. These easy-to-use activities promote group interaction, build self-confidence, and allow students to explore personal understanding. A special set of activities is specifically geared toward kids transitioning to middle school.

208 pp., PB, 8½" x 11". Grades K-6.

 **DIGITAL CONTENT** includes customizable reproducible forms.

899081...\$33.99



### Building Everyday Leadership in All Teens

**Promoting Attitudes and Actions for Respect and Success (Revised & Updated Edition)**

by Mariam G. MacGregor, M.S.

The 21 sessions in this book guide teens to explore ethical decision-making, team-building, what it means to be a leader, how to work with others, risk taking, communication, creative thinking, and more. Includes reproducible, evaluation tools, and exams. Requires use of the student book, *Everyday Leadership*.

240 pp., PB, 8½" x 11". Grades 6-12.

 **DIGITAL CONTENT** includes reproducible handouts and lots of bonus materials.

899084...\$39.99



### Everyday Leadership

**(Student Workbook) Attitudes and Actions for Respect and Success**

by Mariam G. MacGregor, M.S.,  
foreword by Barry Z. Posner, Ph.D.

Teens will discover their own leadership potential and develop skills that guide them to act responsibly and make a difference in the world around them. *Note:* Can be used alone or with the curriculum guide *Building Everyday Leadership in All Teens*.

144 pp., PB, 7" x 9".

Ages 11 & up / GRL-X, grade 6

899175...~~\$15.99~~ \$11.99



### Everyday Leadership Cards

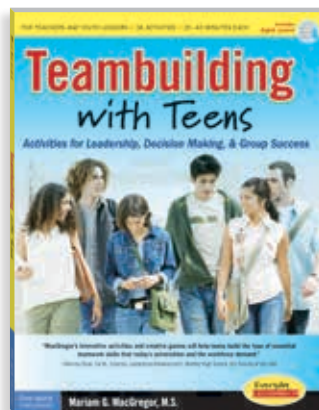
**Writing and Discussion Prompts**

by Mariam G. MacGregor, M.S.

The cards can be used independently or as a supplement to *Building Everyday Leadership in All Teens*. A fold-out insert with directions and suggestions for using the cards also is included.

60 cards, 2-color, 3" x 4½". Grades 6-12.

899177...\$13.99



### Teambuilding with Teens

**Activities for Leadership, Decision Making, & Group Success**

by Mariam G. MacGregor, M.S.

The 36 activities in this book make learning about leadership a hands-on, active experience. Teens are called on to recognize each other's strengths, communicate clearly, identify their values, build trust, set goals, and more. Each activity takes 20 to 45 minutes.

192 pp., PB, 8½" x 11". Grades 6-12.

 **DIGITAL CONTENT** includes the book's reproducible forms.

899603...\$35.99

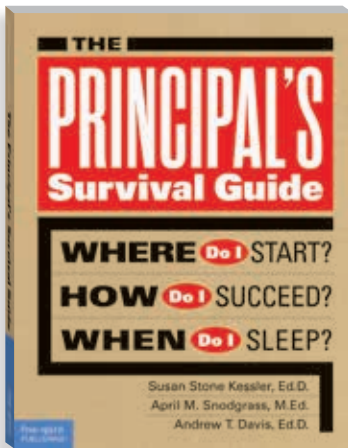



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**Inspire young people to develop their leadership potential and the skills to act responsibly and make a difference in the world**

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Leadership Is a Life Skill



**The Principal's Survival Guide**

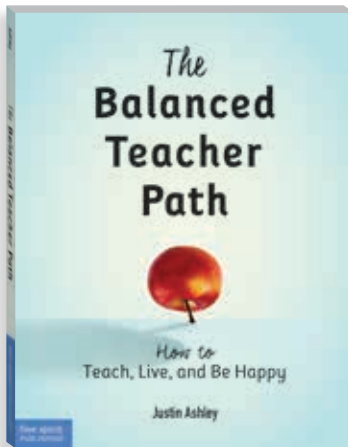
**Where Do I Start? How Do I Succeed? When Do I Sleep?**

by Susan Stone Kessler, Ed.D., April M. Snodgrass, M.Ed., and Andrew T. Davis, Ed.D.

This in-the-trenches guide for new and veteran principals offers practical advice for leading successfully; connecting with students, staff, stakeholders, and families; and staying balanced amid the intense demands of the principalship. Principals make a lot of decisions every day. All of the tips, strategies, insights, and recommendations are forged upon a single guiding tenet: that every decision should be good for kids.

208 pp., PB, 7¼" x 9¼". Grades K–12.

899633...\$23.99



**The Balanced Teacher Path**

**How to Teach, Live, and Be Happy**

by Justin Ashley

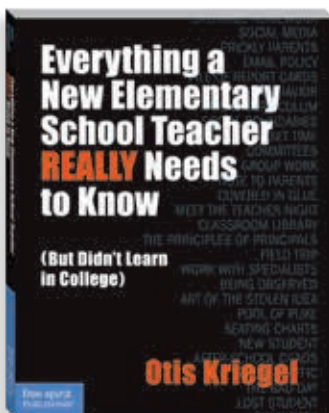
Burnt out and ready to quit his job, North Carolina History Teacher of the Year Justin Ashley made radical changes to create work-life balance and prevent burnout. In this book, he shares what he learned for balancing the four key aspects of every teacher's life—career, social, physical, and financial—and emphasizes habits of self-care to achieve happiness in teaching. New teachers and veterans alike can employ the self-care techniques to bring these four areas into sync and reignite their passion for teaching.

160 pp., PB, 7¼" x 9¼". Grades K–8.

899609...\$19.99

“From Justin’s forthright sharing of his experiences to his candid advice, *The Balanced Teacher Path* is a **MUST-READ** for all teachers.”

—Dr. Misty Hathcock, NC New Teacher Support Program regional project director, UNC Charlotte



**Everything a New Elementary School Teacher REALLY Needs to Know (But Didn't Learn in College)**

by Otis Kriegel

This “pocket-mentor” guide walks readers through situations ranging from understanding what a principal expects from teachers to successfully negotiating with an angry parent. Included is a wealth of detailed tips for surviving and thriving in the first year(s) of teaching.

224 pp., illust., PB, 6" x 7½". Grades K–5.

899178...\$26.99

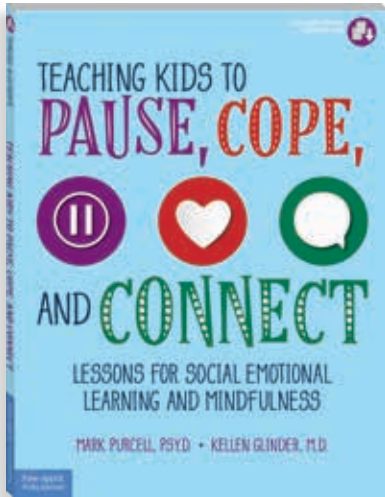
“Good advice for novice and veteran teachers alike. Whether readers take in the guide from cover to cover or dip in as needed (which will be often), they will leave with a greater sense of confidence.”

—Foreword Reviews

Watch the author video at [go.tcmpub.com/newteacher](http://go.tcmpub.com/newteacher).



Meet the Needs of Today's Youth



**Teaching Kids to Pause, Cope, and Connect**


**Lessons for Social Emotional Learning and Mindfulness**

by Mark Purcell, Psy.D., and Kellen Glinder, M.D.

Children today face many challenges that did not exist a generation or two ago, and rates of emotional disorders (including anxiety and depression) have increased steadily over the years. Helping children understand their emotions and behavior when they're young will set them on a path to being successful students and empathetic people throughout their lives. This book helps educators do that. With easy-to-implement lessons and activities, this book provides classroom-tested techniques to help students:

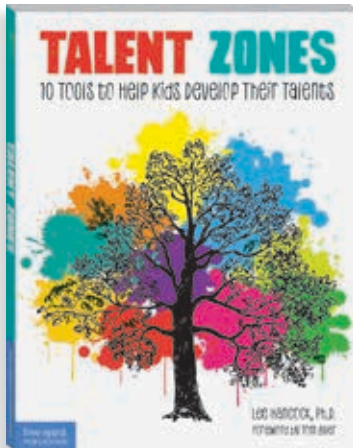
- manage and reduce their anxiety
- separate emotions from actions
- stop impulsive reactions and respond mindfully to difficult situations
- improve social skills, social awareness, and academic performance
- develop empathy

168 pp., 1-color, PB, 8½" x 11". Grades 3-6.

 **DIGITAL CONTENT** includes reproducible student handouts that accompany each lesson plus six bonus lessons.

899594...\$34.99

**Practical, hands-on resources written by experts**



**Talent Zones**

**10 Tools to Help Kids Develop Their Talents**

by Lee Hancock, Ph.D.

Many believe that talent is inherent. But research shows that a young person's environment is a critical determinant in the development of talent and that what adults do matters. Dr. Lee Hancock transforms talent concepts and research into practical strategies adults can use to nurture talent in multiple areas—from academics to arts to athletics—in all kids.

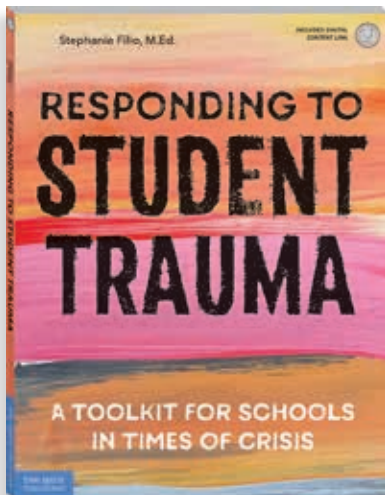
152 pp., PB, 7¼" x 9¼". Grades K-8.

899571...\$34.99

Great for Coaches and Youth Leaders

"Lee has clearly 'honed his talent' for summarizing complex information and presenting it in a down-to-earth, relatable way, making this book pragmatic, interesting, and insightful."

—Dr. John O'Brien, psychologist and former Ajax and US Men's National Team player




**Responding to Student Trauma**

**A Toolkit for Schools in Times of Crisis**

by Stephanie Filio, M.Ed.

This quick reference guide for trauma response gives educators strategies to address the specific needs of today's students. Structured according to the source of trauma—self/home, school, city, country/world—this book provides techniques and tools across each level. Having clear and comprehensive programs for times of crisis and for students who are struggling with traumatic experiences helps reduce staff anxiety and uncertainty during unexpected incidents and allows staff to support student mental health.

80 pp., 1-color, PB, 8½" x 11". Grades K-8.

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—Tracy L. Jackson, Ph.D. NCC, NCSC, ACS, supervisor, school counseling services

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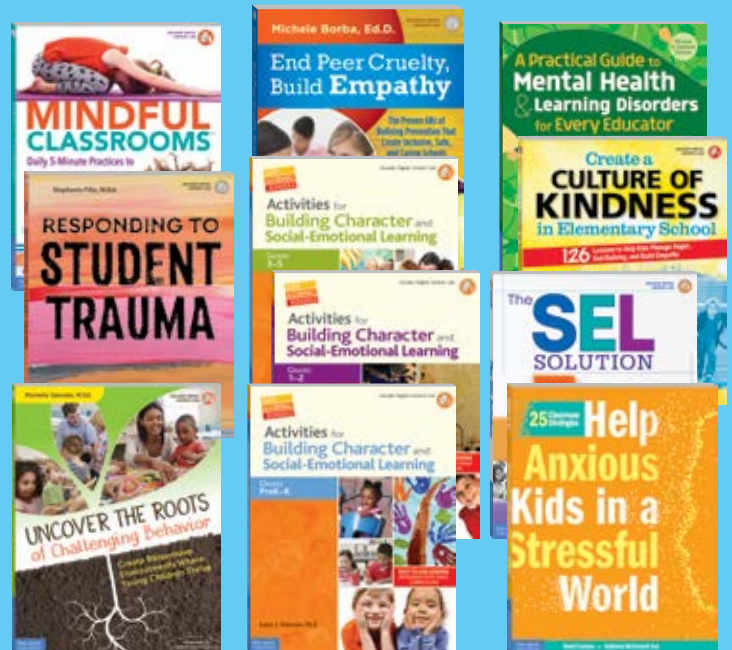
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## Mental Health Educator Resources, Middle and High School



## Mental Health Educator Resources, Elementary



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