

# Be Honest and Tell the Truth

# Ser honestos y decir la verdad

Includes Activity Guide for Adults!

¡Incluye guía de actividades  
para adultos!



Cheri J. Meiners, M.Ed.



Be Honest and  
Tell the Truth  
Ser honestos y  
decir la verdad

Cheri J. Meiners, M.Ed.

Ilustrado por Meredith Johnson  
Traducido por HIT Bilingual Publishing





Text copyright © 2017, 2007 by Cheri J. Meiners, M.Ed.  
Illustrations copyright © 2017, 2007 by Free Spirit Publishing  
Translation copyright © 2023 by Free Spirit Publishing

All rights reserved under International and Pan-American Copyright Conventions. Unless otherwise noted, no part of this book may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without express written permission of the publisher, except for brief quotations or critical reviews. For more information, go to [freespirit.com/permissions](http://freespirit.com/permissions).

Free Spirit, Free Spirit Publishing, and associated logos are trademarks and/or registered trademarks of Teacher Created Materials. A complete listing of our logos and trademarks is available at [freespirit.com](http://freespirit.com).

**Library of Congress Cataloging-in-Publication Data**

This book has been filed with the Library of Congress.

LCCN: 2022033417

ISBN: 978-1-63198-822-6

Free Spirit Publishing does not have control over or assume responsibility for author or third-party websites and their content.

Edited by Marjorie Lisovskis  
Cover and interior design by Marieka Heinlen  
Illustrated by Meredith Johnson

**Free Spirit Publishing**

An imprint of Teacher Created Materials

9850 51st Avenue, Suite 100

Minneapolis, MN 55442

(612) 338-2068

[help4kids@freespirit.com](mailto:help4kids@freespirit.com)

[freespirit.com](http://freespirit.com)

**Free Spirit offers competitive pricing.**

Contact [edsales@freespirit.com](mailto:edsales@freespirit.com) for pricing information on multiple quantity purchases.



## Dedication

To Andrea, Julia, Daniel, James, Erika,  
Kara, Luke, and especially David, for  
your lives of integrity.

## Dedicatoria

Para Andrea, Julia, Daniel, James, Erika,  
Kara, Luke y, en especial, para David,  
por vivir con integridad.







I'm learning to tell the difference between what is true and what isn't.

Estoy aprendiendo a reconocer las diferencias entre lo que es verdad y lo que no es cierto.





I may have an idea  
that something is true

Muchas veces sé que  
algo es verdad





or that it's the right thing to do.

o que es la forma correcta de actuar.





When I'm honest, I act the way I feel is  
right and true.

I can feel good about my choices.

Cuando soy honesta, hago lo que me  
parece verdadero y correcto.

Me siento bien con lo que decido.

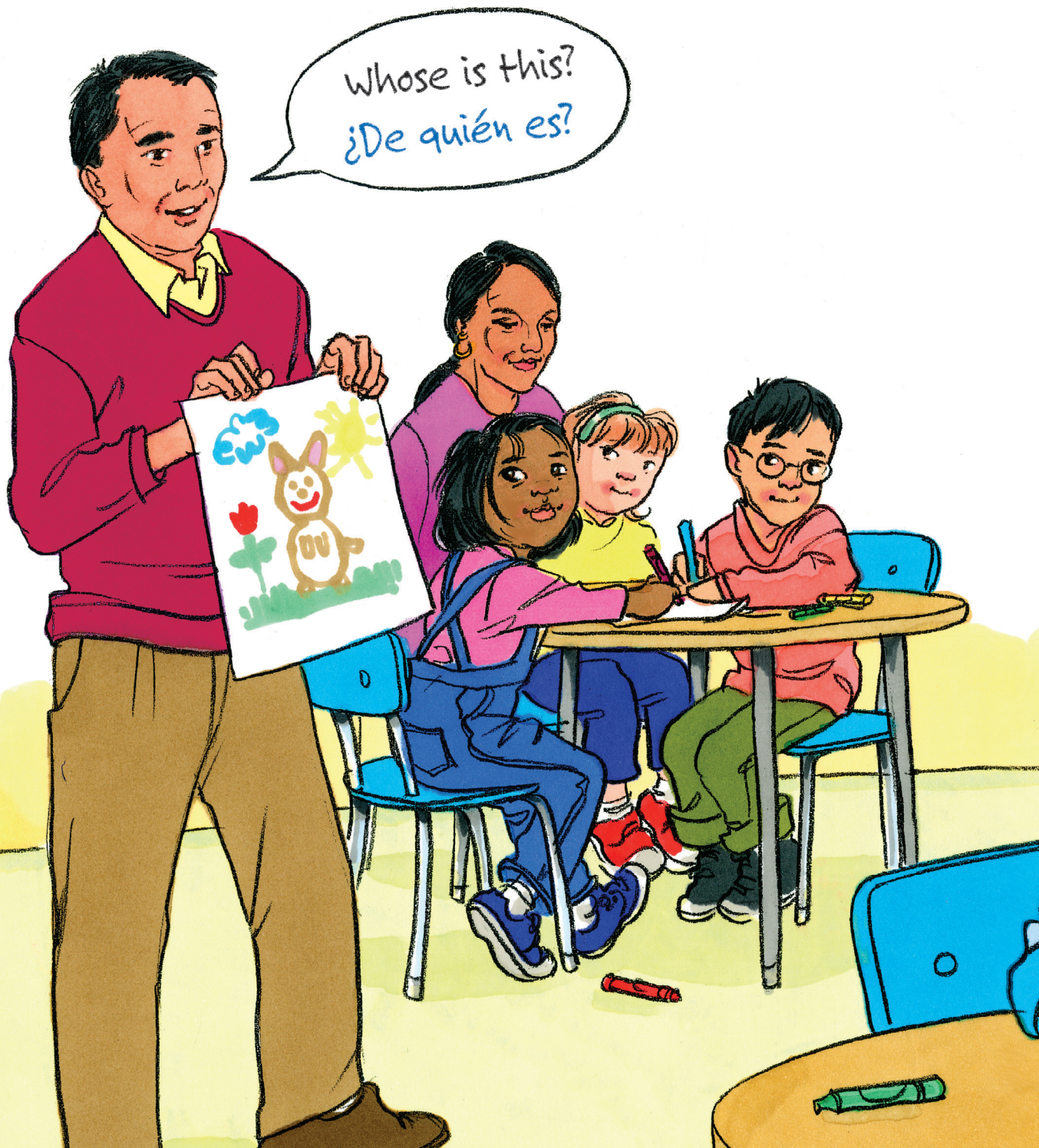


I'm treating someone the way  
I want to be treated.

Trato a todos tal como me gusta  
que me traten a mí.







Whose is this?  
¿De quién es?



I can be honest with my words.  
I can decide to always tell the truth.  
I can look a person in the eye  
and politely say what I know.

Puedo ser honesta al hablar.  
Puedo elegir decir siempre la verdad.  
Puedo mirar a la otra persona a los ojos  
y decir lo que sé con buenos modales.





I can find something nice to say.

I can decide how much to say and when to say it.

Puedo pensar algo amable para decir.

Puedo decidir cuánto decir y cuándo decirlo.





I can think about how the other person might feel.  
Pienso cómo se sentirá la otra persona.

